

# EDGE

**THE  
NOW & THEN  
ISSUE**

**10** YEAR  
ANNIVERSARY  
2009-2019

## **EMERGING STAR**

Q&A with Jersey Girl  
Alexa Swinton

## **LARGE & IN CHARGE**

5 Minutes with  
Morgan Freeman

## **THE EDGE INTERVIEW**

Tony Winner Norbert Leo Butz

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# EDGE

The Now & Then Issue

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To our readers, contributors, advertisers,  
community partners and supporters,  
and the Trinitas family...

# THANKS FOR



# AMAZING YEARS!

—The Edge Magazine Staff



# EDGE

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# EDGE<sup>®</sup> 10 YEAR

*M a g a z i n e*

ANNIVERSARY  
2009-2019

## President's Message

Wow...10 years. If you are one of the readers who stuck with EDGE since our debut issue in 2009, I thank you. If you are a more recent addition to our 300,000 readers, thanks to you, too, for welcoming EDGE into your home. I hope you have enjoyed what we do and how we do it. As you can probably tell, a lot of discussion and planning goes into each and every issue.



Which brings me to this Now & Then 10th Anniversary Issue. At first we talked about blowing our own horn and re-running some of our greatest hits—our leading-edge health stories, our lively restaurant reviews, and the “how did you get that guy?” celebrity interviews. But that’s what a web site’s for, isn’t it? Ours is [edgemagonline.com](http://edgemagonline.com) if you’re curious...and yes, all those back issues and amazing content is there.

Instead, we decided to have fun with the number 10...and also look back at how much has changed in New Jersey and the world since 2009. The editorial team even twisted my arm to write my first story for the magazine—and, of course, I couldn’t resist going all the way back to the merger that created Trinitas some 20 years ago. It’s a story I love to tell.

We have some terrific features in this issue, as well as three entertainment interviews: Maplewood’s two-time Tony winner Norbert Leo Butz, Hollywood legend Morgan Freeman and Alexa Swinton, star of the ABC series *Emergence*, which films here in the Garden State. I did the math the other day and realized that Alexa wasn’t even born when the first edition of EDGE rolled off the presses.

Man, I feel old!

Gary S. Horan, FACHE  
President & Chief Executive Officer  
Trinitas Health &  
Trinitas Regional Medical Center



*Trinitas Regional Medical Center is a Catholic teaching institution sponsored by the Sisters of Charity of Saint Elizabeth in partnership with Elizabethtown Healthcare Foundation.*



# EDGE

## restaurant

### RESTAURANT SERENADE

*“Laird loves duck, a food he knows most folks  
do not make at home and, as such,  
is a celebratory dish.”*

By Andy Clurfeld

## RESTAURANT SERENADE

6 Roosevelt Avenue, Chatham  
Phone: (973) 701.0303 • [restaurantserenade.com](http://restaurantserenade.com)

Open daily for dinner and weekdays also for lunch. Visit [restaurantserenade.com](http://restaurantserenade.com) for current menus and prices. Reservations accepted and advised; major credit cards accepted. Note as well that Serenade has a far-ranging wine list, with both boutique bottles and sought-after top-estate vintages.

Elegance doesn't become every restaurant that opens its doors to the public. But it has been the guiding force behind Restaurant Serenade since its birth in 1996, two years after its owners, James and Nancy Sheridan Laird, met and fell in love in the kitchen of the Ryland Inn and knew that, together, they had what it takes to create the kind of forever-classic Balanchine did by putting mind and body to the music of Tchaikovsky.

Twenty-five years ago, I did a stage at Ryland for a story I was reporting for the *Asbury Park Press*. I saw then-sous chef James break concentration only to steal a glance at Nancy, an extern from the CIA who'd left a successful career in finance to pursue a passion for all things culinary. Nancy, laser-focused on learning and little interested in offering comments for my story, only eked out an observation at the end of my stage, by noting how impressed she was by James' talent and skill, leadership and devotion to serving exquisite food.

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Photos courtesy of Restaurant Serenade

As *EDGE* marks its 10th anniversary, I could think of no finer restaurant to profile in commemoration of that achievement than Restaurant Serenade in Chatham, which has been the scene of thousands of anniversary toasts since the Lairds decided to create a restaurant

that brought elegance to every aspect of the dining experience—and made it accessible, and welcoming, to all.



It's a Saturday night, and Serenade is packed. There's a private party in The Loft, the tables in the dining spaces are taken by couples, by small groups, by the fortunate who've scored a babysitter, and the high-tops in the bar are tete-a-tete central. It's a festive and comfortable scene. It's also something of a bargain in the highest-end of the fine-dining spectrum, with the regular weeknight bill of fare giving way to an across-the-board \$73-per-person fixed-price three-course menu. It's aimed at showcasing, on the busiest night, what

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f t i





James, the chef, and Nancy, who manages the restaurant and oversees front-of-house operations, made their mission when they opened Serenade 23 years ago this fall: beautiful foods in the Mediterranean style, fresh, seasonal, light of touch and yet deeply layered with flavor.

So you'll break through the crusted armor of house-cured bacon into a thick layer of pork that's far less fatty than you've experienced elsewhere and notice how its juices can be mopped up by slices of cornmeal-crusted green tomatoes and then speared with micros for the most sensuous take on a BLT in the U. S. of A. If you think mayo's needed, you need to let Laird re-educate you in the manner of condiments, for his slices of grilled figs and swipe of pomegranate juice elevate and energize the BLT. Similarly, a starter of tortellini stuffed with short rib escapes heaviness by virtue of a partnership with smashed sweet green peas and a seductive emulsion of black truffles framed by near-translucent shavings of the truffle. Scallops, evenly seared, take a shine to a bright cocktail of lemon and soy that serves as a nifty sauce for the twirl of zucchini "spaghetti" that forms the base of the appetizer. Tack on the pop of salinity from capers and the ping of acidity from tiny roasted cherry tomatoes, and you'll see how the Lairds' light-on-light-on-light culinary math maximizes flavor.

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Keep the calculations coming by digging into halibut whose sear is capped by a sliver-slice of tomato that melts into the fillet and links it to quenelle-shaped mounds of ratatouille, verdant beans and peas, and the sultry spray of a sun-dried tomato vinaigrette. Very Provencal, very clean, very easy to eat...as was a roasted rack of lamb, bones playfully akimbo, served with pert cylinders of smashed-potato strudel and a crown of broccoli. Here, there was the counterpointing underpinning of piquant chimichurri and smolderingly sweet oven-dried tomatoes, accents at once light and potent.

Laird loves duck, a food he knows most folks do not make at home and, as such, is a celebratory dish. He gets his duck from Pennsylvania, riffs on it seasonally, but always follows a low-and-slow roasting dictum for his Saturday night special. On this particular night, he's taken a honey glaze scented with coriander, cumin and



**Getting healthier** isn't always easy to accomplish alone. That's why Trinitas is making some changes in the workplace — so we can become healthier together!

Simple changes can help a lot. Like cutting back on sugar, for example. Refined sugar has been linked to an increased risk of diabetes and obesity, heart disease, cancer, and tooth decay. Sugary drinks are the largest source of added sugars in the typical diet. Swapping out sodas and juices with water can help us feel better and more energetic, while reducing the risk of chronic disease.

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white pepper that tames slightly the richness of the duck and seeps happily into—for one example—risotto.

The Lairds always have been patrons of New Jersey's farms and food artisans and are quick to name, on menu and in conversation, those whose produce and products inspire and frame Serenade's cuisine. It's no surprise, then, that the pitch-perfect peach cobbler gives top nod to Melick's Town Farm in the nearby village of Oldwick in Tewksbury Township and that both Nancy and James speak of patriarch George Melick, his wife Norma, and their three now-middle-aged children, Peter, John and Rebecca, as the prime source for much of the produce they use. If you're in search of something non-fruit in the finale department, there's a chocolate tart served warm and made memorable by a pecan crust, or if you cotton to a Southern-style stately cake, the coconut number has a debutante's posture and a scoop of cantaloupe sorbet, to boot.



At the end of our dinner, James Laird stops by our table. He hasn't aged a day in the 25 years since we first met at Ryland, but it's been quite a few years since I've seen and spoken with him. I can't help but noting he's the human fountain of youth. James insists it's the food. "It's just eating well," he says, then takes note of the local farmers and foragers who are so much a part of the night's menu. He heads back to the kitchen.

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## An Anniversary Chat

A couple days after our dinner at Restaurant Serenade, I spoke with Nancy and James Laird by phone to ask them a few questions. Mostly I wanted to know, after marking so many years in a competitive industry, how they keep the magic going.

**James:** I think we keep the magic by keeping the restaurant fresh. The restaurant is ours, the chef will never leave, but we can change little things to keep it fresh.

**Nancy:** Wall sconces, for instance.

**James:** Every time we spend a little, we get busier. When I was 18, 20 years old [and cooking in a restaurant] in France, there was a chef who'd been there 27 years, just as dedicated. Nancy and I keep the magic in marriage, as well as the restaurant—we figured out what she's good at and what I'm good at.

**Nancy:** Now we have 35 employees, and we seat 100 to 120 or so, including the bar. These employees mean a lot to us. *A lot.*

**James:** Most are married, with kids, so we feel like we're responsible for feeding about 100 mouths! They work hard for us.

**Nancy:** It helps that we have a good marriage. It's been 23 years for both the marriage and the restaurant. In March 1996, we got married and in October 1996, we opened the restaurant. We knew we wanted to be in this for the long haul. So we didn't get greedy, we never overbooked the restaurant.



**James:** We like what we do; we like to make people happy. I think I've become a better person, more humble.

**Nancy:** Part of the reason we do this is the community. Most of our friends, we've met through this community. We've looked at other spaces, but we have a really nice life here. I feel like we were meant to do this restaurant and do it really well.

**James:** In my opinion, I'd rather do one, and do it perfectly. You know, we don't do VIP—every one is treated the same way. Recently, we had a couple come in, a freshman in college and a senior in high school. They were celebrating their six-month anniversary. We went over to them, we gave them more attention than anyone.

James wants to add one more thing before we sign off. His youthful looks? "It's love," he says, as I imagine him glancing at Nancy much as he did the first time I saw him. "Love keeps you young."





As we leave, the gorgeous and gracious Nancy Laird is saying goodnight to diners. I wait a minute so I can ask about the fabulous orange chairs in the dining room. She smiles broadly, then asks, "Did you see the wallpaper in the women's room?" I take off for points private. It's the most amazing splash of color and composition, floral and bold and absolutely fun. Nancy assures me the men's room has an exciting paper backdrop all its own.

I'm not much for *oohing* and *ahhing* over décor in restaurants, but I need to know about this wallpaper. "It's from Brooklyn," she says. "Made by Flavor."

"Flavor?" I repeat.

"Yes," Nancy says. "Flavor is the name of the company."

Of course it is. Of course Nancy and James Laird, and Restaurant Serenade, would have wallpaper from Flavor. **EDGE**

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## The EDGE Restaurant Guide

### The Chef Recommends



In addition to our regular food reviews, EDGE will include a selection of restaurants in each issue, taking you behind the scenes and into the kitchens of some of the area's most popular dining spots.

### Do you have a "go-to" dish at a favorite restaurant?

We'd like to know! Visit us on Facebook and leave a comment in our **The Chef Recommends** section, or Tweet us your recommendation with **#MyFavoriteLocalDish**. You can find links to both on our Home page at [www.edgemagonline.com](http://www.edgemagonline.com).



## New Jersey at its very best (and very worst) 2009–2019

### 2009

- Commuter ferries from Weehawken rush to the aid of downed US Airways flight 1549 in the Hudson River to pluck passengers off the plane's wings before it submerges.
- Two New Jersey state assemblymen, three mayors and five rabbis are implicated in a complex plot involving money-laundering and the sale of body parts.



Izno

### 2010

- The City of Newark, in the midst of an ambitious revitalization plan, announces that its population increased between 2000 and 2010—for the first time since the 1950s.



Bob Jagendorf

- Governor Christie cancels the long-planned ARC commuter tunnel, which was designed to double train capacity between New York and New Jersey by 2018.

### 2011

- For the first time in school history, the Princeton men's and women's basketball teams make it to the NCAA Tournament in the same season.

- Mike "The Situation" Sorrentino knocks himself out during a dispute with roommate, Ronnie, during an episode of *Jersey Shore*.

### 2012

- The Giants defeat the New England Patriots 21–17 in Super Bowl XLVI.
- Superstorm Sandy slams into the Garden State, killing 37 people and causing more than \$25 billion in damage.



Black Book Partners

### 2013



Twitter

- An escaped potbelly pig is "adopted" by the town of Woolrich while it eludes capture for two months. Residents nickname him Kevin Bacon. Actor Kevin Bacon joins the Tweet-fest, which ends with the capture of the creature and relocation to a pig rescue facility.

- The George Washington Bridge is the subject of a rush-hour "traffic study" ordered as payback for



Jack Gavin



Ft. Lee mayor Mark Sokolich's lack of an endorsement in the 2009 gubernatorial campaign. The resulting scandal is dubbed "Bridgagate."

## 2014

- New Jersey's public schools are ranked #1 in the country by the financial web site wallethub.com.
- The upscale Revel Casino, opened in 2012, goes belly-up after two years to become the shortest-lived casino in Atlantic City history.



Dough4872

## 2015

- The people of Rockaway Township raise \$15,000 to send a local bear residents name Pedals to a wildlife sanctuary. The bear had injured its front paws and was walking around town on its hind legs for nearly a year.



Peter Badgie

- Nobel winning mathematician John (*A Beautiful Mind*) Nash and his wife perish in a taxi accident on the New Jersey Turnpike.

## 2016

- Old Bridge gymnast Laurie Hernandez wins gold and silver medals at the Olympics in Rio.
- Executives at the Newark Watershed Conservation and Development Corporation, which runs the city's water infrastructure, plead guilty to taking millions in bribes and kickbacks.



Agencia Brasil Fotografias

## 2017

- Quick thinking and good training enable two Denville police officers to deliver a baby in a Burger King parking lot. The following day, the same two officers deliver another baby in the same Burger King parking lot.

- Governor Christie is photographed lounging on the sand in Island Beach State Park during a July 4th government shutdown that closes the beach to everyone else.

## Also in 2017...

- On February 8, the temperature in South Jersey hits a record 71 degrees.
- On February 9, a foot of snow falls in North Jersey.



NASA

## 2018

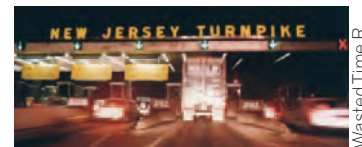
- West Side High principal Akbar Cook installs a free laundromat for in-need students at his Newark school as part of an anti-bullying initiative. It results in a spot on *The Ellen DeGeneres Show* and a flood of corporate donations to the school.
- Robert Menendez is officially admonished by the U.S. Senate Select Committee on Ethics for using his position to advance the business interests of a longtime supporter and accepting substantial gifts from the same person.



Newark Public Schools

## 2019

- Randolph police officer Matt Rispoli saves his wife and two children from a wolf attack with his bare hands. The wolf attacked his family in their tent during a camping trip to Canada.
- A report rating each state's highways ranks New Jersey dead last—despite the fact the state spends more per mile on road repairs than any state in the country. New Jersey is also ranked #50 in traffic congestion in the same study. Another finds that Newark Airport has the longest security wait times of any airport in the nation.



Wasted Time R

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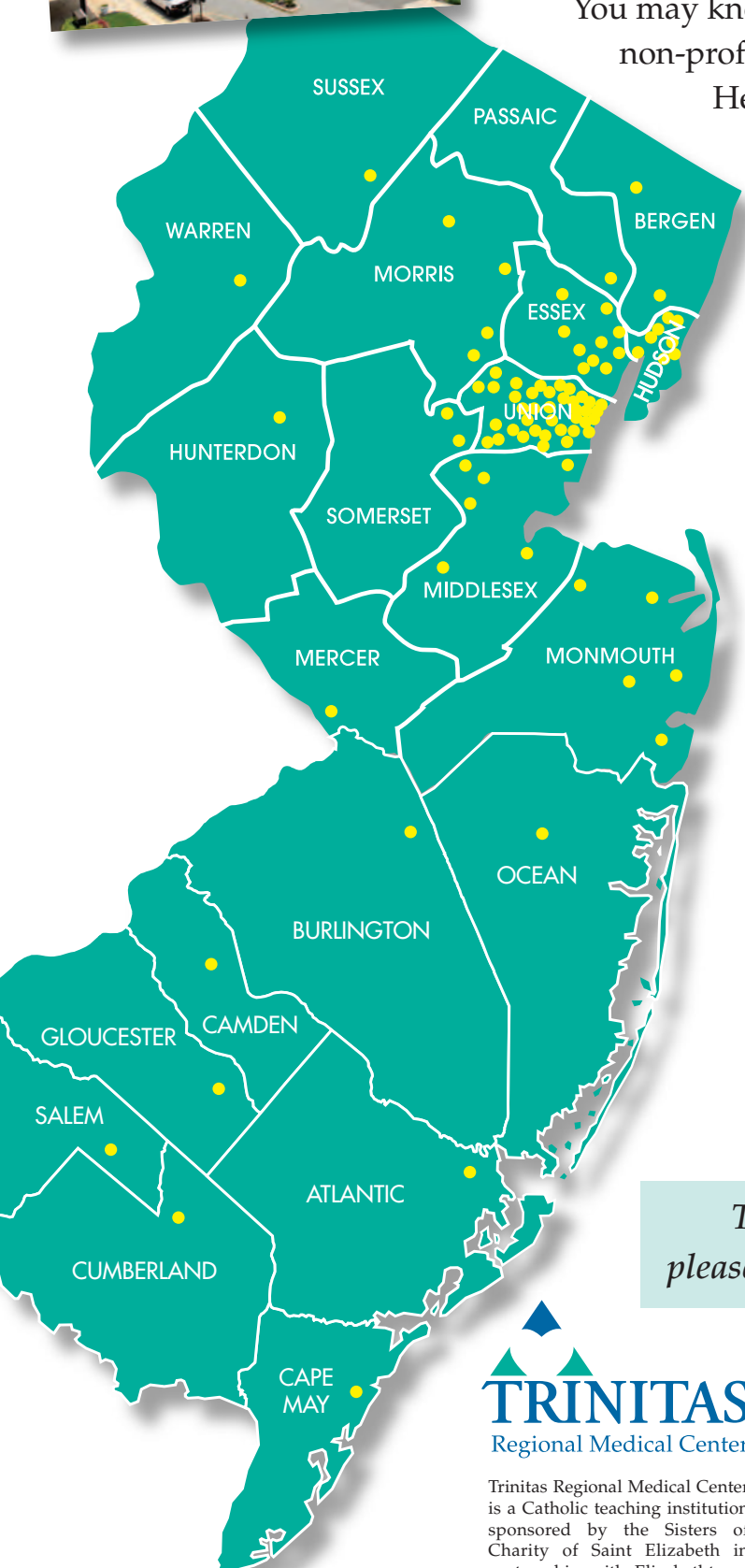


You may know that Trinitas Regional Medical Center is a private, non-profit, voluntary Catholic hospital based in Elizabeth, NJ.

