

EDGE

THE
DRIVEN
TO WIN
ISSUE

A TRIUMPH OF WILL

Disco Diva Gloria Gaynor

AMBITION UNLEASHED

Kennel Club Confidential

STARS & THEIR CARS

What's in Justin Bieber's Garage?

THE EDGE INTERVIEW:

Homegrown NASCAR Hero Martin Truex Jr.

\$3.95US

05



0 74470 25173 6

EARN

3.10% APY*

ON BALANCES UP TO \$30,000

Only **3** qualifications:

- ▶ **Make 15 debit card transactions per month**
- ▶ **Direct Deposit**
- ▶ **E-statement**



3.10% Annual Percentage Yield (APY) paid on average available daily balances up to \$30,000.00 (0.50%APY paid on that portion of your average available daily balance above \$30,000.00) each period that the qualification requirements are met. If you do not meet the qualification requirements for a statement period, your account will earn 0.10%APY on your average available daily balance. Rates in effect as of 2/01/10. Available to consumer/personal account holders only. \$50 minimum deposit to open account. Subject to change without notice. Fees may reduce earnings. Debit card transactions are (POS) Point Of Sale signature or PIN only. Identity theft Protection not provided directly through UCNB and is subject to additional terms and conditions.

Member **FDIC**

Call 1.800.862.3683 or visit
www.ucnb.com

see more products on page 88 & 89

GEVRIL

Fine Swiss Timepieces since 1758



Parian & Sons
1-888-9-PARIAN

SERENADE

Dual Time Zones Automatic, Patented GV- AOASE Movement 18K Rose Gold, Louisiana Crocodile, Limited Edition: 50 Pieces

www.gevril.com
866-425-9882

mine
Reading their fa...
London...
MARKET
**European
off course
satellite
navigation**
Private industry
likely to be dropped
from Galileo project
By Judy Dempsey
BERLIN: The European Commission
is expected to announce Thursday that
it will scrap plans to build a satellite
navigation system in partnership with
private industry after the consortium
chosen for the most ambitious Euro-
pean technology project became mired
in disputes about funding, jobs and the
management structure, officials said
Wednesday.
Instead, the commission is likely to
propose that the €7 billion, or \$9.5 bil-
lion, project, known as Ga-
lileo, be funded by the public

• Jimmy Choo • Christian Louboutin • Rene Caovilla • Yves Saint Laurent • Giuseppe Zanotti

• Kimberly Ovitz • Rizal • Antik Batik • Elizabeth & James • David Lerner • Theyskens Theory • • IRO



World famous 50 foot designer shoe and handbag wall with over 250 styles.

Special Promotion!

Be the first to learn about exclusive sales and new arrivals at Coco Pari for fans & followers only!

facebook

facebook.com/CocoPari

twitter

twitter.com/CocoPari



Yves Saint Laurent



Christian Louboutin



Jimmy Choo



Rene Caovilla



Brian Atwood

OPEN SUNDAYS 12 – 6PM!

RED BANK 17 Broad Street • Red Bank, NJ • 732-212-8111

Mon.-Fri. 10am-9pm • Sat. 10am-10pm • Sun. Noon-6pm

Exit 109 off G.S.P (40 minutes from Bergen County)

DEAL 270 Norwood Avenue (Route # 71) • Deal, NJ • 732-517-1227

Hervé Léger • Mandalay • Camilla & Marc • Rachel Zoe • Mackage • Diane Von Furstenberg

Coco Pari

RED BANK, NJ • DEAL, NJ

WWW.COCOPARI.COM

RIHANNA
performs live
on stage in
MANDALAY
at halftime of the
2011 NBA ALL-STAR

*“Experience Coco Pari
– a true fashion icon
that’s worth traveling
hours to visit.”*

– Industry Magazine

*“Thank you to the
wonderful staff that
helped me choose the most
BEAUTIFUL
Mandalay evening dress and
Christian Louboutin shoes
for my rehearsal
dinner party!!! I love it and
feel just like a movie star!!”*
– Susie, NYC

*“Best fashion consultants
in the state.”* – NJ Life

*“Voted Best Boutique
in New Jersey.”*
– New Jersey Monthly!

*“I love shopping at
Coco Pari! It's great to
have a selection of
designers right in my
own backyard. The
detail and attention
provided by the staff
is unmatched. Faith,
my fashion coordinator,
makes sure that I not
only find what I am looking
for, but that I enjoy the
experience of shopping for it
as well. Thank you
Coco Pari for making
shopping what it should be:
a wonderful and beautiful
experience!”*
– Joanne G., Aberdeen, NJ



faith west events



AWARD WINNING EVENT PLANNER

HIGHEST DEGREE OF EXCELLENCE IN EVENT PLANNING

www.faithwestevents.com



got faith?



Skin Deep Salon and Spa

Spring Savings



New For Spring!
20% Off!

