

# 5 Minutes with... Kristen Taekman

*A Real Housewife of New York City*



**Does the presence of a video crew alter your family dynamics in any way?**

I don't think so. We signed on to do a reality show, so what you see is what you get. Watching the show when it airs *does* give you an interesting perspective on things, though. My husband and I have our standard arguments, but on the show you get to see both sides. Imagine having an argument with a friend or family member and then being able to watch it later...and seeing that he or she was right.

**How much do you let your kids get involved in the process?**

My daughter wasn't even walking when we started, and now she naps, so my son is more involved. He has fun with it. So does everyone on the crew.

wonder why people would want to see some silly thing we do, but the producers say, "No that's what people love to see!" I think the only time I got really frustrated was having a camera in my face when we went Geocaching in Montana. But at that point I didn't have a choice.

**What are you doing for the holidays? Does the show have any say in those kinds of plans?**

It's up to us, not the show. My husband's family is in California and mine is in Connecticut, so we usually split 50-50. We'll do Thanksgiving with my family and Christmas with his this year.

**You've started a fashion blog on your web site called Last Night's Look. Are you thinking about that business in addition to your modeling?**

My kids are beyond a full-time job, so not right now. I *am* really into makeup—I've started an exclusive nail polish line with Ricky's NYC, and that's been a really fun venture. And how great would it be to still be modeling in my 50s? Some women can do it. Actually, my secret dream is to be a TV host or newscaster. It'd be fun to experiment with that. Maybe you'll see me as your local weather person some day. **EDGE**

**Have you had to set boundaries for the show, is anything off-limits?**

Not when it comes to the family dynamics. I'm not a shy person. I've got nothing to hide. People forget that it is realty—the show is about me, my family and my friends.

There's a lot of stuff that's really fun. Sometimes, I



Photo by Nadine Raphael

**Editor's Note:** EDGE and Kristen wish you a happy and healthy 2015! (Dress: **ALEXIA ADMOR**; Earrings: **GREGG RUTH**; Bracelet: **SIMON G.**; Shoes: **STEVE MADDEN**)