Here are some things you may *not* know about Trinitas:

- We're a **teaching hospital**
- We're an **acute care hospital**
- We offer **12 Centers of Excellence**
- We're a **psychiatric and behavioral health hospital** – with some services unique to New Jersey such as a **Residential Treatment Program** and **Dually-Diagnosed Unit**
- We offer the new **Dialectical Behavior Therapy (DBT) Institute** to treat people with emotional disorders
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- We offer **4 dialysis locations** – and our facility in Linden was awarded 5 Stars for Quality by CMS
- We offer a **Diagnostic Imaging Center**
- We offer an **expanded sleep center** in Homewood Suites by Hilton - Cranford
- The **Trinitas Health Foundation** provides millions of dollars in support of Trinitas
- Our service area includes **Newark Liberty Airport** and the **Port of Elizabeth**
- Our **Emergency Department** was enlarged and modernized as part of an \$18.7 million project, and was named after hospital CEO Gary S. Horan
- We offer **elective and emergency angioplasty**
- Our **Children's Therapy Services** are provided in over 30 school districts and private schools
- Our **Center for Wound Healing & Hyperbaric Medicine** has a 95% success rate and is known throughout the region
- We offer a **Long Term Acute Care Hospital (LTACH)**
- We offer the **Brother Bonaventure Extended Care Center** with an attached sub-acute unit. The Center was named Best Nursing Home - Short Stay Rehabilitation by *US News & World Report*
- We offer a **Cardiac Rehabilitation Center**
- Our **School of Nursing** is one of the largest in the country, and received Center of Excellence designation from the National League for Nursing
- We have a **Medical Office Building** on our main campus
- We offer extensive **outpatient programs** – some that are state-wide
- We provide the only **Palliative Care** program in Union County to receive advanced certification by the Joint Commission
- Our **Stroke Program** and **Total Joint Replacement Program** both received the Gold level certification from The Joint Commission
- We dedicated the \$3.4 million **Connie Dwyer Breast Center** in 2018
- We acquired the **Bayonne Community Mental Health Center** in 2018

*To learn more about Trinitas Regional Medical Center please visit [www.TrinitasRMC.org](http://www.TrinitasRMC.org) or call (908) 994-5138.*




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# Bang for the Buck

*These products should last you 10 years...and then some.*

By Mark Stewart

I recently came across something online called the 10-Year Hoodie, which, as the name suggests, is guaranteed to last 10 years. It launched with a Kickstarter campaign that raised over \$1 million dollars in, like, a day or something. My first thought was *Wow*, I'm definitely in the wrong business. My second thought was *Wow*, does anyone who wears a hoodie

now still want to be wearing one a decade from now? That's not the point, of course, or the calculation. It's all about that magic number. There is something irresistible about the number 10—and it makes for a handy benchmark when you are considering investing in a product you'll be using regularly in the foreseeable future.



www.istockphoto.com

In the mid-1970s, I specifically recall deciding that 8-track tapes were the right 10-year music format for me. My logic was flawless: Vinyl scratched too easily and cassettes were always having to be rewound or flipped over. Of course, the CD made all three obsolete within a decade. But for the record, digitized music also crashed the entire music industry within *another* decade, so ha-ha-ha. You know, in my teens and twenties, 10 years seemed like an eternity. It was half a lifetime or thereabouts. Now pushing 60, I realize that 10 years is more like a pebble glancing off the windshield of a full, rich life. Which reminds me, I think that chip in the windshield of my 19-year-old sedan is about 10 years old now. Probably time to call Safe-Lite. Nah. Let's see if it gets worse.

I don't want to make it sound as if I expect to live forever. The next 10 years are probably going to feel like



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dog years, and who knows what pet I'll feel like during the 10 years after that. Consequently, my approach to purchasing household items has become a little different than it used to be: In this age of disposable everything, I have started to care about how long the new things I buy are likely to last. If I invest in a major appliance or an up-to-date automobile, I want to make sure that I won't outlive it and then have to buy it all over again. That goes for a lot of other random stuff—belts, sunglasses, frying pans, pens and most of all hammers, because (don't ask me how) I actually *broke* a hammer last year.

It's an interesting question: How long should something, *anything*, last? What is a reasonable expectation for, say, a cordless weed-whacker or a panini-press or a desk lamp? And why did I bundle those things into one purchase on Amazon? How long will it be before the new trashcan I'll be buying for the end of my driveway is itself going to have to be thrown away? (Also, how do you *do* that? Someone please email me—seriously, I've tried to do that five weeks in a row and I think the garbage men are just messing with me at this point.)

I was discussing this whole 10-year thing with a friend and she told me to look up a study done by something called Europa, which lists the household items that you can reasonably expect to last beyond 10 years. The first eight Google pages are about Europa the moon of Jupiter, with many suggesting “we should go there.” Once I found the correct search result, the Europa list was pretty clear: Household items that will absolutely last for 10 years or more include toilets, furnaces, and “appliances attached to the house,” which I took to mean refrigerators, dishwashers and dryers (ahem, Europa obviously didn't check with me on dryers). This was informative, but not really what I was looking for.

After a little more digging, a bunch of texts and emails, plus a couple of real-live phone calls with people whose opinions I respect, I began to build the core of my list.

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A number of respondents pointed out that this would be a good “holiday” story—because there’s nothing more gratifying than spotting a gift you bestowed on a friend or family member that is still in use 10 years later. That’s not a hoodie.

Here then is my shopping list of 10 gifts (for yourself or your loved ones) that should last a good 10 years...

**Swiss Army Knife** • You know why the Swiss haven’t lost a war in over 600 years? Neither do I. But the next time around you can be sure that they will be bringing this iconic cutlery into battle. Switzerland began ordering them in the 1890s and since then Swiss Army Knife has become the second answer behind first-place “cheese” and ahead of third-place “the Alps” when Americans are asked, “What is the most famous thing about Switzerland?” I totally just made that up but I’ll bet it’s true. How handy and cool are the multiple gadgets that fold out of the knife? NASA astronauts have made critical repairs with them. Design-wise, the knife is part of the permanent collection of the Museum of Modern Art in New York. And, most importantly, MacGyver (but not MacGruber) used Swiss Army Knives all the time to wriggle out of life-and-death situations.

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**The 10 Year Plan:** Victorinox, maker of the Swiss Army Knife, guarantees its product for life from material defects and issues of workmanship. The company will repair or replace it without charge. Oh, and they're not just bright red anymore. The knives come in multiple configurations and in different colors and case materials—with almost every version priced under \$100.

**Cast Iron Skillet** • As heavy as it is, the classic cast iron skillet is currently defying the law of gravity. Once a staple in every kitchen, it went into decline during the 1970s as flashier cookware came into vogue. But guess what? Cast iron is cool again and young people are buying it. And even if they end up using it sparingly, as every Three Stooges fan knows it does double-duty as a (bonk!) handy home-defense weapon. You can buy them old or new, pre-seasoned or unseasoned, and they can handle as much heat as you throw at them.



**10 Year Plan:** Are you kidding? If you take care of cast iron it can last for a century or more. Families have gone to war over who will inherit grandma's skillet. Cast iron has been in use for direct-flame and oven cooking for 1,500 years. If you buy American, then Lodge is the company you're looking for. The big ones sell new for under \$50, but there's nothing wrong with an heirloom pan if you find one at the right price. One final note: should you or your intended gift recipient already have



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a skillet, there are a number of other cast-iron food preparation options, including Le Creuset Dutch ovens, which run around \$200 new.

**French Press** • Drip coffeemakers are strictly for drips. At least, that's the general opinion of java aficionados who use a

French press. Much of a quality coffee's flavor is contained in its oils, which are mostly absorbed by paper filters. Coffee grounds in a French press are allowed to steep for several minutes after the boiling water is poured over them, releasing those oils, as well as a little extra flavor contained in the tiny, tiny grounds that squeeze up through the strainer when it's plunged

down. Occasionally, you'll see bad press for a French press, and it's likely to be related to the fact that it won't filter out a molecule in coffee beans called Cafestol, which has been shown in some studies to affect the body's ability to metabolize cholesterol. So do your homework to make sure this won't be an issue for you or the recipient of your extremely thoughtful gift.

**10 Year Plan:** A high-quality glass French Press will last until you drop it. A high-quality steel one—though not as attractive—will easily last 10 years. The part that may need attention from time to time is the screen at the end of the plunger. Buy a good one, keep it clean and dry, and don't plunge down with all your might. The double-walled polished-steel Frieling is considered by experts to be the Rolls Royce in the category, but at a little over \$100 thankfully it's priced more like a high-end BMW.



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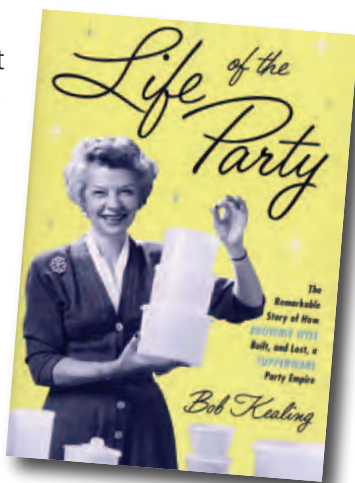




**Infinium Space Pen** • My wife has been hoarding Amazon rewards points and I think I know why. She plans to cash them in for a seat on Jeff Bezos's rocket ship as soon as it's ready for passengers. When that day comes, I am going to buy her an Infinium Space pen. Why someone needs to write while the earth whizzes past at 18,000 miles per hour I don't know; perhaps she'll just write me off at that point.

**10 Year Plan:** Fisher says its Infinium pen is unlikely to run out of ink in the average user's lifetime. As someone who invariably picks up the *only* pen in the cup that has run out of ink, I believe \$150 is a bargain. Also, the pen is guaranteed to write "anywhere, anytime, always." (The editor in me thinks they could get rid of "anytime.")

**Tupperware** • This is not your mother's food storage system...okay, yeah, it is. But why mess with a good thing? The aisles of supermarkets, home goods stores and price clubs are jammed with collections of brand-name plastic food containers—often at temptingly low prices. But none of them come with a lifetime warranty or quality guarantee. It all began with a chemist named Earl Tupper back in the 1940s. He invented flexible, durable, unbreakable containers that wowed department store buyers. Unfortunately, the idea was so new (people mostly used glass containers with loose-fitting lids) that his product bombed at retail. Someone needed to explain and demonstrate what a game-changing product Tupperware was. Enter Brownie Wise, who invented the Tupperware Party—and pioneered a business model that created an income



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stream for stay-at-home spouses. Today that sales force numbers in the millions.

**10 Year Plan:** Everything Tupperware makes is built to last a lifetime, or the company will replace it. A couple of best-sellers are the one-touch canister set (\$40), which has little windows that let you know when you're running low on whatever's inside, and the hamburger-press and keeper set (\$34), which is self-explanatory. Everything is more expensive than the flimsy throwaway containers you see in the store, but it's way, way better and, I'll say it...weirdly retro.

**L.L. Bean Duck Boots** • Speaking of weirdly retro, L.L. Bean has been making the same boot for 100-and-something years now and I would be surprised if they aren't sold out for 2019 by the time you read this article. I've never heard of anyone throwing a pair away. The treated full-grain leather uppers repel rain and snow, while the rubber-treated bottoms make the boots



puddle-proof. Each pair is hand-sewn and triple-stitched by folks up in Maine who must undergo six months of training before they let 'em near a Duck Boot.

**The 10 Year Plan:** No one wears these every day, but even if you did and the boots failed years from now because of poor material or workmanship, the company would send you a new pair. There are multiple styles for men and women, many with extra performance features, starting around \$100.

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**DeWit Garden Tools** • These show up on a lot of “Best Of” lists for a reason: They probably are the best. Certainly, DeWit tools will easily make it to 2029 if they are not lost or stolen. That cannot be said of the less-expensive, mostly Made in China gardening tools at your local hardware store. Like the Lodge skillets, DeWit tools are made of indestructible cast iron. However, they are not manufactured in the USA. The company dates back to 1898, when a Dutch blacksmith named Willem de Wit opened a forge in the village of Kornhorn. Five generations later, Willem’s family is still running the business.

**10 Year Plan:** Everything DeWit makes is guaranteed forever. The family considers its tools “heirlooms.” That may be an overreach—we’re talking about gardening tools, after all—but I like the sustainability component of that word. We buy so much stuff that just gets thrown away, it’s nice to know my \$60 planting trowel will still be around years from now,



after someone has planted *me*. And for the record, DeWit is sustainability-conscious, too. Their ash handles come from forests certified by the government’s Stewardship Council, which regulates the use of wood and replanting of trees in the Netherlands.



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**High-Carbon Steel Scissors** • About 25 years ago, I covered the beauty industry for a West Coast business publication. For my first gig they flew me out to Orange County on short notice and sat me across from Paul Mitchell (yes, *that* Paul Mitchell) at a business dinner. He was full of information, but honestly I had no idea who he was, because he introduced himself as John Paul DeJoria (which is his legit name). We talked a lot about the new scissors coming on the market and I was stunned at the cost of a state-of-the-art salon-quality pair. A Japanese company was hawking them for \$1,000 a pop and couldn't make them fast enough.

"Wow," I said. "That's a lot of money for something I lose every day." He didn't get the joke.

**10 Year Plan:** So what should you pay for a pair of household shears that will look as good 10 years from now as they do today? Assuming you go with a high-leverage high-carbon steel pair, it should run you \$50 or less. There are a number of brands to peruse (Vampire, Shun, Fiskars, Tangkula, Equinox—it's a long list) and plenty of options in this price range, as different scissors do different things. Decide whether you want them for general use, for the kitchen, for art projects or for cutting fabric. And don't make the same mistake I did. I once invested in an expensive pair of Kevlar shears thinking they were *made* of Kevlar. I loved the idea of scissors that could stop a bullet. Then I showed them to a work buddy and he asked when I would ever need to cut Kevlar. *Cut Kevlar? Are you kidding me!* The moral of the story is read the fine print. Or don't be an idiot.

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**KitchenAid Mixer** • A neighbor once said that losing her KitchenAid mixer would be like losing an arm. Being a wise-ass, I asked which of the dozen-or-so attachments laid out on the counter she would screw into her shoulder if that actually happened. "That's a stupid question," she responded without missing a beat. "They would *all* work. That's the beauty of KitchenAid." *Touché.*

**10 Year Plan:** Did you know that 2018 marked the 100th anniversary of the first stand mixer to carry the KitchenAid name? I'll bet that mixer is still mixing. If KitchenAid made computers they'd probably put Apple out of business. The buy-in for a basic model is \$250 to \$300, with professional grade versions going for twice that price.

**High-Pressure Shower Head** • Is there anything more private and personal than buying a shower head? Okay, there are a lot of things. But if you do your homework, you'll find a handful that are true difference-makers *and* come with guarantees that they will still be working a decade from now. High-pressure heads do great things for the mind, body and pocketbook. A recent survey of shower-takers (now *there's* an interesting job) revealed that a powerful stream of water that covers the whole body makes for

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a more satisfying shower. I'm not sure a survey was required to tease out that fact, but it's worth adding that high-pressure shower heads also reduce water usage

significantly because they utilize air pressure to increase the sensation of water pressure. Most are simple to install and once you tinker a bit with settings they are easy to adjust.

**10 Year Plan:** Two shower heads that consistently score high in consumer ratings are the handheld model by Yoo.Mee and the standard, screw-on high-pressure

head by Wassa. Both work well even when the water pressure is low, and feature silicone jets, which keep mineral deposits from accumulating and blocking the water flow. The Wassa comes with a lifetime guarantee—so technically this is your 10-year buy. Yoo.Me warranties its product for a year. Given that both sell for under \$25, your investment either way is minimal. If you want to explore the higher end, there are models that creep into the hundreds, including systems that offer digital control of the length and temperature of your shower.

So there you have it. Ten great gift ideas for yourself or someone else. Gifts that will be used, appreciated and still be around a decade from now. The two take-aways are fairly obvious: 1) the classics are classics for a reason (they last and are often *guaranteed* to last) and 2) stick with the classics. **EDGE**



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# Entertainment

## on the EDGE

### On Tap for the Holiday Season

#### WHAT A PRODUCTION!

##### November 20 to December 29

Paper Mill Playhouse

(Check web site for show dates and times.)

##### **Rodgers & Hammerstein's Cinderella**

The Tony-nominate Broadway musical features some of the songwriting duo's most memorable tunes, including "Impossible" and "In My Own Little Corner."

---

##### **Tuesday • December 3 • 8:00 pm**

##### **Wednesday • December 4 • 8:00 pm**

State Theatre

##### **Jersey Boys**

The Broadway megahit traces the ascent of Frankie Valli and the Four Seasons. But you know that already. The show has a Tony and a Grammy to its credit, and spun off a movie, to boot!



##### December 4 to December 29

The Shakespeare Theatre of New Jersey

(Check web site for show dates and times.)

##### **Charles Dickens' A Christmas Carol**

Brian Crowe directs this production of the beloved holiday classic, adapted for the stage by Neil Bartlett.




---

##### **Wednesday • December 4**

**8:00 pm**

NJPAC

##### **Taylor Mac Holiday Sauce**

The Tony-nominated force of nature Taylor Mac makes his NJPAC debut with an utterly outrageous holiday extravaganza. Not even remotely your father's Christmas show.



**Sunday • December 8**  
**7:00 pm**  
 NJPAC  
**Trilogy Opera Company**  
*Sassy*

The Victoria Theater hosts the return of Trilogy for a performance celebrating the life and work of Newark legend Sarah Vaughn, composed by Dorothy Rudd Moore.



**Friday • December 20 • 8:00 pm**  
**Saturday • December 21**  
**2:00 & 8:00 pm**  
**Sunday • December 22 • 2:00 pm**  
 State Theatre  
**Fiddler On the Roof**

Director Bartlett Sher brings a fresh look to this classic musical, with choreography by Hofesh Shechter.



**Saturday • January 25 • 2:00 pm**  
**Sunday • January 26 • 2:00 pm**

NJPAC

**Nai-Ni Chen Dance Company**  
*Year of the Golden Rat*

NJPAC's annual Chinese New Year celebration features choreographer Na-Ni Chen's dance troupe on stage in the Victoria Theater.

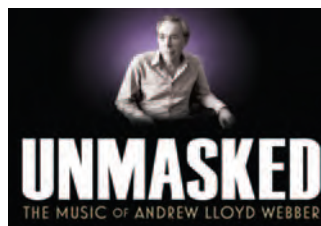


**Thursday • January 30 • 8:00 pm**  
**Friday • January 31 • 8:00 pm**  
**Saturday • February 1 • 2:00 & 8:00 pm**

State Theatre

**The Color Purple**

The State plays host to four performances of the Tony- and Grammy-winning musical featuring a mix of ragtime, jazz, gospel and blues.



**January 30 to March 1**  
 Paper Mill Playhouse  
 (Check web site for show dates and times.)

**Unmasked: The Music of Andrew Lloyd Webber**

The world premiere of a musical celebrating the life and work of one of history's most prolific musical theater's composers. The show includes highlights from *Phantom of the Opera*, *Evita*, *Cats*, *Sunset Boulevard* and *Jesus Christ Superstar*.



**Saturday • February 8 • 2:00 & 7:30 pm**

NJPAC

**New Jersey Symphony Orchestra**  
*Star Wars: Return of the Jedi In Concert*

The NJSO performs John Williams' score of the classic sci-fi film, presented simultaneously on the big screen in Prudential Hall.



## FUNNY YOU SHOULD MENTION IT



**Friday • November 29**  
**8:00 pm**  
 NJPAC

### **DeRay David and Friends** *Thanksgiving Comedy Fest*

DeRay Davis headlines a comedy lineup that includes Tony Rock and Jessica Moore. Davis soared to stardom after his Netflix special *How to Act Black* and developed a new following as hit-man Jermel on the FOX series *Empire*.



**Saturday • November 30 • 8:00 pm**  
 UCPAC

### **Kreeps with Kids** *Comedy Tour*

Robert Kelly, Ron Bennington, Rich Voss and Jim Florentine team up for a truly unforgettable evening of adult childishness.



**Saturday • December 14 • 8:00 pm**  
 UCPAC

### **Sinbad** *Live On Stage*

The popular stand-up returns to Rahway, where he sold out his 2016 show.



**Sunday • December 29 • 7:00 pm**  
 NJPAC

### **Michael Carbonaro** *Live On Stage*

The star of TV's beloved *The Carbonaro Effect* comes to NJPAC with his blend of crazy antics and mind-bending magic.

## INNER CHILD

**Friday • November 29 • 8:00 pm**  
**Saturday • November 30 • 2:00 & 8:00 pm**  
**Sunday • December 1 • 2:00 pm**

State Theatre

### **The SpongeBob Musical**

The 2018 Drama Desk pick for Best Musical crosses the Hudson for four performances on the State Theatre stage.



**Saturday • November 30 • 10:00 am, 2:00 & 6:00 pm**  
**Sunday • December 1 • 10:00 am & 2:00 pm**

NJPAC

### **Paw Patrol Live** *The Great Pirate Adventure*

Nick Jr.'s animated series comes to life on the Prudential Hall stage as Ryder and his fellow rescue dogs follow the clues on a secret treasure map.



**Saturday • February 8 • 3:00 & 7:30 pm**  
 NJPAC

### **Drum Tao** *Live On Stage*

A pulse-pounding, family-friendly performance of this off-Broadway hit.

## STAGE CRAFT



**Saturday • November 23**

**3:00 & 7:00 pm**

NJPAC

**Maurice Hines**

*Tappin' Thru Life*

The legendary tap master is joined by the Diva Jazz Orchestra and the Manzai Brothers for two performances from his off-Broadway show.



**Saturday • December 28**

**3:00 & 7:00 pm**

NJPAC

**Holiday Dreams**

Billed as a spectacular holiday cirque, this performance features acrobats, aerialists, music and a jaw-dropping laser-light show.

**Saturday • January 11 • 8:00 pm**

UCPAC

**Jeremy Jordan**

*Live On Stage*

Broadway star Jeremy Jordan returns to Rahway for an unforgettable one-man show.

### Photo credits:

**NJPAC:** Taylor Mac • Sarah Vaughn • Nai-Ni Chen • Star Wars • DeRay David • Michael Carbonaro • Drum Tao • Maurice Hines • Holiday Dreams • Odessa Ballet • Hip-Hop Nutcracker • Olga Kern • Stephanie Mills • Classical Mystery Tour

**State Theatre:** The Color Purple • American Repertory Ballet • George Li • Salute to Vienna • Simon Trpcski • Eric Wyrick • Bela Fleck

**Prudential Center:** Tool • Jonas Brothers

**Union County PAC:** Sinbad • Ice-T

## CRACKIN' GOOD



**Friday • December 13 • 8:00 pm**

**Saturday • December 14 • 2:00 & 7:00 pm**

State Theatre

**American Repertory Ballet**

*The Nutcracker*

ARB comes to The State with a cast of 100-plus performers under the artistic direction of Douglas Martin.



**Saturday • December 14 • 2:00 & 7:00 pm**

NJPAC

**National Ballet Theatre of Odessa**

*The Nutcracker*

Tchaikovsky's beloved score sets the stage for Marius Petipa's original choreography and sumptuous sets and costumes.



**Friday • December 20 • 7:00 pm**

**Saturday • December 21 • 2:00 pm**

NJPAC

**Kurtis Blow**

*The Hip-Hop Nutcracker*

Fast becoming a Brick City tradition, this telling of the classic holiday tale features rap legend Kurtis Blow as MC and a cast of edgy, high-energy performers.



## OH, CLASSIC



**Sunday • November 24 • 8:00 pm**

NJPAC

**National Symphony Orchestra of Ukraine**  
*In Concert*

The Kiev-based NSOU makes its NJPAC debut featuring pianist Olga Kern and conducted by Volodymyr Sirenko in a program of cherished Russian works.



**Thursday • December 5 • 1:30 pm**

**Friday • December 6 • 8:00 pm**

**Sunday • December 8 • 3:00 pm**

NJPAC

**Saturday • December 7 • 8:00 pm**

State Theatre

**New Jersey Symphony Orchestra**  
*Rachmaninoff's 3rd Piano Concerto*

Pianist George Li is featured in the NJSO's performance of three unforgettable works.



**Tuesday • December 31**  
**5:00 pm**

State Theatre

**Kiev-Aniko Ballet of Ukraine**  
*Salute to Vienna*

The Kiev-Aniko Ballet teams with champion ballroom dancers for a New Year's Eve concert that evokes the golden age of Vienna.

**Friday • January 3 • 8:00 pm**

NJPAC

**New Jersey Symphony Orchestra**  
*Winter Festival: Romeo and Juliet*

The NJSO performs works by Prokofiev and Clara Schumann behind pianist Inon Barnatan and conductor Xian Zhang.



**Saturday • January 11 • 8:00 pm**

NJPAC

**Sunday • January 12 • 3:00 pm**

State Theatre

**New Jersey Symphony Orchestra**  
*Winter Festival: Don Giovanni*

Comedy, tragedy, the supernatural—Mozart's opera has it all, with the added bonus of Eric Wyrick on violin.



**Saturday • January 18 • 8:00 pm**

State Theatre

**Sunday • January 19 • 3:00 pm**

NJPAC

**New Jersey Symphony Orchestra**

*Winter Festival:*  
*The Ring Without Words*

Pianist Simon Trpčeski is featured in a program highlighting the towering works of Wagner and Liszt.

## NOTEWORTHY



**Saturday • November 16 • 7:30 pm**

Prudential Center

**TOOL**

*In Concert*

Three-time Grammy winners come to Newark in support of their new album, *Fear Inoculum*. The “thinking man’s metal band” has built a unique artsy following over the past two decades, and was one of the last U.S. bands to release its music digitally.



**Friday • November 22**

**7:30 pm**

Prudential Center

**Jonas Brothers**

*Happiness Begins Tour*

The multiplatinum brother act returns to The Rock on their biggest tour ever. They’ll be joined on stage by special guests Bebe Rexha and Jordan McGraw.

**Saturday • November 23 • 8:00 pm**

State Theatre

**The Fab Faux**

*Beatles Movie Music*

The legendary Beatles tribute band performs selections from *A Hard Day’s Night*, *Help*, *Magical Mystery Tour* and *Yellow Submarine*.

**Sunday • November 24 • 11:00 am & 1:00 pm**

NJPAC

**Houston Person**

Saxophone virtuoso Houston Person headlines two brunch-time performances at NJPAC’s Nico Kitchen+Bar in the latest edition of the Dorthaan’s Place series.



**Sunday • December 15 • 8:00 pm**

UCPAC

**Martina McBride**

*The Joy of Christmas Tour*

Country superstar Martina McBride performs selections from *It’s the Holiday Season*, along with a few of her six #1 hits.

**Sunday • December 15 • 4:00 pm**

NJPAC

**Boston Pops**

*In Concert*

This is the holiday show that has entertained generations, conducted by Keith Lockhart.



**Friday • December 26 • 8:00 pm**

State Theatre

**Béla Fleck & The Flecktones**

*In Concert*

The group’s original lineup is together in support of their latest album, *Rocket Science*.



**Saturday • January 18 • 8:00 pm**

NJPAC

**Stephanie Mills**

*In Concert*

The legendary Stephanie Mills takes the Prudential Hall stage with R&B super group The Whispers as part of NJPAC’s annual MLK celebration.





**Sunday • January 26 • 3:00 pm**

NJPAC

**Classical Mystery Tour**

*Sgt. Pepper's Lonely Hearts Club Band*

The Beatles tribute band teams up with members of NJSO for a concert featuring their most iconic album... and more.



**Saturday • February 15 • 8:00 pm**

UCPAC

**Ice-T**

*In Concert*

NJ-born actor, rapper, producer, entrepreneur Ice-T takes the Main Stage for a raucous live performance.



**Saturday • March 7 • 7:30 pm**

**Sunday • March 8 • 7:30 pm**

Prudential Center

**Celine Dion**

*Courage World Tour*

The record-shattering powerhouse performer appears on back-to-back nights in the 2020 leg of her Courage tour.

**Editor's Note:** For more info on these listings log onto the following web sites:

NJPAC • [njpac.org](http://njpac.org)

Paper Mill Playhouse • [papermill.org](http://papermill.org)

Prudential Center • [prucenter.com](http://prucenter.com)

State Theatre • [stnj.org](http://stnj.org)

The Shakespeare Theatre of New Jersey •

[Shakespearenj.org](http://Shakespearenj.org)

Union County Performing Arts Center

& Hamilton Stage • [ucpac.org](http://ucpac.org)



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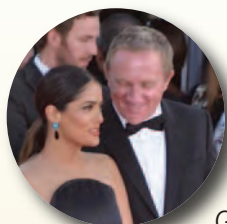
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# I Now Pronounce You...

## They Said "I Do" in 2009

## Still Married?



Georges Biard

Salma Hayek and Francois-Henri Pinault

Yes

Brooklyn Decker and Andy Roddick

Yes

Emma Heming and Bruce Willis

Yes

Gisele Bundschen and Tom Brady

Yes but his son hates sports...ha!

Heidi Montag and Spencer Pratt

Yes

Sibylle Szaggars and Robert Redford

Yes

Fergie and Josh Duhamel

Divorced this year

Khloe Kardashian and Lamar Odom

Ew, no

Maggie Gyllenhaal and Peter Sarsgaard

Yes and still a proofreader's nightmare

Zooey Deschanel and Ben Gibbard

Didn't even last as long as Lamar and Khloe

Milla Jovovich and Paul Anderson

Yes

Rhea Durham and Mark Wahlberg

Yes

Mirka Vavrinec and Roger Federer

Yes with two "sets" of twins



Justin Hoch

Jenna Dewan and Channing Tatum

Divorced this year

Claire Danes and Hugh Dancy

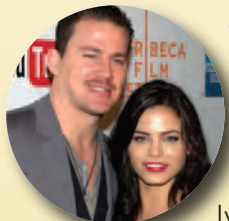
Yes

Christina Hendricks and Geoffrey Arend

Yes

Ivanka Trump and Jared Kushner

Yes, plus he scored a neat job with her dad!



David Shankbone



# EDGE

## interview

### Alexa Swinton



Photographer: Emily Assiran • Hair & Make-up: Evy Drew • Stylist: Jenn Rosado

At only 10 years old, **Alexa Swinton** has become the talk of the 2019–20 TV season. You’ve seen her in Showtime’s *Billions* and on *The Tonight Show* and *Saturday Night Live*, but she has earned her first starring role in the ABC sci-fi drama *Emergence*. Alexa more than holds her own with screen veterans Allison (*Fargo*) Tolman, Clarence (*Shawshank Redemption*) Brown and Donald (*Scrubs*) Faison. A longtime (relatively speaking) New Jersey resident, she shot the first season of *Emergence* right here in the Garden State. Veteran EDGE interviewer **Gerry Strauss** found her to be full of surprises.

**EDGE:** Is this the first you’ve heard of *Edge Magazine*?

**AS:** It’s really funny because I’m actually in *love* with this magazine. I’ve been going to this place called Karma Organics Spa in Ridgewood since I can remember. They have *Edge Magazine* there, so that’s what I’ve grown up reading.



Photographer: Emily Assiran • Hair & Make-up: Evy Drew • Stylist: Jenn Rosado

**EDGE:** When you first started preparing for your role in *Emergence*, how did they describe the character of Piper to you?

**AS:** Oh, wow. They described Piper as this mysterious girl who's sweet and doesn't remember anything about herself. I was very intrigued by just that.

**EDGE:** You handle this role impressively. Do you think you would have been comfortable working on a show this terrifying a year or two ago?

**AS:** I feel like I could've definitely handled it because I would've worked just as hard. It would've been a tiny bit harder for me, but obviously I would've still enjoyed it and still worked on it.

**EDGE:** Before you started working on the show, did you know anything about co-star Allison Tolman?

**AS:** I'd heard of *Good Girls* actually, because my class watched it, and they were like, "Oh my God! Isn't that the person who played that evil character on it?" And I

was like, "I don't know." Then I realized that it was, and I was like "Oh God, you guys talk about her all the time."

**EDGE:** Has she given you any advice, or helped you? Are you friendly behind the scenes?

**AS:** Yes, it's a close family, it's a really great set family. I feel like we really lucked out, because some sets don't love each other the way I feel like our relationship is. Allison always says be nice to the crew, because you are one of them and they are one of you. She's just the best and nicest person you'll ever meet.

**EDGE:** Who would you say is the funniest person that you have acted with so far?

**AS:** My mom! She's an actress, writer and stand-up comedian and we are collaborating now on a film based on her immigration at age 9 from the Soviet Union to New Jersey in the 80's. I play my mom. We are also working on a book series about a fourth grader named Skylie—based on me and my siblings and friends—who lives in New Jersey. So all New Jersey-focused projects.

**EDGE:** What about on *Emergence*? In this family that you work with, who's the comedian there?

**AS:** I think that they're all really funny, I feel like role-wise though, I think that Clancy Brown takes it, only because his role has been the funniest. But I feel Donald Faison comes in second for Murray on *Clueless*, and Turk on *Scrubs*. And then, Allison comes third because I've not watched *Downward Dog*, the only comedy she's done that I've heard of.

**EDGE:** If you could do a voice for a character on TV, which show would you like to be on?

**AS:** *SpongeBob*. If there's ever a recreation of it, I'd definitely love to be a *SpongeBob* character. I feel like Sandy would definitely be number one on my list. I would also love to be in *The Good Place*. It's the best



show ever. It's really funny, and I just think that I'd love to be on there.

**EDGE:** Do you have any actors who you hope you will get to meet and work with someday?

**AS:** I definitely really want to work with the whole cast of *Friends*. They're really just amazing people, and I feel like they really have done so much work that I really feel is great. But I'd also love to work with Jerry Seinfeld. He's really funny.

**EDGE:** What's the best movie that you've seen in the last year or so?

**AS:** *Ready Player One*. It was the best movie ever I think, because it really shows the way that the world



ABC Studios

could be, everyone addicted to this one thing.

**EDGE:** What are some of your favorite things to do when you aren't working?

**AS:** I love the malls, especially Garden State Plaza, which is like a whole city. We love the movie theater



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Facebook/Alexa Swinton

and the shoes at Nordstrom during their sale. I also love bicycling in the bike path along Saddle River Park, from Paramus to Glen Rock to Ridgewood.

**EDGE:** Are you more of a New Yorker or a Jersey Girl?

**AS:** I was born in New York and do have a special love for it, as well. I mean I have been auditioning in the city since I was three, and I have many favorite places and neighborhoods there. But I am proudly a Jersey Girl! **EDGE**

**Editor's Note:** *Emergence* scored a 93 among TV critics on the Rotten Tomatoes web site, with reviewers noting parallels with *Stranger Things* and *Lost*, and Alexa's performance in a difficult role drawing comparisons to Millie Bobby Brown.

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# THE ULTIMATE

# Top "10" List

Our all-time favorite 10-themed films!



## **The Ten Commandments** (1956)

Charlton Heston • Yul Brynner

"The greatest movie event in motion picture history."

## **Ten Little Indians** (1965)

Hugh O'Brian • Fabian

"A first in movies! Sixty seconds for you to guess the killer!"

## **The 10th Victim** (1965)

Ursula Andress • Marcello Mastroianni

"She'd love to kill him...and kill to love him."

## **10** (1979)

Dudley Moore • Julie Andrews • Bo Derek

"A temptingly tasteful comedy for adults who can count."

## **2010** (1984)

Roy Scheider • Helen Mirren • John Lithgow

"All these worlds are yours except Europa. Attempt no landing there."



## **10 Things I Hate About You** (1999)

Julia Stiles • Heath Ledger • Joseph Gordon-Levitt

"How do I loathe thee? Let me count the ways."



## **10 Items or Less** (2006)

Morgan Freeman • Paz Vega • Jonah Hill

"You are who you meet."

## **Starter for 10** (2006)

James McAvoy • Alice Eve

"Ever since I can remember, I've wanted to be clever."

## **10 Questions for the Dalai Lama** (2006)

Tenzin Gyatso (14th Dalai Lama)

"If you only had one hour, what would you ask?"



## **10 Cloverfield Lane** (2016)

John Goodman • Mary Elizabeth Winstead

"Monsters come in many forms."

# EDGE PEOPLE



## AWARD-WINNING NURSES

The March of Dimes "Nurse of the Year" awards recognize and honor outstanding nurses, champions the profession of nursing, and raises awareness to support the March of Dimes mission. This year, Trinitas is proud to announce three finalists in separate categories. Winners will be announced at the March of Dimes Gala on Wednesday, November 13 at the Grand Marquis in Old Bridge.

*Seated, from left to right, are Constance Kozachek, Nurse Leader; Kristen Paladino, Nurse Educator; and Geraldine Cruz, Adult Health.*



## STROKES OF GENIUS

Local artist Tom Wacaster presents to Nadine Brechner, Chief Development Officer, a painting of St. Elizabeth Hospital circa 1905, when it occupied a home at the corner of Pearl and Broad Streets in Elizabeth. Held recently at Designer's Gallery in Clark, Tom's art reception enabled many to view his three-dozen plus scenes of local history and current natural beauty. A percentage of the event's sales benefited Trinitas.



## DESIGN HUB OPENS SECOND LOCATION IN WESTFIELD

Design Hub owner Moses cuts the ribbon to open their new store, with Westfield Mayor Shelley Brindle and fellow owner Sol by his side. "At Design Hub we treat every element of design as an art form," says Sol. "We strive for excellence and satisfaction by providing our customers with the convenience of a 'hub' for all things design." From humble beginnings in Millburn, Design Hub has come a long way, adds Moses, because "we make products that meet our unique vision for design, while being fun to do business with." The trio is joined by Design Hub team members along with officials from the Greater Westfield Chamber of Commerce and Downtown Westfield Corp. The new store is located at 22 Elm Street.



## GOING PINK

October was "AVE Goes Pink" month in support of Susan G. Komen. The company made a generous donation for each apartment lease signed during the month. Pictured above are members of the leasing team and AVE brand leaders.





# Day by Day

*Moving Trinitas forward is a 24/7 job. I wouldn't have it any other way.*

By Gary S. Horan

Quite a bit has changed regarding the healthcare landscape in the decade since EDGE magazine began publication, but to me those 10 years only represent the “second half” of the Trinitas story. It was actually 20 years ago that the final touches were being put on the

merger between Elizabeth General Medical Center and St. Elizabeth Hospital to create Trinitas Regional Medical Center, in January of 2000. I came aboard as CEO in the summer of 2001 and, thinking back, I am struck by how my duties and focus, and the hospital itself, have evolved over that time.



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The merger was still fresh when I arrived. By that I mean we were still operating with two separate buildings and two separate organizations, and there was anxiety in Elizabeth—the state's fourth-largest city—about the prospect of closing one institution down and assimilating it with the other. Would Trinitas have the capacity to serve the community?

That turned out to be a non-issue. The decision to merge proved to be a very appropriate and prescient one. The individuals involved had the insight and vision to see that the healthcare environment was changing. They understood that merging was the way to achieve economies of scale and avoid duplication of equipment and technology. And because of that, Trinitas was able to invest in renovations and expansions that have maximized the impact of the new technologies and protocols that have come along in the years since. The capacity was there because of new treatments and medications, which shorten patient stays or prevent them from having to be admitted at all—advances in healthcare that were developed specifically to reduce hospitalization. The 2000s have been a very dynamic, innovative time in healthcare and the merger enabled us to leverage all of these benefits. It also enabled Trinitas to be more nimble and responsive as times changed.

Now, mergers are fairly commonplace among hospitals. But the idea was new in 2000. And it was accomplished during an era of considerable uncertainty. We had all just “survived” Y2K, which sounds like a small deal, but it was a big one at the time. People were afraid that bank accounts would be erased, traffic lights would stop functioning and planes would fall out of the sky. Even though nothing happened, hospitals had to take these threats seriously. A lot of time and energy and preparation went into “what-if” scenarios. Then, just a couple of months after I came to Trinitas, the terror attacks of 9/11 occurred. Details of that day are still very fresh in mind. From the top floor and rooftop of the medical center we had a clear view of the World Trade Center. To see it burn and see it fall was incredibly sobering to witness.



But I also remember how quickly we were able to react: Our emergency services team assembled quickly and, in coordination with the county and the state, dispatched ambulances to Port Liberte in Jersey City to accept the patients who everyone anticipated coming by ferry from downtown. And there were no patients. It was a sad thing. All of the professionals were there waiting and nobody came.

If there was any kind of silver lining to that terrible day, it was that we had done a great job fine-tuning our emergency preparedness—and that people took notice. Right after that, I believe we were one of the first hospitals in the state to participate in the biological warfare training exercise by the Department of Defense. That was quite an experience. We had decontamination tents and everybody had to gown up. It was reassuring to know that we would be prepared if that type of attack occurred. Everybody rose to the occasion—Trinitas staff, the city, the state. The



coordination was fantastic. It showed me that people really rise to the occasion in a crisis. And improving our preparedness is something we have continued to do ever since. It's part of our team-building culture.

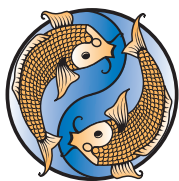
Of course, some things I knew would not change. Today, as in 2001, financial viability remains one of my top concerns and challenges. We are still serving

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a significant charity-care population, a large population of undocumented residents, and a large Medicaid population. And dealing with insurance companies hasn't gotten easier or less complicated.

Insurance companies—and this goes beyond 20 years—have systematically ratcheted down reimbursement, not just for hospitals but also for doctors.

Different plans have come into effect for the consumer during the Obamacare/Affordable Care Act era that were supposed to cover everybody. But as it's played out, deductibles are very high and the quality of the insurance product is not as robust. People may have seen a reduction in premiums, yet with those savings came a very significant increase in deductibles—which means when they get ill, they can expect to receive big bills at the end of the day.

That forced a lot of doctors to go out of network, which is a very big problem. Two decades ago that was not the case. But in the last four or five years, I feel like I hear more frequently doctors say, "I'm not going to accept any insurance"—in some cases, including Medicare, because the reimbursements are so low. When they see patients out of network, they send them very large bills, and then the patients have to battle that out with their insurance carrier to see how much gets paid. More times than not, only a fraction

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gets paid and the consumer is left holding the bag for the rest. And then the hospital and the doctor have to deal with them when they struggle to pay.

As a hospital CEO and president, I feel the same anxiety and frustration about our relationship with insurance companies. It's a difficult one. For instance, it's increasingly prevalent for insurance companies to deny days to the hospital and deny payments—and the hospital has to go through the hammers of hell to appeal these cases. The thing about it is that, in our appeals, we have an approximately 65% or 70% success rate. That might lead one to believe that the denials are not really looked at from the standpoint of justifiable denials, but a strategy of denying something just to see what happens. It's an accounting strategy, essentially.

For our part, it's wonderful to win a high percentage of appeals. When we challenge a denial or expedite



an approval, we are advocating for our patients and the best outcomes. However, what people don't realize is that to appeal is very costly to Trinitas. The amount of money we have to set aside to counter and challenge insurance company denials is staggering. This also includes the work we have to do to get certifications and pre-certifications for certain tests and procedures.

An advertisement for "The Pink Room Shapewear". On the left, a woman with long blonde hair is wearing a dark, long-sleeved, sequined dress and posing with her hands near her face. In the center, the text "SHAPEWEAR Solutions" is written in a large, elegant serif font. Below it, "THE PINKROOM" is written in a bold, pink, sans-serif font, with "Shapewear™" in a smaller, pink, script font underneath. To the right, a mannequin is shown wearing a light-colored, form-fitting shapewear garment. At the bottom, the phrase "shapewear for every occasion..." is written in a cursive script. Below that, the website "www.inthepinkroom.com" and the address "1994 Morris Av. Union, NJ 07083" are listed, followed by the phone number "Phone: 908-206-1010 / 908-267-8154".



This delays treatment in many cases, which is very stressful for the patient...who in many cases blames us!

Returning to happier thoughts, I would say that I have seen remarkable strides in quality control over the past two decades. Patient safety has always been at the forefront for Trinitas and all healthcare institutions—making sure your policies, procedures and products are of the highest quality—and that is top-of-mind here every day. In the old days, hospitals tended to operate on a volume-based system. Now it's a value-based system. The results and outcomes for patients is far more important in the running of a hospital than it was 20 years ago. You see this reflected in the mergers and acquisitions in healthcare, which have increased dramatically since we did it. Trinitas was one of the first truly successful mergers in the state. And it has certainly stood the test of time from the standpoint of success.

That success has enabled Trinitas to impact the lives of patients far beyond our immediate area. For instance, we are in 80 different locations throughout the state and in every county when it comes to behavioral health. Our presence is well known and our reputation has grown dramatically—people don't look at us as a single hospital, they look at us as a system. And we are our own system, in that regard. Our Centers of Excellence

extend our reach to a wide audience. We have the professional talent, we have the technology available, and we focus on these areas to ensure that they continue to be Centers of Excellence. Many draw patients from Union County and beyond because we provide services others don't. And even where others do, we are known for our high-quality patient care and good outcomes.

Take our Wound Care Center, which has three hyperbaric chambers. We get patients from all over the state and the region with complex wounds—often as referrals from other wound centers, because they are having difficulty curing a wound. A few years ago, there was a story in this magazine about a patient who traveled here from Delaware every day for at least 10 weeks. He was originally told that he'd probably lose his leg, and we cured him.

These stories make the dull-but-necessary duties of a hospital CEO bearable. Peter Drucker, the legendary management guru, identified managing a medical center as the most difficult job in the world. You won't get an argument from me. Trinitas is an incredibly complex organization. Healthcare is very complex. I can probably speak for my peers at other institutions when I say that I would like to spend fewer hours working on



issues of regulation and bureaucracy and more time developing new ideas. There are so many new regulations, and often regulations change without much notice. So I often have to shuffle things in order to change quickly to meet those requirements. Obviously, I rely greatly on our compliance people. Compliance is one of the other things, by the way, that has changed over the last 20 years in our industry. It is increasingly a part of everything we do. Not that we have a diminished focus on items such as strategic planning, but with less regulation and bureaucracy, we would have more time to concentrate on more productive things.

If you've made it this far, you're probably wondering what I enjoy most about my job.

I enjoy the planning process—coming up with new ideas, new concepts, new ways to make sure we are providing the community with what it needs (as opposed to what we need). When we develop initiatives, I try to be “risk-assertive,” which means I like to try new things—more so, perhaps, than many of my colleagues. I believe it is important to take a good risk when it is based on good information and, to a certain degree, intuition. In this day and age I think you take risks like that to deliver good healthcare and have the community on your side.

I also enjoy seeing where new ideas come from. At Trinitas, they come from every corner of the hospital—doctors, nurses and employees in every department. Management and staff meet on a regular basis and a lot of ideas are generated by those interactions, especially where the work environment is concerned. The people who work here have so many ideas of how to be more productive. Our physicians bring us ideas about new technologies we should consider using. An example of that is electroconvulsive therapy. It's been around a while but it was something we hadn't done. Our physician staff has been talking a lot about ECT and I think it's a program we'll be going into in 2020. Many ideas come from the management team, of course, and also from the outside community.

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My job is to keep things running smoothly at Trinitas because, when everything runs smoothly in a hospital, you can put new ideas into action. Some lead to small improvements, while others turn out to be game-changers. You never know when the next big thing will come across your desk.

That's why I listen to all ideas. No one is shut down.

The dynamic healthcare environment was certainly reflected in the announcement we made just as EDGE was going to press: that Trinitas took the first step toward becoming a part of the Robert Wood Johnson Barnabas Health network. Our respective Boards signed a Letter of Intent that provides a basic understanding of future governance and details will be determined over the next few months. Should this transaction go through, Trinitas will remain a full-service, Catholic medical center. I see our eventual move into the RWJBarnabas Health system as an extremely positive and exciting development for our institution—one that will give us the resources and opportunities to greatly enhance the already high level of care we provide to our community. **EDGE**



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# Maximum Uplift



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*The Behavioral Health program at Trinitas keeps patients on the path to recovery.*

By Yolanda Navarra Fleming

If you ask Sharnelle Hubbard, a 50-year-old Elizabeth resident, her life could be a cautionary tale about living on the street and trying to stay high. And when she says she's spent too many years "running," she's not talking about marathons.

"My drug of choice started out as alcohol and as time progressed, I dabbled with heroin," she says. "My mother, who suffered from an addiction, introduced me to it when I was 16 years old. Towards the end of my addiction I was doing alcohol, heroin, crack cocaine, and Suboxone."

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Sharnelle's birth mother was a functional drug addict until she lost her job and her children. Sharnelle was then adopted by another woman, also a substance abuser, who made sure she had absolutely no chance of any kind of normal life.

In 2017, she hit a wall. "I was in a battered women's shelter at the time," she says. "I knew there was help out there, but I wasn't willing or ready to accept the help yet. Before I knew it, I had been addicted for 20 years and I just could not live like that anymore. I was a walking time bomb, but I got through all of that."

She made a commitment to her sobriety by checking herself into a detox center before becoming an outpatient of Trinitas Regional Medical Center's Behavioral Health program.

Substance Abuse Services (SAS) has been helping people get clean at Trinitas since the early 1990s, and now treats about 4,500 patients annually. Trinitas offers partial-day treatment, which was the route Sharnelle took. She spent Monday through Friday, from 8:30 a.m. to 2:30 p.m. at Trinitas, and then went home every day.

"What people don't realize is that they need so much support and that's what they get here," says Krystyna Vaccarelli, LCSW, LCADC, and Director of Substance Abuse Services at Trinitas. "During the entire course of the day, the patient is engaged in various groups that address substance use, relapse prevention, understanding triggers, what addiction is, and what addiction is in relation to mental illness. Those are just some of the topics covered when understanding substance abuse on an intensive level."

Sharnelle had also been diagnosed with bipolar. To this day, the horror of her traumatic past poses an ongoing threat to her mental stability, though you'd never know it now from her clear speech, even temper and thoughtfulness.



At one point, her counselor, Catherine Elias, LSW, credentialed Intern, noticed that Sharnelle was exhibiting some unusually manic behavior. "So we had an individual session and talked about it," recalls Elias. "We discovered that there were some issues regarding her medications and through teamwork with her APN, we got it situated and helped her feel stable."

Sharnelle's husband had begun his quest to get off drugs first, which in time motivated her to want to do the same. "I was willing to make a change in my life and that's when my process began," she says. "I went to every session [at Trinitas] and I did everything that was offered to me and more. From 8:30 to 2:30 every day I was there and even when my time was up I found excuses to stay in the program longer."

At 50, Sharnelle is still trying to make sense of it all,



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especially now as a sober graduate of the Trinitas outpatient program.

"Going through this process I lost a lot of friends and my mother, worst of all," she says. "I never thought I

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would reach the age of 50, not even in my wildest dreams...I am amazed that I am clean and sober."

According to her former primary counselor at Trinitas, Michelle Defino, LCSW, LCADC, Sharnelle has completed the program. Now, as she is studying to take the GED exam, she is determined never to go backward. She even mentors others who have also concluded that "running" is not a survival tactic, but rather a recipe for disaster. Her two most important sharing points are not to compare yourself or your recovery process to others as we're all on our own journey, and to take it slow.

"Just don't give up, there's always someone there for you," she promises. "Even when you think you're alone you're not. This process does work."

Even with her newly developed confidence, Defino confirms, "I do have the same amount of concern today as when Sharnelle first entered treatment. Addiction is a lifetime disease, just waiting around the corner, if a patient becomes complacent with her recovery process."

Sharnelle believes it was the rapport she developed with her counselors, the director, and the entire staff as well as other patients that contributed to her successful outcome.

"When I was in my darkest days and wanted to give up, they always checked on me and called my house," she says, "and that's what you need when you're first starting in recovery; you need people who care. I've been taking my medication as prescribed every day thanks to Andrea Krasno (APN), she's wonderful, and she is amazing. She's also a great part of this process, I can talk to her about anything regarding my medication; if I want it changed or lowered. I have never had anyone take the time to take care of me like that."

Sharnelle is happy to add, "Right now I am in a beautiful place in my life. I am clean and sober for two years and I have my children back in my life, as well as my grandchildren. I own my own place, which I never thought I would accomplish. I am married and have a wonderful relationship with my husband. ...I go to the meetings, which are great, and I have a sponsor, but I think Trinitas made my recovery whole." **EDGE**





# HERE and NOW

*Trinitas OB/GYN Chair making Elizabeth campus  
his base of operations.*

By Erica Otersen

**D**r. Abu S. Alam has delivered thousands of babies and provided quality care to countless families, both here and abroad, during a medical career that has stretched across more than four decades. After two-plus years commuting between Elizabeth and his practice in Summit, the Chairman of Obstetrics/Gynecology has

decided to close the doors of his longtime office overlooking Springfield Avenue and devote himself entirely to Trinitas.

Born and raised in Bangladesh, Dr. Alam cites his father's death as his inspiration for a career in healthcare: "Before my father passed, he asked that one of us become a doctor. At sixteen, I was the



youngest of seven children and none of my siblings had pursued medicine. It was left to me to fulfill his wishes.”

He embarked on his medical education as a teenager and, in 1972, graduated from Dhaka Medical School. He interned at Louisiana State University, completed his residency in Obstetrics and Gynecology at St. Vincent’s Hospital and Medical Center in New York City, and moved to the New Jersey suburbs to build his practice.

Dr. Alam has trekked to Haiti more than 20 times over the years, performing charitable work in the impoverished island nation—often finding himself in clinics with no electricity. His arrival at Trinitas in 2017 gave him an opportunity to connect with the area’s Haitian population. He has also worked tirelessly to secure funds and equipment donations in order to open Nandina General Hospital, a non-profit medical facility in Bangladesh.

It is this dedication to caring that initially led Dr. Alam to Trinitas, which serves a diverse patient population. And, he says, it makes the difficult decision to leave Summit a little easier.

“It will also decrease my commute time and increase time for my patients,” he points out, adding that his first priority—whether in New Jersey or Haiti or Bangladesh—has always been to his patients.

“When I go to bed at night, I know that I’ve given my patients the best care I can.” **EDGE**

**Editor’s Note:** Dr. Alam’s efforts have not gone unrecognized. In 2006, he was awarded the Ellis Island Medal of Honor, which is presented to immigrants who have made significant contributions to America’s heritage.



local talent | edge

# THE ILLUSIONIST EYE

**T**ake a long look at the work of painter **Gary T. Erbe** and you're likely to detect a sophisticated handshake between the familiar and unfamiliar. His paintings embrace the realism and perspective of traditional *trompe l'oeil*—with a contemporary update that has set him apart from his peers for more than 50 years.



*Subway Series*, 2008  
55" x 45", Oil on Canvas  
The Heckscher Museum of Art, NY



*Master of the Ruptured Word, 2015*  
16" x 450", Oil on Canvas  
Gerard Peters Gallery, NYC



*Celebrating an American Patriot, 2014*  
30" x 40", Oil on Canvas  
Philadelphia Museum of Art, PA





*Just Across the Street*, 2013  
50" x 56", Oil on Canvas  
The Phillips Collection, Washington, DC



*Brown Bowtie*, 1998  
23" x 32", Oil on Canvas  
Reading Public Museum, PA



*Take Five*, 1982  
64" x 54", Oil on Canvas  
Max and Pamela Berry, NYC



*Virtuoso*, 1982  
32" x 22", Oil on Canvas  
Brandywine River Museum, PA





*Double Jeopardy*, 2000  
45" x 60", Oil on Canvas  
Pennsylvania Academy of the Fine Arts, PA

## About the Artist



The virtual, mysterious, kaleidoscopic, collagistic world Gary T. Erbe puts on canvas can fool the eye—in French, *trompe l'oeil*—as well as sit you down to many huge holiday meals all at once, literally making your eyes bigger than your stomach.

Born in 1944 in Union City, Erbe is a self-taught artist who had a studio in Union City from 1972 to 2006 before moving to Nutley. Unable to attend art school while young, Erbe worked as an engraver and painter on weekends until he began *trompe l'oeil* painting à la 19th-century masters. He then developed modern departures from the masters. Erbe has exhibited extensively since 1970 with solo exhibitions at museums and galleries throughout America, Asia and Europe, and is in the permanent collection of many prestigious institutions. Erbe paints flat forms enhanced by shadow, light and color for pure three-dimensional illusion and for stimulating the mind. For more information, visit [garyerbe.com](http://garyerbe.com) or go to [edgemagonline.com](http://edgemagonline.com) for an extended bio.

—Tova Navarra

# Community Events



We welcome the community to our programs that are designed to educate and inform. Programs are subject to change.

## SEMINARS

Visit [www.TrinitasRMC.org](http://www.TrinitasRMC.org) for seminar listings or check for updates on our Facebook page, [www.facebook.com/TrinitasRMC](http://www.facebook.com/TrinitasRMC).

## SPECIAL PROGRAMS

### Health Services with Women In Mind

Trinitas helps provide women access to vital health services with a focus on preventive measures. These include educational programs and cancer screenings. Programs offered in English and Spanish.

To learn more about these services, contact Amparo Aguirre, (908) 994-8244 or at [amaquiere@trinitas.org](mailto:amaquiere@trinitas.org)

### Ask the Pharmacist: Medication Management

Free of charge, by appointment only. Monthly on the 4th Tuesday, 11:30 am – 1:00 pm  
Call (908) 994-5237.

## TRINITAS HEALTH FOUNDATION EVENTS

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SATURDAY, FEBRUARY 15

### Evening at the Races

Meadowlands Racetrack, Rutherford, NJ

THURSDAY, MAY 14

### 20th Anniversary Gala

The Venetian, Garfield, NJ

Join the foundation at this beautiful black tie event complete with fantastic live music, dancing, an incredible auction and amazing food and drink.

For more information about the Foundation or to learn more about its fundraising events, (908) 994-8249 or [kboyer@trinitas.org](mailto:kboyer@trinitas.org).

Proceeds from these events benefit the patients of Trinitas Regional Medical Center. Making reservations for Foundation events is fast and easy on your American Express, MasterCard, Visa or Discover card.

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Conference Room A or Conference Room B  
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### Living with Cancer Support Groups

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Call (908) 994-8535 for 2019 schedule.

## MEDICAL AND BEHAVIORAL HEALTH SUPPORT GROUPS

### Sleep Disorders

If you are experiencing problems sleeping, contact the Trinitas Comprehensive Sleep Disorders Center in Cranford at Homewood Suites by Hilton (easy access to the GSP). The center is headed by a medical director who is board certified in sleep, internal, pulmonary, and intensive care medicines, and is staffed by seven certified sleep technologists.

For further information, call (908) 994-8694 or visit [www.njsleepdisorderscenter.org](http://www.njsleepdisorderscenter.org)

### Narcotics Anonymous

Monday 7:00 – 8:30 pm; Sunday Noon – 2:00 pm; and Sunday 5:00 – 6:30 pm

Jean Grady, Community Liaison, (908) 994-7438  
Grassmann Hall, 655 East Jersey St., Elizabeth

### Alcoholics Anonymous

Friday 7:30 – 8:45 pm

Jean Grady, Community Liaison, (908) 994-7438  
Grassmann Hall, 655 East Jersey St., Elizabeth

### HIV Education and Support Program for HIV Positive Patients

Monthly. Call for scheduled dates/times.

Judy Lacinak, (908) 994-7605

Early Intervention Program Clinic  
655 Livingston St., Monastery Building,  
2nd Floor, Elizabeth

### Mental Illness Support Group (NAMI) for Spanish Speaking Participants

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Mike Guglielmino, (908) 994-7275

Martha Silva, NAMI 1-888-803-3413

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**November 19, 2019 6:00 – 7:30 pm**  
10 Tips for Looking at Behavior Through a Mental Health Lens

**December 10, 2019 6:00 – 7:30 pm**  
10 Tips – Make & Take Evening (make activities to take back & use in your classroom)  
*Limited number of registrants.*

To register, e-mail your name and courses you would like to attend (include dates) to Kellianne Martin at [Kmartin@trinitas.org](mailto:Kmartin@trinitas.org) or by phone at (973) 218-6394 x1000.

**Winter Programs:** Oct. 21 - Feb. 7

All programs are offered one time per week, for 45 minutes. These programs are a great alternative to individual therapy. They give children the opportunity to address key developmental areas in structured environments that are more reflective of typical real-life home and school situations. Call for times and pricing.

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### SPORTS READINESS

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### SOCIAL BUTTERFLIES

An opportunity for children to work with a **speech & language therapist** and engage in activities to address turn taking, topic maintenance, appropriate question asking, following non-verbal cues, and using manners.

### TYPING WHIZKIDS

An opportunity for children to work with an **occupational therapist** to learn efficient keyboarding skills, including key location and finger placement, and speed and accuracy.

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# Decade Tech

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*The world has changed over the last 10 years.  
Automotive technology has changed along with it.*

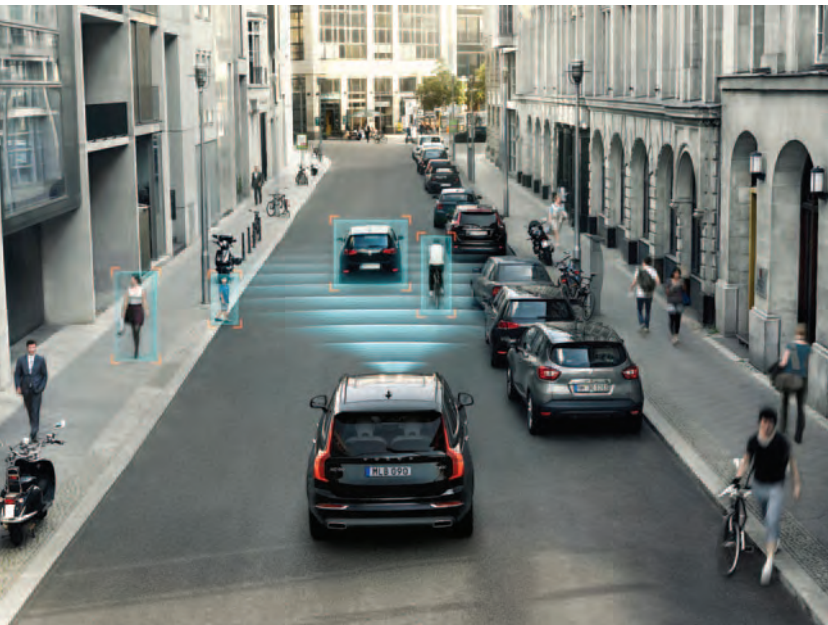
By Jim Sawyer

**H**ow cool would it be to walk into a car dealership and see something truly revolutionary—an out-of-this-world technology so new that no one had even thought of it a year ago? Well, revolutions don't happen overnight, at least not in the automotive industry. Improvements in car technology tend to be incremental. And thank goodness for that. We are consumers, not crash-test dummies—

we want all the kinks worked out of the new cars we buy before we drive them off the lot, and are willing to wait until they are more or less perfected.

Which is why great leaps forward are few and far between.

However...if you take what I like to call the “Rip van Winkle” approach and assess improvements in perform-



Volvo Motors

ance, safety and design in decade-long chunks, the last 10 years (2009 to 2019) have offered plenty to get excited about. Of course, being human, we now take most of them for granted, but they are well worth appreciating.

The fact is that 2009 was a big year for auto tech. Many of the now “standard” features on 2019 vehicles were just finding their way into showrooms back then. Among the groundbreaking bells and whistles were rear-mounted radar that could detect oncoming traffic when a car shifted into reverse, as well as portable routers that turned vehicles into Wi-Fi hotspots. Live GPS vehicle tracking (for paranoid parents or vigilant business owners) also became widely available. And smaller, lighter turbocharged engines could be found in cars across the MSRP spectrum, boosting power and efficiency—a huge game-changer.

The 2010’s saw a number of other noteworthy changes and improvements, some of which are everywhere now, some which are not and, a few (like sophisticated back-up cameras) that became mandatory in all new cars. In 2010, for instance, Volvo introduced a crash-avoidance system that sensed pedestrians, cyclists and other urban hazards, which it dubbed City Safety. This

## Just Around the Corner

**Vehicle-to-vehicle networking.** Right now, if the car ahead of you senses an obstacle or impending accident, its sensors can give the driver an extra split-second to react. You, on the other hand—in the “third car”—are out of luck. The future of connectivity will give your car (and others in close proximity) the same warning at the same time.

“This is going to be a big deal,” predicts DCH Audi General Manager Al Kouri, adding that networking technology will also be a game-changer in the development of fully autonomous vehicles.

## Near Future

**3-D Printed Cars.** Not the whole car, of course, just the parts that make people ooh and aah. Pick your engine and your options, and then go crazy designing the car of your dreams. The functional technology exists already, however the cost is still prohibitive. But man, just think of the wild stuff we’ll be seeing on the road. The fringe benefit of this technology is that the same 3-D printers will also be able to create parts on demand, drastically reducing repair costs and doing the environment a solid.



Photo courtesy of Z22

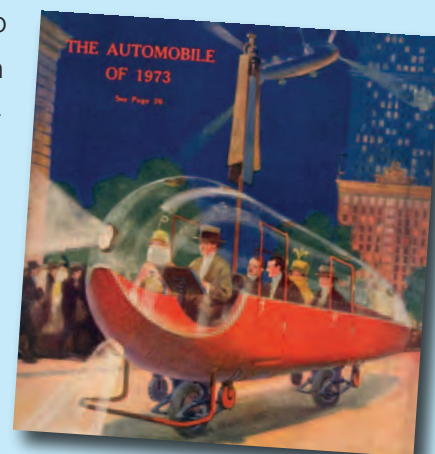


## Not So Distant Future

**Fully autonomous driving should be a reality.** Not only will all the kinks be worked out of the technology, but so will various legal issues and (hopefully) any unintended social or cultural consequences. What unintended consequences? Well, in a city like New York, where traffic is bad and parking hideously expensive, self-driving cars might potentially *worsen* congestion. Why park for \$50 during a one-hour meeting or meal when you could “tell” your car to just circle the block? And if the city outlaws this practice, how do cops stop and ticket a driverless car? Interesting, right? Undoubtedly, technology will address this problem, but it won’t happen overnight, as we’ve been led to believe.

## Not In Your Lifetime

**Flying cars.** Well, 1973 came and went, didn’t it? So here’s the deal: You might finally get that long-awaited personal jetpack, but automobiles will remain earthbound. Yes, it’s fun to imagine hovering over the potholes on Rte. 22 on your way to and from work, but no one wants to be in a Rte. 22 fender-bender “at altitude”—or, especially, be driving *underneath* one!



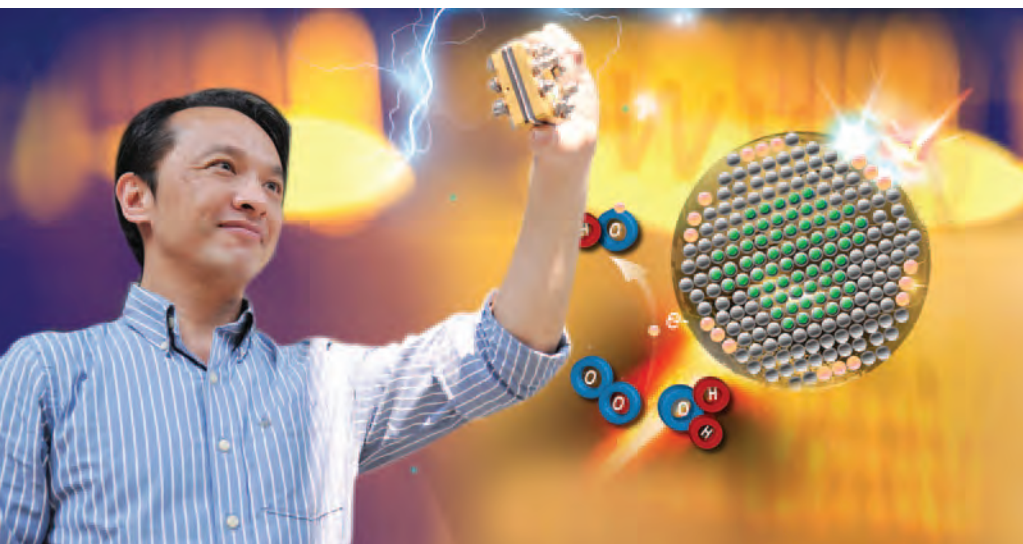
technology, which has become more important in new cars as more and more people step off curbs while glued to their smartphones, will be a key part of making driverless cars a reality. An autonomous vehicle can do a lot of things, but can it ever replace a human driver who can read and react to what a cyclist or pedestrian or loose pet *might* do? We shall see.

“Pre-sensing technology has been the most significant improvement,” confirms Al Khouri, General Manager of DCH Millburn Audi in Maplewood. “Safety features used to be about protecting passengers in an accident. Vehicles now assist the driver in avoiding that accident. This has changed the conversations we have in the showroom. It used to be that people wanted to feel how a car drove and handled. Now they want to know all about the safety technology. These questions were rarely asked a decade ago. Consumers have done their research and are well-informed.”



IFCAR

Given that car design and technology usually reflect trends in the wider world, it should come as no surprise that many of the game-changing technologies we’ve seen over the last decade are related to our love of electronics. Indeed, the headline news in the auto industry seemed to come from the Consumer Electronics Show every winter. Lasers, sensors, satellite receivers, display screens, sophisticated driver-assist functions, connectivity and more apps than can fit on a smartphone combined to enhance the in-car



National Tsing Hua University

experience for drivers and passengers.

At the beginning of the decade, the automotive green revolution got important boosts from a couple of noteworthy cars: the Tesla Roadster and Ford Fusion Hybrid (*pictured on the previous page*). The Tesla was the first truly heart-pounding electric super-vehicle (in

that it looked more like a sexy sports car than an appliance on wheels). The Fusion, which hit the road at about the same time, targeted a different segment of the market with the look of an everyday sedan but with the efficiency of a hybrid. Together, these two cars pushed other companies to up their games and convinced a lot of reluctant consumers to consider an environmentally friendlier option when it was time for their next new car.

Do they qualify as great leaps forward? That depends on your definition of *great* or, perhaps, your definition of *leap*.

The term “Great Leap Forward” was famously adopted by the People’s Republic of China in the late-1950s to describe an ambitious plan to move from an agrarian to an industrialized society. It turned out to be an economic demolition derby—it was an utter catastrophe. So how ironic that, when car industry experts look back at 2019 years from now, a legitimate great leap forward may have come from China’s neighbor, Taiwan. Last spring, engineering researchers at National Qinghua University announced that they had found a way to potentially double the efficiency of the alkaline fuel cells used to power electric vehicles, while reducing manufacturing costs by as much as 90%.

That, my friends, *would* be a great leap forward!

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# EDGE

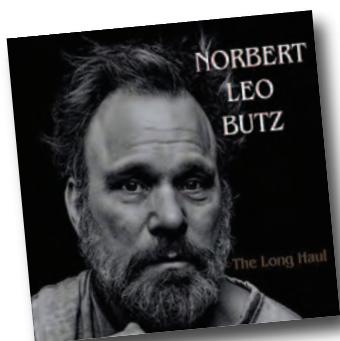
## interview

### Norbert Leo Butz

In the old days, they would have called **Norbert Leo Butz** a “triple threat.” Indeed, the two-time Tony winner can sing, he can dance and he can act. But these are not the old days, and the bar is much higher than it used to be in the performing arts—as Butz would be the first to tell you. On the stage and screen, he is both a portrayer and creator of characters large and small, with a well-earned reputation for knocking it out of the park. Now the longtime Maplewood resident has hit his stride as a composer and performer, releasing *The Long Haul*, a collection of honest, earthy songs written at different stops on a journey that has taken him to the Broadway stage (*Rent*, *Dirty Rotten Scoundrels*, *Catch Me If You Can*, *My Fair Lady*) and earned him roles on a pair of groundbreaking TV series (*Bloodline* on Netflix and *Mercy Street* on PBS). EDGE editor **Mark Stewart** was curious how the words and lyrics of *The Long Haul* fit into the tapestry of Butz’s career as an artist and entertainer. It turns out that those threads run deeper than even his most ardent fans might imagine.



Photos courtesy of Norbert Leo Butz



**EDGE:** *The Long Haul* is your fourth album, but also in some respects your “first.”

**NB:** Yeah, it’s the first time I’ve put something out that’s all my original songs. The title says it all...it’s a long, long labor of love. You know, I’ve always written in my downtime—between acting gigs or if I’m on a set and waiting a long time, or when I’m out of town in hotel rooms. It was recorded mostly during the time I was finishing up *Bloodline* in the Florida Keys. I had a bunch of tunes and I sent them to my friend, Jason Loughlin—a great guitar player, producer, arranger in Williamsburg, Brooklyn—and said, “Hey, man. I think I might have an album here.” He really responded to the songs so we hired a band and got some studio time. It was kind of stop-and-start. I’d get a couple of things recorded, but then a job would take me away and I’d shelve it for a while. This past year I was really busy with *My Fair Lady* at Lincoln Center. It took over a year-and-a-half to record.

**EDGE:** Are you one of those guys who can just sit down and bang out a song?

**NB:** No, I’m not. I must have a thousand ideas for songs on my phone. Going back to college, I’ve always written songs for my own pleasure. So starting them is easy, but the hard work of actually finishing them is much more difficult. I have friends who are real songwriters. They show up every day and work four to six hours on their songs. I never had that discipline or that kind of time.

**EDGE:** So why now?

**NB:** Getting the songs out was about moving past some of the really difficult moments for me during my 40s. It was a tough decade. I lost several family members. It felt good to release it.

**EDGE:** When I listen to the album I hear more than a little Dr. John. Some Al Green. And some Springsteen.

**NB:** That’s cool. I’m flattered. I think those are apt comparisons. I really do love Soul music and Blues and Gospel music. I was raised on a lot of that in St. Louis. There is a really rich tradition of Blues in that part of the country. My parents were deeply religious—my father in particular listened to a lot of Gospel—and we were in church constantly. So those are the sounds I grew up with and I suppose they’ve always stuck with me. It’s funny you should say Springsteen because now I live in New Jersey and I definitely credit him as a huge influence on me, going back to when I was a kid.

**EDGE:** I have to ask a *Dirty Rotten Scoundrels* question...Steve Martin had to fill a screen when he played Ruprecht but you had to fill an entire stage—with *John Lithgow* a few feet away—how do you rise to that challenge?

**NB:** No one can really rise to the challenge of John Lithgow. He’s like 6’5” [laughs] so rising to *that* challenge is like spitting in the wind. You know, in a lot of ways John played the straight main in *Dirty Rotten Scoundrels*. He gave me permission to take as much stage as I wanted to. It was a blast. John is one of the most generous, loving, creative, supportive partners anyone could hope for. You know, I was really intimidated at first to be working with him. I was a





"known" theater actor within smaller circles while John was this enormous international celebrity. We've remained really dear friends and he has been a touchstone for me.

**EDGE:** How so?

**NB:** I go to him so much, just in terms of teaching me how to lead a cast with real grace, how to be super generous. His basic goodness. His workmanlike attitude. How to behave in front of a company. How to do this business over the long haul. How to build the diverse, multimedia career that I didn't even know I aspired to before I met him. Now I know how valuable that is. He's just the best. Even putting out this record, in some ways, was inspired by him. This idea that you don't have to be just a performer, that you can make your own work during the in-between time when you're waiting for directors and producers to tell you you've booked a job.

**EDGE:** A few years later you were Carl Hanratty, who lives somewhere at the other end of the spectrum from Ruprecht. What did you enjoy about that character?

**NB:** That was a really incredible experience. And I have to be honest, one that I did not see coming. It fell into my lap. Jack O'Brien, who also directed me in *Dirty Rotten Scoundrels*, sent me the script and said, "I think I'd like to see you do this. What do you think?" I had seen the Spielberg film in which Tom Hanks had played the role. I said, "I just don't get it. I don't get why you think of me for this part."

**EDGE:** What made you see it his way?

**NB:** When I got the script I realized that *Catch Me If You Can* is really the story of a lost kid in search of a surrogate father, and this lonely, middle-aged gumshoe cop really looking for a surrogate son. My dad, who has since passed away, was really ill at the time. I was quite

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emotional thinking about him. I found the story really, really moving in a way that I didn't expect to. It was very personal. Sometimes it's not clear to audiences what draws an actor to something. For me, as an actor, that's always the way in, the personal, emotional hook. It was a ball. It was a chance for me to do a real character part in a big Broadway musical.

**EDGE:** Hanratty was kind of a blank slate.

**NB:** He was. I got to really invent him. By the way, there was never a Carl Hanratty. He was based on several guys. They got the name from Tom Hanks.

**EDGE:** How did you hear this story?

**NB:** Tom sent me a note to the theater, typed on his famous vintage typewriter. It said *Norbert, congratulations on Catch Me If You Can*. He eventually came to see it and he said, "Let me tell you how the character came to be named Carl Hanratty." He said

on the first day of shooting they hadn't named him because they couldn't legally use the name of any of the FBI agents who were involved in the case. Spielberg turned to Tom and asked, "What are we going to name this guy?" Tom told me he named him Hanratty for a football player his dad loved at Notre Dame, and he named him Carl because it had the K sound in the name and that's funny. And he's right. Carl is a funny name.

**EDGE:** You'd mentioned *My Fair Lady*. You played Eliza's father, Alfie Doolittle, a character that everyone has probably seen at least once or twice on some stage or in the movie. How do you bring something new to that role?

**NB:** No one believes me, but I was almost 50 years old when I got that part and I had never seen a production of *My Fair Lady*. And I never watched the film all the way through—only pieces of it when it came on cable late at night. I knew *Pygmalion* because I'd done a big course on George Bernard Shaw when I was in graduate school. Similarly to *Catch Me If You Can*, when the director asked me to do this part, I said, "What? I'm only 50. Why would I want to play this old drunken character?" But I went and read the script for really the first time as if it were a new piece, and thought *This is a great part!* Just that sardonic humor and the dichotomies within the character, and the great numbers. Also, it was truly a dream of mine to work on the big stage at Lincoln Center. When I came to New York the very first place I went as a young actor was to see Tom Stoppard's *Arcadia* at the Vivian Beaumont, and I thought *Man, to get on to that stage, you've really made it*. I leaped at the opportunity and had the most wonderful time doing *My Fair Lady*.



**EDGE:** Let's switch to television for a moment. The characters you played on *Bloodline* and *Mercy Street* were absolutely spot-on. Everyone knows someone like Kevin Rayburn, who just can't seem to get out of his own way, and you were beyond believable in that part. Did you base your portrayal on people you've come across in life?

**NB:** The show was about a family that literally is trying to keep its head above water, and as an actor sometimes that's what it felt like. It was really potent when it worked. I would like to say that I based Kevin on someone—or even had time to prepare. But the fact is that in *Bloodline*—which was produced by a trio of writer/creators, Glenn and Todd Kessler and Dan Zellman, who also did *Damages*, starring Glen Close—they famously withheld information from the actors.

**EDGE:** So you're not getting a script until a day or two before?

**NB:** Right, and often they shot alternative versions of scenes! They were largely putting the editing together while they're making it. As an actor, it was a real lesson in not knowing what was coming next. Also, they would shoot scenes out of order and the show's narrative kept going back and forth in time, so I couldn't get a handle on, like, *I know where this is going*, so I could make choices. Each night we'd get scripts to shoot the next day and I'm like, *I don't know how I end up here*. Yesterday, I was shooting this scene where Kevin seems like a pretty good guy and today I'm shooting a scene where I'm in my underwear doing cocaine with a gun in my hand [laughs]—and they don't necessarily tell you how you got there. It was really challenging, but it became a fun experiment in letting go into what you



Netflix

don't know and treating each scene like it's own little mini-movie with its own beginning, middle and end. So if it looked like Kevin didn't know what he was doing, that's me. It was not an easy shoot. The stakes were so high and the material was so dark. But I loved it. We were down in that incredible locale in the Keys and it infected everything we did. There was no make-up—that's really real sweat, that's really real sunburn, my hair was really bleached out and those are real mosquitoes eating us up in the shots. It was like nothing I'd ever done before.

**EDGE:** I have a similar question about the character you played on the PBS series *Mercy Street*, Dr. Hale. Everyone has bumped up against someone like that guy, who has reached the limit of his talents and is threatened by people with new skills and new ideas, and who kind of embraces bureaucracy in the face of change—

**NB:** Which made the part so much fun to play! Yeah, that guy did not know his head from his rear end.

**EDGE:** Who were you thinking about when you played him?

**NB:** He was so pompous, so full of himself and thin-skinned and easily threatened. He reminded me so



much of Frank Burns on *M\*A\*S\*H\**. I loved that show and actually thought a lot about Frank. You're

right. He wants things to stay

the same. He's dying to be an administrator behind a desk. I thought what was interesting about the character was that here he is, in the middle of the Civil War, but still looking for creature comforts and vices—sex and booze—to help mitigate the reality of the war. That felt really human to me. Imagine the carnage during the Civil War, before morphine is being used regularly in surgeries—just the violence—it must have been so incredibly difficult to process. It doesn't surprise me that these doctors tried to find pleasure wherever they could.

**EDGE:** You've lived in New Jersey going on 20 years. What drew you to the state initially and in what ways has it grown on you?

**NB:** I came kicking and screaming, I'll be totally honest. My first two girls were born in Brooklyn and we really wanted to stay there. We lived in Park Slope. We needed more room and I thought I'd be able to find a brownstone somewhere, but this was right when the housing bubble was starting to get really whacky and I just couldn't afford a bigger space. My wife and I had friends who'd moved to Millburn and we were out visiting them and we looked around there. We liked what we saw, the schools were good, it was doable. So we moved to Millburn. Still, I didn't really want to come.

I like Springsteen as much as the next guy...but it was *Jersey*, you know?

**EDGE:** I am a transplant, too. When I left New York City in the 80s my friends acted like I'd been shot out of a cannon.

**NB:** Yeah [laughs] when you leave New York your family stops talking to you. No one comes to visit. But then something really remarkable happened. It took me a few years, but I'm the biggest fan now of where I live. I'm such a huge Jersey fan.

**EDGE:** What I like about New Jersey is that there are 500-plus towns and each is completely self-contained, so even though everyone you know is from "here," somehow almost everyone is also from "somewhere else."

**NB:** I do, too, man. You're so right about that. We lived in Millburn for a couple of years and moved to Maplewood after that. I can walk to Millburn from where I live. But the character between the two towns is wildly different. I just find that super-interesting. I love Maplewood, Millburn, South Orange—now my third daughter is going through the school district. I love it. It's such a tight community. It's progressive, inclusive, beautiful. And as a point of departure, it's fantastic. It's close to the city, I'm eight miles from Newark Airport, I can be in the Poconos in an hour, we can be on the beach, or points north in the Hudson Valley, in 45 minutes. It's a gorgeous state, filled with tons of farms, great rivers, places to camp and hike. I've just fallen in love with it. **EDGE**





*2009 was a special year for women in the public eye.*

By Mariah Morgan

A few years ago, Sheryl Sandberg of Facebook fame authored a book entitled *Lean In*. In her book, Sandberg made the point that women in the workplace sometimes hold themselves back by not demanding the credit and respect they deserve. Women who succeed at the highest

professional level do indeed face myriad obstacles—both internal and external. By the same token, history has shown us that the individuals who find ways to push past those limits not only achieve great things, but serve as inspirations for all who follow. Looking back at 2009, the year the first issue of *EDGE* rolled off the

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presses, there was much to inspire, although we still had a long way to go. These nine leaders provided some of the year's best moments....

### January 12 • Brazilian soccer star Marta becomes the first player of either sex to be named FIFA World Player of the Year four years in a row



Ludovic Péron

The heir to Mia Hamm's unofficial title as best of the best, Marta burst onto the world soccer scene as a teenager in 2004 when she led Swedish League team Umea IK to the UEFA Women's Cup championship. At the age of 20, she won her first Player of the Year title. Marta won for the fourth time in 2009 while splitting her time between the Brazilian national team and the Los Angeles Sol, champions of the Women's Professional Soccer League.

**10 Years Later** • Marta won a fifth straight Player of the Year award in 2010 and continued her pro career in Sweden through 2016. In 2017, the cat-quick forward joined the Orlando Pride of the National Women's Soccer League. The following season, Marta won her sixth FIFA World Player of the Year Award, at the age of 32.

### January 21 • Hillary Clinton is confirmed as Secretary of State



Corwin Colbert  
US Dept of Defense

The Senate confirmed Clinton by a vote of 94 to 2, making her the first former First Lady to serve in a cabinet position. Yes, it was kind of a consolation prize. But "State" seemed like a great steppingstone to a renewed presidential bid in 2016. What could possibly go wrong?

**10 Years Later** • Clinton used her experience and connections from the Senate Armed Services



## Law & Order

### January 29 • The Lily Ledbetter Fair Pay Act is signed into law

Nine days after taking office, President Barack Obama made this the first bill he signed into law. It amended the Civil Rights Act of 1964 by giving victims of pay discrimination 180 days from their last paycheck to sue their employers. Previously, the “clock began” from the point at which an employer made the discriminatory decision—which meant the window for bringing legal action often expired before an employee actually uncovered the discrimination. The new law resulted from a 2007 Supreme Court decision in *Ledbetter v. Goodyear Tire & Rubber*. In the 2008 election, Republican nominee John McCain opposed the law, fearing it would open the door to frivolous lawsuits.

**10 Years Later** • Because women made up the overwhelming majority of victims of pay discrimination, the 2009 law has helped level the playing field in the decade since it was enacted. However, the battle continues. Following his inauguration in 2017, President Donald Trump announced that his administration was ending an Obama-era rule that required companies with more than 100 employees to collect and submit wage data by gender, race and ethnicity.



Joyce N. Boghosian

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Committee to coordinate the goals of Defense and State, and to give the civilian arm of government more responsibility for responding to international crises. She and President Obama rarely disagreed and formed a surprisingly effective partnership. By the time 2016 rolled around, however, the political landscape had shifted and Clinton found herself facing Donald Trump in the election. Trump's "upset" victory meant that America would have to wait for its first female chief executive.

**January 21 • Janet Napolitano becomes the first woman to be named Homeland Security Secretary**



US Dept Homeland Security

Born in New York and raised in Pittsburgh and then Albuquerque, Napolitano was voted Most Likely to Succeed at her high school graduation in 1975. Following a meteoric law career she was elected Governor of Arizona and was on the short list of VP candidates for John Kerry in 2004. In her first year as Homeland Security chief, Napolitano dealt with the Swine Flu outbreak, the "Underwear Bomber" and a rise in right-wing extremism.

**10 Years Later •** Napolitano left her post in 2013 to become the first female president of UC Berkeley. She has led efforts to address sexual violence and harassment, managed tuition costs and improved the food choices available on the 10 campuses, as well as starting a carbon-neutral initiative for the school. However, Napolitano has also taken heat for misleading budget practices. In 2017, she filed a lawsuit against the federal agency she once ran after the Trump administration ended DACA.



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**February 1** • Jóhanna Sigurðardóttir of Iceland becomes history's first openly lesbian prime minister



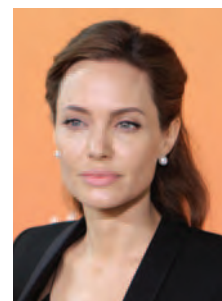
Iceland Ministry of Social Issues

Sigurðardóttir began her professional life as a flight attendant and was elected to Parliament in 1978 at the age of 36. Over the next three decades her popularity and approval rating soared. In 2009, following the implosion of Iceland's banking system, she was asked to lead her country out of economic free fall.

**10 Years Later** • Sigurðardóttir's administration restored the economy and put safeguards in place to ensure such a financial calamity could never happen again. She also made Iceland the first Western

democracy to ban strip clubs and other businesses that profited from women's bodies. The nation is now considered the "most feminist" in the world. Sigurðardóttir retired from government life in 2013 and authored the autobiography *My Life* in 2017.

**June 3** • Angelina Jolie, Oprah Winfrey, Madonna and Beyoncé grab the top four spots on the Forbes 100 list of Highest-Paid Celebrities



UN Foreign and Commonwealth Office

Big names. Big Money. A big year for female celebrities. Jennifer Aniston also made the Top 10. Jolie earned an Oscar nomination for *Changeling*; Winfrey was voted America's favorite TV



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## Team Spirit

**April 7** • The UConn women's basketball team wins its sixth NCAA basketball title after completing an undefeated season

The Huskies defeated Louisville in the NCAA Final 76–54 to complete a perfect 39–0 season. Junior center Tina Charles was un-guardable in the championship game and was named the tournament's Most Outstanding Player. Maya Moore and Renee Montgomery were also named to the all-tournament team. Coach Geno Auriemma led his club to the NCAA title for the sixth time. Three weeks later the team was in Washington being honored by the president.



Stephen Slade/UConn Athletic Dept

**10 Years Later** • Auriemma led the Huskies to a seventh championship in 2010, and then four in a row between 2013 and 2016. And to the surprise of absolutely no one, the “big three” for UConn brought their winning pedigree to the pros. Charles was named MVP of the WNBA in 2012 and was an All-Star for the seventh time in 2019. Moore was named WNBA MVP in 2014 and led her team, the Minnesota Lynx, to four league championships. Montgomery teamed with Moore for two of those championships, in 2015 and 2017.

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personality in a Harris poll; Madonna wrapped up a world tour and released a Greatest Hits album; Beyoncé performed "At Last" at the Inaugural Ball and was named top female artist of the decade by pretty much everyone.

**10 Years Later** • The top two slots are still held by women: Taylor Swift and Kylie Jenner. After that, it's all dudes: Kanye West, soccer star Lionel Messi, musician Ed Sheeran, soccer stars Cristiano Ronaldo and Neymar, The Eagles, Dr. Phil McGraw and boxer Canelo Alvarez. For the record, in 2019 Jolie (44) starred in and co-produced Disney's *Maleficent: Mistress of Evil*; Winfrey (65) produced the disturbing documentary *After Neverland* for HBO; Madonna (61) released her 14th studio album, *Madame X*, which was the nickname Martha Graham gave her as a dance student; Beyoncé (37) voiced the character Nala in *The Lion King* and sang "Can You Feel the Love Tonight" with Donald Glover on the soundtrack.

**July 8 • Angela Merkel succeeds George Bush as the senior G8 leader**

Four years after becoming Germany's first female Chancellor, Merkel presided over the 35th summit of world leaders in Italy. (The G stands for "Group" if you were wondering.) She was the only woman among the G8 leaders, who made progress on issues related to climate change and infrastructure needs in Africa, and also endorsed the Global Summit on Nuclear Security, scheduled for the following year in Washington.

**10 Years Later** • In 2012, Merkel was named by *Forbes* the #2 Most Powerful Person In the World—the highest-ever ranking for a woman. In 2014, the G8



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became the G7 after Russia was expelled for its annexation of Crimea. In 2015, Merkel was named *TIME* Person of the Year. Near the end of 2018, she announced plans to step down as Chancellor in 2021. In 2019, she was awarded an honorary doctorate from Harvard.

**August 2 • 39-year-old Catriona Matthew wins golf's British Open 11 weeks after giving birth to her second child**

Despite golf's long history in Scotland, Matthew was the first Scot to win this tournament. After a so-so opening round, she shot a scorching 67 for the second 18 holes and a 71 the next day to establish a three-stroke lead.



Wojciech Migda

On the final day, 2002 champion Karie Webb made a magnificent run at the lead with a 67, but Matthew birdied 13, 14 and 15 to lock up the championship by three strokes. Her daughter, Sophie, had been born on May 16.

**10 Years Later •** In July 2009, Matthew and her husband, Graeme, narrowly escaped a hotel fire during the Evian Championship in France. He suffered burns on his feet which prevented him from caddying for his wife. The Open victory turned out to be Matthew's only victory in a "major." She came close again only once, at the 2013 LPGA Championship, losing to Inbee Park in a three-hole playoff. Matthew's lone victory on the LPGA Tour after 2009 came in 2011 at the Lorena Ochoa Invitational in Mexico.

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**August 8 • Sonia Sotomayor becomes the first Hispanic Supreme Court justice**

Following the retirement of Justice David Souter, Sonia Sotomayor was confirmed by a Senate vote of 68–31. The daughter of Puerto Rican parents, Sotomayor grew up in the Bronx and graduated *summa cum laude* from Princeton in 1976. She attended Yale Law School and went to work for Robert Morgenthau in the New York District Attorney's office before becoming a federal judge in 1992. Sotomayor's ruling in 1994 ended the Major League Baseball strike.

**10 Years Later** • Sotomayor's key rulings have involved the upholding of Miranda rights, immigrant rights and rights to privacy in the digital age. She has also forged some interesting alliances, including one with Neil Gorsuch over the defense of due process and law-enforcement overreach. In 2018, Sotomayor published *Turning Pages: My Life Story*.

**October 21 • Nicole Stott participates in the first live Tweet session from outer space**

The "NASA Tweetup" initiative officially got off the ground in the fall of 2009 when Stott—one of five flight engineers on the mission—and her crewmate Jeff Williams conducted the first live Tweet session from the International Space Station (ISS). Previously, astronaut Tweets were posted on the Internet by NASA. Stott returned to the Kennedy Space Center the following month.

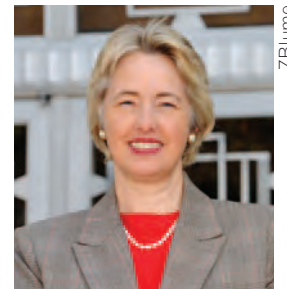
Steve Petteway/  
Supreme Court of the United States

**10 Years Later** • Stott returned to the ISS on the space shuttle Discovery in 2011. Among the goals of this mission was delivery of a humanoid robot (aka Robonaut 2). Four years later, in 2015, she announced her retirement after 27 years working for NASA. Stott's husband, Chris, is an aerospace entrepreneur.

**December 12 • Houston becomes the largest city to elect an openly gay mayor, Annise Parker**

Parker, Houston's City Controller, finished first in a four-way mayoral race on November 11, but fell short of a majority against Gene Locke, Peter Brown and Roy Morales. Brown threw his support behind Parker in the December runoff election, while Locke received the support of two ex-mayors. Parker prevailed by 11,000 votes.

**10 Years Later** • Parker served three two-year terms, from 2010 to 2016, winning more than 50% of the vote both times. In 2014, she married her long-time partner, Kathy Hubbard, in Palm Springs. In recent years she has been a vocal advocate for women in government, and has spoken frankly about the particular abuse female mayors endure from their critics. In 2019, Houston was eclipsed by Chicago as the largest city with an openly gay mayor when it elected Lori Lightfoot. **EDGE**



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# No One Said It Would Be Easy

More than a few popular magazines have ceased publication since the first issue of *EDGE* rolled off the presses. Some morphed into web-only while others blipped out of existence. Here are some of the more recognizable titles, along with the year of their final issue...



Gourmet	2009
Tennis Week	2009
Travel+Leisure Golf	2009
Country Home	2009
Nickelodeon	2009
Teen	2009
US News & World Report	2010
NASCAR Scene	2010



Mediaweek	2011
The Sporting News	2012
Soap Opera Weekly	2012
Parenting	2013
Skateboarder	2013
American Heritage	2013
InformationWeek	2013
Golf World	2014
Jet Magazine	2014
Scholastic Parent & Child	2015
Details	2015
Cat Fancy	2015
Soldier of Fortune	2016
Radius	2017
Skiing	2018
Glamour	2018
Interview	2018
ESPN The Magazine	2019





# Two Decades and Counting.

**T**he Trinitas Health Foundation Board of Trustees has acted as a staunch support system for Trinitas Regional Medical Center and all it offers to the community, a largely underserved population that requires a bit more TLC than the average.

When we asked the Board Officers to share their thoughts about the difference Trinitas has made over the past 20 years, and how they have contributed to the community, this is what they said:

“Trinitas has provided health and educational services to the community. It has been especially helpful to all the uninsured citizens of Elizabeth and the surrounding areas.”



Ellen Krevsky  
*Second Vice Chair*



Eli Kramer  
*Chairman*

“Trinitas has created a safe haven for everyone —no matter what country they come from, no matter what language they speak, no matter what synagogue, church or mosque they pray in, no matter what their legal status is, and no matter what their income status is. We have created a safe haven for all to come to find caring and healing.”



“Trinitas has contributed a secure and knowledgeable presence of care, safety, affordable and accessible healthcare locally to residents and businesses in the city and our surrounding communities.”



Merritt Duffy  
*First Vice Chair*

“Elizabeth is an immigrant blue collar city, one of the largest in the state of NJ. Trinitas provides a doctor’s office for many people who would otherwise not have a doctor or safe place to get healthcare. That is why I am so impressed with Trinitas.”



Grant Hobson  
*Treasurer*



Paula Brotman  
*Secretary*

“I was introduced to Trinitas just a few years ago by my neighbor, Dr. John D’Angelo, Chairman of Emergency Medicine at Trinitas. I was immediately drawn in by the level of care and heart I witnessed while touring the hospital. It gave me a feeling of going back in time, when people took their time to speak with others, to ask them how they were, to focus and to listen, to treat them with kindness.”

When I started to work with the Foundation Board, I was blown away by the commitment of the staff. I came in during the Connie Dwyer Breast Center campaign and was stunned how this small group came together to produce a cancer center that made their patients feel well taken care of and loved. The past year and a half we’ve been focused on our “Peace of Mind” Campaign to redesign the New Point campus, making it a place where troubled patients feel the peace they need to take care of their issues. Trinitas is running incredible events to help get the community talking about mental health, and breaking the stigma on an issue that most families and communities are dealing with on a continuous basis.

Trinitas takes care of their community members. It trains their young people to become nurses and EMTs. It has high school intern programs to spark our future doctors. It gives the people back their dignity when they’re at their worst and sometimes their lowest. Trinitas is a charity hospital. It gives back every day.

# FOUNDATION PEOPLE



## A SWINGIN' AFFAIR

The 2019 Golf Classic & Spa Day hosted on Monday, September 23, 2019 was a huge success, netting over \$204,000!

More than 160 golfers enjoyed a gorgeous day at our new location, Fiddler's Elbow Country Club in Bedminster, NJ. The day was complete with golf contests, raffle drawings, silent/live auctions and great company. While our golfers were out enjoying their day, our 29 spa guests enjoyed a day of pampering at Skin Deep Salon and Spa in New Providence and Oasis Day Spa in Bedminster. All of the women received a full day of services and came back feeling refreshed! The afternoon concluded with lunch, raffle prize giveaways and a silent auction where many lucky winners went home with fantastic prizes.

Thank you to everyone who supported this year's Golf Classic & Spa Day. Please save the date for the 2020 Golf & Spa Day on Tuesday, September 15th at Fiddler's Elbow Country Club again.

For information please contact Kim Boyer at [kboyer@trinitas.org](mailto:kboyer@trinitas.org) or (908) 994-8249 for additional information.

*Pictured l-r: Donald Van Biert, Vice President County Glass & Metal; Gary S. Horan, President Trinitas Regional Medical Center; Glenn Kiefer, Senior Executive Vice President Barr & Barr, Inc.; Kevin Calderon, Pine Hill Tree Service.*

#GIVINGTUESDAY

**Tuesday, December 3, 2019**

Join Trinitas on this global day of giving. Show your support by visiting [www.trinitasrmc.org/gt](http://www.trinitasrmc.org/gt) and improve the environment for the behavioral health patients.

*All contributions are 100% tax deductible.*

VISIT US ON THE WEB [www.edgemagonline.com](http://www.edgemagonline.com)



## Season for Hope

*Honor Someone You Care About  
and Help Trinitas Patients!*

The Holidays are a special time of year for us all:

- We celebrate Christmas, Chanukah and Kwanzaa
- We have holiday sing-a-longs, religious ceremonies and celebrations
- Our volunteers visit patients during the holiday season
- We also remember those we love but are no longer with us

For everyone, well or ill, holidays are a season of hope. It is also a time to count our many blessings and to give thanks for the support of our friends. To show your support, purchase a holiday decoration in honor or memory of someone who you care about. Your ornament will be placed in our lobbies for all to see. Visit [www.trinitasrmc.org/hope](http://www.trinitasrmc.org/hope) for more details.

## THE TRINITAS CHARITABLE GIFT ANNUITY

*Tired of Investment Volatility?*

*Solution, the Trinitas Charitable Gift Annuity*

Would you like to provide for the future of Trinitas Regional Medical Center while ensuring that you or a loved one will receive a guaranteed income for life? A Trinitas Charitable Gift Annuity might be right for you! Benefits include: Earn as much as 10% interest\* while supporting patients at Trinitas Regional Medical Center; Receive fixed payments for life and help save lives; cure patients and keep people healthy; No trust administration and no set up costs to the donor; Receive an income tax deduction for a good portion of your gift; Leave a legacy and assure the future vitality of Trinitas Regional Medical Center; and automatic inclusion in our Cornerstone Club – a legacy society.

Call Nadine Brechner or Bidisa Rai today at (908) 994-8249 for additional information or to set up a meeting to discuss your gift to Trinitas.

\*depending on your age



*EDGE takes you inside  
the area's most creative kitchens.*

## The Chef Recommends



**Grain & Cane Bar and Table •** Grilled Salmon Tikka with Herb Salad

250 Connell Drive • **BERKELEY HEIGHTS**  
(908) 897-1920 • [grainandcane.com](http://grainandcane.com)

Scottish salmon marinated in yogurt, spices and flash grilled. Served with a tossed salad of tender herbs, pickled onion and a light citrus vinaigrette. A beautiful early winter dish that has a warm spice finish and pairs beautifully with a light red wine.



**The Thirsty Turtle •** Pork Tenderloin Special

1-7 South Avenue W. • **CRANFORD**  
(908) 324-4140 • [thirstyturtle.com](http://thirstyturtle.com)

Our food specials amaze! I work tirelessly to bring you the best weekly meat, fish and pasta specials. Follow us on social media to get all of the most current updates!

— Chef Rich Crisonio



**The Thirsty Turtle •** Brownie Sundae

186 Columbia Turnpike • **FLORHAM PARK**  
(973) 845-6300 • [thirstyturtle.com](http://thirstyturtle.com)

Check out our awesome desserts brought to you by our committed staff. The variety amazes as does the taste!

— Chef Dennis Peralta



**The Famished Frog •** Mango Guac

18 Washington Street • **MORRISTOWN**  
(973) 540-9601 • [famishedfrog.com](http://famishedfrog.com)

Our refreshing Mango Guac is sure to bring the taste of the Southwest to Morristown.

— Chef Ken Raymond



**Arirang Hibachi Steakhouse** • Pork Belly Bao Buns

1230 Route 22 West • **MOUNTAINSIDE**

(908) 518-9733 • partyonthegrill.com

Tender pork belly, hoison sauce and pickled cucumber served on a Chinese bun.



**Daimatsu** • Sushi Pizza

860 Mountain Avenue • **MOUNTAINSIDE**

(908) 233-7888 • daimatsusushibar.com

This original dish has been our signature appetizer for over 20 years. Crispy seasoned sushi rice topped with homemade spicy mayo, marinated tuna, finely chopped onion, scallion, masago caviar, and ginger. Our customers always come back wanting more.

— Chef Momo



**Garden Grille** • Beet & Goat Cheese Salad

304 Route 22 West • **SPRINGFIELD**

(973) 232-5300 • hgispringfield.hgi.com

Beet and goat cheese salad with mandarin oranges, golden beets, spiced walnuts, arugula, with a red wine vinaigrette.

— Chef Sean Cznadel



**LongHorn Steakhouse** • Outlaw Ribeye

272 Route 22 West • **SPRINGFIELD**

(973) 315-2049 • longhornsteakhouse.com

Join us for our “speedy affordable lunches” or dinner. We suggest you try our fresh, never frozen, 18 oz. bone-in Outlaw Ribeye—featuring juicy marbling that is perfectly seasoned and fire-grilled by our expert Grill Masters. Make sure to also try our amazing chicken and seafood dishes, as well.

— Anthony Levy, Managing Partner





**Outback Steakhouse** • Bone-In Natural Cut Ribeye

901 Mountain Avenue • **SPRINGFIELD**  
(973) 467-9095 • [outback.com/locations/nj/springfield](http://outback.com/locations/nj/springfield)

This is the entire staff's favorite, guests rave about. Bone-in and extra marbled for maximum tenderness, juicy and savory. Seasoned and wood-fired grilled over oak.

— Duff Regan, Managing Partner



**Arirang Hibachi Steakhouse** • Japanese Taco

23A Nelson Avenue • **STATEN ISLAND, NY**  
(718) 966-9600 • [partyonthegrill.com](http://partyonthegrill.com)

Choice of Tuna with wakame, Kobe beef with sushi rice or Rock Shrimp with pineapple. Served in a crispy wonton shell, Asian slaw, topped with spicy mayo and teriyaki sauce



**Ursino Steakhouse & Tavern** • House Carved 16oz New York Strip Steak

1075 Morris Avenue • **UNION**  
(908) 977-9699 • [ursinosteakhouse.com](http://ursinosteakhouse.com)

Be it a sizzling filet in the steakhouse or our signature burger in the tavern upstairs, Ursino is sure to please the most selective palates. Our carefully composed menus feature fresh, seasonal ingredients and reflect the passion we put into each and every meal we serve.

**Do you own a local restaurant and want to know  
how your BEST DISH could be featured  
in our Chef Recommends restaurant guide?**

**Call us at 908.994.5138**

# EDGE PEOPLE



## TASTY ACCOLADES

For the second consecutive year, the Food & Nutrition Services team at Trinitas was awarded the "Regional Healthcare Account of the Year" by Morrison Healthcare, the company responsible for operating the medical center's Food & Nutrition Services department. Led by Michelle Ali, Director of Food and Nutrition Services, the team works hard to prepare fresh food with wholesome ingredients, harvested in a socially responsible way, for the well-being of our patients, clients, customers, team members and the environment. The award criteria include working with community programs, fostering nutrition excellence, and positive client feedback.

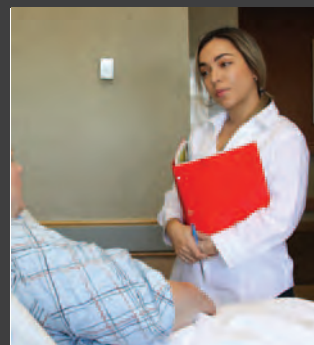


## CUTTING THE RIBBON ON MENTAL HEALTH CENTER RENOVATIONS

Bayonne Community Mental Health Center recently celebrated the renovation of its facilities with a ribbon-cutting ceremony at the center, owned and operated by Trinitas Regional Medical Center. Renovations of the Partial Care and Substance Abuse Program department were made possible by a \$124,000 grant from the City of Bayonne. The ribbon-cutting, attended by Mayor James M. Davis and other officials from the Mental Health Center and Trinitas, was also an opportunity to highlight the quality service available to Bayonne residents and the surrounding communities.

## I WILL BE WHAT I SEE

A new business venture was recently inspired by a local 5-year-old named Juliana, who uttered the words "I will be what I see" to her Aunt Carol Schilling one day. Juliana was simply saying, "If I see a teacher I will be a teacher." Schilling recognized the importance of the six words and thought that she could inspire parents to encourage their kids to pursue their dreams, follow their interests and become good and kind people as they grow up. So she recruited good friends Paulette Pitonyak and Irv Brechner and the trio ran with it to create a line of T-shirts designed for children. Seven weeks later, they opened IWillBeWhatISee.com with 180 whimsical and very colorful designs. After Juli expressed a desire to help very sick kids, the company, *Through Juli's Eyes*, partnered with The Valerie Fund to help kids fight cancer and blood disorders.



## DRUG SCREENING SAVES LIVES

Just recently the United States Preventive Services Task Force began recommending that all healthcare providers screen adults for substance use. Recovery is a full-time job at Trinitas Regional Medical Center, where we're committed to drug screening all patients upon admission to the hospital. Since 2012, we have screened 57,000 patients and helped many get the treatment and support they needed to begin the recovery process. In this way, we have saved countless lives whose substance abuse was identified early by experts like Melissa Penas, DSRIP BA clinician.



*A look at unique and distinctive homes for sale in our area.*



**142 Hillside Avenue** **Bridgewater**  
**\$464,000**

Charming vintage home with quaint front porch to welcome you featuring a blend of yesterday and today's modern amenities.

[www.coldwellbankerhomes.com/id/31018898](http://www.coldwellbankerhomes.com/id/31018898)  
**Eileen Burlinson** **908.233.5555**



**17J Canterbury Road** **Chatham**  
**\$362,500**

Briarwood – Unique Opportunity! One of a handful of units in complex with direct garage access. Features 1 bedroom plus den, formal living and dining rooms, eat-in kitchen, in-unit storage and laundry.

[woodwardhomes.com](http://www.woodwardhomes.com)  
**Woodward Properties** **908.598-0155**



**7 Clinton Place** **Cranford**  
**\$539,000**

Large 8 Room Col located on a quiet cul-de-sac near town and park. Four bedrms all on the 2nd fl, master w/en-suite, hardwd fls, fam rm w/fpl, C/A/C, large unfinished basement w/high ceilings.

[www.coldwellbankerhomes.com/id/32521995](http://www.coldwellbankerhomes.com/id/32521995)  
**Heidi Mucci** **908.233.5555**



**613 Hory Street** **Cranford**  
**\$425,000**

This lovely Colonial is located in a quiet suburban enclave. Gleaming hardwood floors throughout, first floor family room with fireplace. Enjoy all that Cranford has to offer, highly ranked schools. Easy commute to NYC.

[www.coldwellbankerhomes.com/id/31680198](http://www.coldwellbankerhomes.com/id/31680198)  
**Susan Gallagher Brown** **908.233.5555**



**117 Retford Avenue** **Cranford**  
**\$739,000**

Classic brick colonial. Impressive center hallway sets the tone for charm throughout. Elegant DR. Select from 2 master BR. Large EIK leads to a deck & patio. Short distance to the vibrant downtown w/commuter trains and buses to NYC.

[www.coldwellbankerhomes.com/id/30217425](http://www.coldwellbankerhomes.com/id/30217425)  
**Dennis Devine** **908.233.5555**



**735 Willow Street** **Cranford**  
**\$639,000**

Stunning split level with enormous curb appeal enhanced by a Portico, window boxes, paver walkways & professional landscaping. Amazing chef's kitchen. Master Suite with private bath and tons of closets.

[www.coldwellbankerhomes.com/id/32382518](http://www.coldwellbankerhomes.com/id/32382518)  
**Faith Maricic** **908.233.5555**



**6 Pavlocak Court** **Edison**  
**\$1,200,000**

Custom built Colonial w/approx 5000 sq ft living space, over 2000 sq ft fin basement. EIK w/gas fpl, 5 BR, w/ a Master suite w/sitting room & Mbath. In-ground pool, 3 car garage. Located on a cul-de-sac, near shopping & elementary school.

[www.coldwellbankerhomes.com/id/30278269](http://www.coldwellbankerhomes.com/id/30278269)  
**Gina Suriano Barber** **908.233.5555**



**103 N. Glenwood Road** **Fanwood**  
**\$449,900**

4 BR, 2 full bathroom split-level. Open concept, hwd flrs throughout. EIK w/breakfast bar & sliding glass door leading to spacious yard. Formal LR w/cathedral wood ceilings & wood burning fireplace.

[www.coldwellbankerhomes.com/id/31964186](http://www.coldwellbankerhomes.com/id/31964186)  
**Tracy Zawacki** **908.233.5555**

EDGE is not responsible for any typos, misprints or information in regard to these listings. All information was supplied by the realtors that participated and any questions or concerns should be directed directly to them.

**VISIT US ON THE WEB** [www.edgemagonline.com](http://www.edgemagonline.com)





**223 Westfield Road Fanwood**  
**\$439,900**

Lovely home near top-rated schools and close to train, downtown, & NYC bus. Sun-filled LR, DR, & EIK. 3 BR, hwd flrs, & CAC. Fenced-in yard w/ covered patio. Built-in gen. and security system!

[www.coldwellbankerhomes.com/id/32271645](http://www.coldwellbankerhomes.com/id/32271645)  
**Gina Suriano Barber 908.233.5555**



**70 Willoughby Road Fanwood**  
**\$629,900**

Great location! Updated center hall colonial close to town & train. 4 BR, 2 & 1/2 baths on 1/4 acre lot on tree-lined street. Generous sized rooms. Newly landscaped yard. Ready for your finishing touches.

[www.coldwellbankerhomes.com/id/32165711](http://www.coldwellbankerhomes.com/id/32165711)  
**Maria Ackerman 908.233.5555**



**96 Woodland Avenue Fanwood**  
**\$899,000**

Custom built 4 BR, 2 full, 2-1/2 bath colonial. Brand new roof & driveway. Finished loft over garage, finished basement, large deck. Built-in hot tub, Japanese style garden & built-in firepit.

[www.coldwellbankerhomes.com/id/31551983](http://www.coldwellbankerhomes.com/id/31551983)  
**Maria Ackerman 908.233.5555**



**90 Park Avenue Florham Park**

Brand new rental community! Now Leasing – Luxury 1- and 2-Bedroom Apartments and Fully Furnished Suites. Other convenient NJ locations in Clifton, Union, and Somerset.

[www.aveliving.com](http://www.aveliving.com) **973.755.2085**



**224 Locust Avenue Garwood**  
**\$395,000**

Move right into this 8 room, 4 bedroom, 1 bath colonial on a quiet street. One car detached garage. Large deck and concrete patio.

[www.coldwellbankerhomes.com/id/32277105](http://www.coldwellbankerhomes.com/id/32277105)  
**Eileen Passananti 908.233.5555**



**641 Passaic Avenue Kenilworth**  
**\$649,900**

Gorgeous new 4 BR. The craftsmanship is evident throughout the 3,300 sq. ft. home from the spa-like marble master bath to the custom gourmet kitchen w/ white shaker cabinets. The basement has high ceilings, full bath and tons of storage!

[www.coldwellbankerhomes.com/id/29930933](http://www.coldwellbankerhomes.com/id/29930933)  
**John Wiley 908.233.5555**



**304 Cranford Avenue Linden**  
**\$250,000**

All Brick Beautiful Home. Features 3 BR, LR, DR, Large Kitchen, one full & 1/2 bath, FR. Full Basement. One car garage. Hardwood floors. Handicap Ramp. Can be removed by buyers. Needs little updating, property being sold "As Is Condition" Flood insurance needed.

[www.coldwellbankerhomes.com/id/31220578](http://www.coldwellbankerhomes.com/id/31220578)  
**Emanuel "Lyle" Brewster 908.233.5555**



**1401 N Wood Avenue Linden**  
**\$365,000**

Welcome to this well maintained large colonial on corner lot in Sunnyside. Detached 2 car garage on Yale Ter. Clean home, updated 2013-2015 finished basement. Updated kitchen and half bath. Close to NJ Transit trains and buses.

[www.coldwellbankerhomes.com/id/32314721](http://www.coldwellbankerhomes.com/id/32314721)  
**Rita Labruzzo 908.233.5555**



**427 New Providence Rd. Mountainside**  
**\$585,000**

Nestled in the lush greenery at the top of the Watchung Mtn. this winning Cape offers it all. It features an eat-in kitchen, formal DR, LR w/ wood burning fireplace, 4 BR, 2 full baths and screened porch. Enjoy the large back yard from the screen porch or open side patio.

[www.coldwellbankerhomes.com/id/30713870](http://www.coldwellbankerhomes.com/id/30713870)  
**Adah Levin 908.233.5555**





**153 Mountainview Drive Mountainside**  
**\$895,000**

Well maintained colonial on gardenlike grounds w/blue stone patio & enclosed sunroom. Full house generator, all new windows. Move in condition. Convenient to downtown and to NYC buses.

[www.coldwellbankerhomes.com/id/31977457](http://www.coldwellbankerhomes.com/id/31977457)  
**Bernadette Houston 908.233.5555**



**1490 Route 22 West Mountainside**  
**Leasing Now at \$4,500**

An intimate collection of 30 distinctive Townhomes for active 55+. Just 2 miles from downtown Westfield for shopping and dining. NJ Transit bus service to NYC just one light west on Rt 22 East.

[alpinerridgemountainside.com](http://alpinerridgemountainside.com)  
**732.710.3839**



**1490 Route 22 West Mountainside**  
**Leasing Now at \$4,500**

Close to everything... distinctive townhomes 55+ adult living. Low maintenance. Convenient to Echo Lake Country Club golf course. NJ Transit bus service to NYC just one light west on Rt 22 East.

[alpinerridgemountainside.com](http://alpinerridgemountainside.com)  
**732.710.3839**



**1490 Route 22 West Mountainside**  
**Leasing Now at \$4,500**

Alpine Ridge Boutique Homes. Townhomes for active adults 55+. Specifically designed to appeal to today's discerning homebuyers. Just 2 miles from downtown Westfield for shopping and dining.

[alpinerridgemountainside.com](http://alpinerridgemountainside.com)  
**732.710.3839**



**73D Leland Avenue Plainfield**  
**\$184,900**

Price incl. all furnishings. Beautifully remodeled, 2 BR/2 Bath Co-Op. Turn key, 1 block to NYC bus stop & less than 1 mile to the train station. Amazing views from your private balcony.

[www.coldwellbankerhomes.com/id/31762355](http://www.coldwellbankerhomes.com/id/31762355)  
**Elizabeth Bataille 908.233.5555**



**413 Forest Road Scotch Plains**  
**\$699,000**

Amazing 4 BR, 2.1 bath Colonial, built in 2003 with great curb appeal. A block from downtown and transportation to NYC. Open floor plan w/stunning arches on first floor.

[www.coldwellbankerhomes.com/id/32240881](http://www.coldwellbankerhomes.com/id/32240881)  
**Jill Horowitz Rome 908.233.5555**



**10 Gary Court Scotch Plains**  
**\$599,000**

Sunny, well maintained 4 BR COL on quiet cul-de-sac. Deep lot w/ large, private backyard. Oversized LR w/hdwd floors. Formal DR & FR w/gas FP just off the EIK. Located close to everything.

[www.coldwellbankerhomes.com/id/32239536](http://www.coldwellbankerhomes.com/id/32239536)  
**Jean Marie Morgan 908.233.5555**



**8 Winchester Drive Scotch Plains**  
**\$849,000**

Spacious 5 BR, 3 Bath COL on cul de sac, 0.7 acres, recently updated. Finished lower level, deck w/ level property & woods. Well maintained. Close to all modes of transportation. Full home generator.

[www.coldwellbankerhomes.com/id/32462986](http://www.coldwellbankerhomes.com/id/32462986)  
**Jeff Peris 908.233.5555**



**42 Little Brook Road Springfield**  
**\$544,900**

Large 5BR/4BA house with bonus exercise room. Massive amounts of storage. Updated bathrooms, new boiler, good schools. Quiet safe block to raise kids. Estate sale - reduced - priced to sell quickly!

[www.weichert.com/84331099/](http://www.weichert.com/84331099/)  
**Marilyn Bielory 201.463.5491**





**13 Harvey Drive** **Summit**  
**\$745,000**

Inviting Ranch offering comfortable one-floor living, updated throughout and opening onto a park-like yard in a sought-after Summit location.

**woodwardhomes.com**  
**Woodward Properties** **908.598-0155**



**1151 Jeanette Avenue** **Union**  
**\$365,000**

Amazing amount of space and potential. Colonial with entry foyer. The 1st floor has a generous sized LR, formal DR, EIK, den, full bath, 1st floor BR and laundry room. The 2nd level offers a master BR with a 13x11 sitting area and 2 additional bedrooms and full bath.

**www.coldwellbankerhomes.com/id/32329864**  
**Ellen Murphy** **908.233.5555**



**1309 Frances Terrace** **Westfield**  
**\$800,000**

Open front porch, 5 BR, 2.1 bath Colonial. Open floor plan, hwd flrs & detailed woodwork. Bright LR w/picture window, FDR w/bay window & FR family w/gas fireplace. 3rd floor BR/office. Finished LL. Landscaped grounds w/paver patio & fire pit.

**TheIsoldiCollection.com**  
**Frank D. Isoldi** **908.233.5555 x202**



**710 Girard Avenue** **Westfield**  
**\$788,000**

This Colonial has been freshly painted and incl. hwd flrs & neutral décor. LR w/bay window open to DR. FR w/gas FP. EIK with banquette island. MBR w/updated private bath. Finished LL w/rec room & office area. Back patio w/sitting wall.

**TheIsoldiCollection.com**  
**Frank D. Isoldi** **908.233.5555 x202**



**121 Landsdowne Avenue** **Westfield**  
**\$749,000**

Very spacious custom home w/4 bedrooms, 2 full & 2 half baths. Situated on a beautiful cul-de-sac with over 1/3 acre lot. Private oasis w/fabulous deck overlooking gorgeous in ground pool.

**www.coldwellbankerhomes.com/id/29442205**  
**Elizabeth Bataille** **908.233.5555**



**218 Seneca Place** **Westfield**  
**\$1,199,999**

Brand new Colonial. Beautiful EIK w/quartz countertops & center island opens to FR w/ fireplace. Abundant cabinet space and pantry closet. Hwd floors throughout. Large finished basement w/ full bath. 3rd floor BR w/ full bath.

**www.coldwellbankerhomes.com/id/32116256**  
**Duncan Smythe** **908.233.5555**



**1115 Summit Avenue** **Westfield**  
**\$1,349,000**

New construction, 5 BR, 4 baths. 1st flr BR. Open floor plan, EIK w/granite counter-tops & SS appl. FR w/fireplace. MBR suite w/soaking tub & WIC. Lower level w/rec room, media room & full bath. Convenient to schools, parks and downtown.

**TheIsoldiCollection.com**  
**Frank D. Isoldi** **908.233.5555 x202**



**268 Watchung Fork** **Westfield**  
**\$1,299,000**

Situated in the Indian Forest section of Westfield. Nestled on .74 acres. Open front porch, 4 BR, 3 full, one 1/2 bath Colonial w/spacious & elegant rooms. This special home boasts plenty of indoor & outdoor space for living, dining & entertaining.

**www.coldwellbankerhomes.com/id/32491437**  
**Jayne Bernstein** **908.233.5555**



**888 Winyah Avenue** **Westfield**  
**\$799,000**

Charming Colonial located in the heart of Wychwood. Hwd floors underneath carpets. Kitchen, powder room, & master bathroom updated in 2017. Poured concrete foundation. Manicured property w/ gorgeous landscaping & private backyard.

**www.coldwellbankerhomes.com/id/31287976**  
**Faith Maricic** **908.233.5555**

**ATTENTION REALTORS:** Place your home listings here for FREE - call 908.247.1277 for details.

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# For the *Best* in Cancer Care



Look to a Comprehensive Cancer Center that is *first* to offer the latest technology...

Clarissa Henson, MD  
Chair of Radiation Oncology

## *Look to Trinitas Comprehensive Cancer Center.*

**B**eing first with ground breaking technology is a hallmark of Trinitas Comprehensive Cancer Center, which was the first cancer center in New Jersey to provide patients with the Varian Trilogy radiation therapy system in 2005. Trilogy's ultra-precise robotics accurately tracks and adjusts for tumor movements at the moment of treatment, then targets cancer and neurological lesions with sub-millimeter accuracy. **No other facility in New Jersey has more experience with Varian Trilogy than Trinitas.**

Trinitas was also the first in New Jersey to offer women the new Accublast radiotherapy technology – a highly effective, non-invasive treatment for breast cancer that is more accurate than standard breast radiotherapy. In addition, Trinitas is a leader in radiosurgery – which uses precisely-focused beams of radiation to treat tumors anywhere in the body.

Ground breaking technology, and the expertise to use it - that's the Trinitas Comprehensive Cancer Center.



### TRINITAS COMPREHENSIVE CANCER CENTER

225 Williamson Street, Elizabeth, NJ 07202 • 908-994-8000 • [www.TrinitasCancerCenter.org](http://www.TrinitasCancerCenter.org)



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Trinitas Regional Medical Center is a Catholic teaching institution sponsored by the Sisters of Charity of Saint Elizabeth in partnership with Elizabethtown Healthcare Foundation.

# 5 Minutes with...

## Morgan Freeman



**You started in movies really late. Do you think it was good in a way for you?**

Absolutely. I was 20 years on the stage in New York prior to getting the movie career, as such, though I did do television work, I did some movies. I think the training—both in the profession and in life—was to my benefit. When I was working in the '70s and '80s, the drug culture was booming and a lot of people didn't make it through it. I was very peripatetic when I was young, back-and-forth cross-country, to New York to Los Angeles to San Francisco, trying to find the doorway, where to be able to get in. It's just being in the right place at the right time.

**Which is better, to be the President, to be God, or to be a movie star?**

Movie star.

**Why?**

It pays. None of the rest of them pays. Not nearly as well.

**What are the cons of being a movie star?**

Well, first, it's what I wanted from a very young age, I wanted to be in the movies. But as you start to watch your career go on, you realize that you *didn't* want to be "star." If you are a character actor, you don't want to be a star, because you can't be a character. A star very rarely gets roles like Quasimodo. Bob De Niro could walk down the streets unrecognized after he had done *Bang the Drum Slowly*, *Godfather II* and *Raging Bull*. He had done all these well-received movies, but he could walk down the street unrecognized. That's character acting, when you hide, when you become the character, that's the essential difference to me.

**When you were a kid, did you ever dream about being the President?**

No, I only dreamed about being an actor. When I was a kid, I went to the movies every day I could find enough money. President? CEO of something? No. Later on, I thought it might have been interesting to have been a racecar driver.

**Is that on your bucket list?**

I've done it!

**Is there anything left on your bucket list?**

I wanted to be a jet pilot. I wanted to be a sailor, a water sailor. I wanted to be a cowboy—I'm a good horseman, I love horses and live with them. And the rest of it is just to be here, to enjoy life.

**When you play the President, do you take pleasure in it?**

The pleasure is in *working*. Believing that you are the President or God or the devil or whatever, the only joy in that is bringing the character to life. I don't get any personal sense of the power of God or the power of the President. Make believe is make believe. I hate for people to somehow gloss over that and say, "Oh my God! God just walked in the room!" Don't do that. **EDGE**

**Editor's Note:** Morgan Freeman played the President in his most recent film, *Angel Has Fallen*, co-starring with Gerard Butler. He is due to star in four films in 2020, including the action comedy *The Hitman's Wife's Bodyguard*, with Ryan Reynolds, Salma Hayek and Samuel L. Jackson. This Q&A was conducted by Sarah Williams of The Interview People.





# ANNOUNCING: THE CONNIE DWYER BREAST CENTER AT TRINITAS

Trinitas Regional Medical Center has partnered with The Connie Dwyer Breast Cancer Foundation to open a new breast center in Connie's name at Trinitas. The brand new \$3.4 million facility offers a highly empathic approach to screening, diagnosis, treatment, community outreach and education to all women, regardless of financial status.



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