- Mediterranean Manicure
- Mediterranean Pedicure
- Intense Moisture Infused Facial



SKIN DEEP
Salon and Spa

1330 Springfield Avenue · New Providence, NJ
908.508.1800 · skindeepdayspa.com

healthy

EDGE

The Driven to Win Issue

PUBLISHERS

GRANT KNAGGS, DOUG HARRIS

VICE PRESIDENT BUSINESS DEVELOPMENT

JEFFREY SHANES

EDITORIAL

MANAGING EDITOR MARK STEWART

EDITORS CHRISTINE GIBBS,
DOUG HARRIS, KATHRYN C. SALAMONE

FOOD EDITOR MIKE COHEN

STYLE EDITOR DAN BRICKLEY

FASHION EDITOR VICTORIA MCDUGAL

ASSIGNMENTS EDITOR ZACK BURGESS

BUSINESS EDITOR MIKE KENNEDY

EDITORIAL ASSISTANTS RACHEL RUTLEDGE, ALISON CARDULLO

ART

DESIGN DIRECTOR JAMA BOWMAN

PHOTOGRAPHY

LIFESTYLE & FASHION NADINE RAPHAEL, LAUREN NITTI

SALES TEAM

908-994-5138

KEITH GALUTEN, ROB RUBILLA, JEFFREY SHANES

WEB

DEVELOPMENT & DESIGN KURT P. WAGNER, A3GFX.COM

TRINITAS REGIONAL MEDICAL CENTER

CHAIRPERSON MAUREEN SHAUGHNESSY, SC
PRESIDENT & CEO GARY S. HORAN, FACHE

PRINTER

BROWN PRINTING COMPANY
EAST GREENVILLE DIVISION

LETTERS TO THE EDITOR

EDGE c/o Trinitas Regional Medical Center
Public Relations Department
225 Williamson Street | Elizabeth, New Jersey 07207

VISIT US ON THE WEB

www.edgemagonline.com

This is Volume 3, Issue 2. This material is designed for information purposes only. None of the information provided in Healthy Edge constitutes, directly or indirectly, the practice of medicine, the dispensing of medical services, a professional diagnosis or a treatment plan. The information in Healthy Edge should not be considered complete nor should it be relied on to suggest a course of treatment for a particular individual. You should not rely on information provided in Healthy Edge as a substitute for personal medical attention, diagnosis or hands-on treatment. You should never disregard medical advice or delay in seeking it because of something you have read in Healthy Edge. If you have any healthcare related concerns, please call or see your physician or other qualified healthcare provider. The views expressed in columns appearing in this magazine are not necessarily the views of the publisher. Although every effort is made to present accurate information, schedules, hours, prices and other materials, these are subject to change and are not guaranteed.

EDGE is published bi-monthly by Trinitas Regional Medical Center located at 225 Williamson St., Elizabeth, NJ 07202. April/May 2011



VOLUME 3, NUMBER 2 2011



ISN'T



IT



TIME?

SALES · SERVICE · ACCESSORIES

JMK SAAB.COM

345 Route 22 East • Springfield, NJ
1.973.379.7744 • 1.888.356.5269

JMK BMW.COM

391 Route 22 East • Springfield, NJ
1.888.356.5269 • 1.973.379.7744

EDGE

inside

EDGE Food
Three for the Money16
ANDREA CLURFELD

EDGE Travel
Tee Party25
MIKE KENNEDY

EDGE Home
Driving Ambition31
CALEB MACLEAN

EDGE Interview
Gloria Gaynor39
ZACK BURGESS

Healthy EDGE
Do Not Enter47
LISA MILBRAND

Healthy EDGE
What's Up, Doc?57

EDGE Fashion
Clutch Performers65
PHOTOGRAPHY BY NADINE RAPHAEL

EDGE Feature
A Sniff of Victory75
MARK STEWART

EDGE Interview
Martin Truex Jr.80

The Driven to Win Issue

EDGE Community
Schedule of Events86

EDGE Family
The Art of the Reach91
ERIN AVERY

EDGE Feature
Stars & their Cars98

16



25



65



ON THE COVER

Photo of **GLORIA GAYNOR** courtesy of Troy Word.

ON THE RIGHT

Dress: **MARC BY MARC JACOBS** • Jewelry: **MARCO BICEGO** Jaipur collection, 18k yellow gold double circle drop earrings set with multi colored semi precious stones; **CHIMENTO** Passione collection 18k yellow gold necklace set with 0.40ct in pavé set white diamonds.

heirlooms...



So your children can have more than just stories.
Hamilton creates heirlooms treasured by countless generations.

Hamilton's Rare Gemstone Collection.
Handcrafted rings in platinum and 18k gold.
Shown left to right: Rubellite, lavender tourmaline,
natural mint garnet, hyacinth zircon, pink spinel.

HAMILTON
FAMILY-OWNED JEWELERS SINCE 1912

PRINCETON LAWRENCEVILLE RED BANK PALM BEACH PALM BEACH GARDENS
VISIT US ONLINE AT HAMILTONJEWELERS.COM

Enrich your life with love. And with wedding jewelry as rich as your love. For less than wholesale prices.

Loose & Set Diamonds • Custom Engagement Rings
 Timeless Anniversary Collection • Free Layaway
 Beautiful Selection of New & Estate Jewelry
 Authorized Dealer: Movado, ESQ & Pulsar
 Watches, Swarovski Crystal

WM. S. EST 1890
RICH & SON
 NJ'S LARGEST PAWNBROKER JEWELER

800.781.5018 • 1000 Stuyvesant Avenue, Union
 RichJewelryNJ.com • "Rich&Son Jewelry" on Facebook
 ALSO: NEWARK • BELLEVILLE • ELIZABETH • NORTH PLAINFIELD • UNION CITY



President's Message

A dozen snowstorms from December through February and snow during the first days of Spring. Enough already of Winter 2010 – 2011! We all look forward to a refreshing and prolonged Spring this year.



This issue takes a look at fine weather activities from golf to driving. The theme, Driven to Win, takes in everything from “driven” celebrities such as disco diva and New Jersey native Gloria Gaynor to NASCAR speedster Martin Truex, Jr. Champion scholars and their parents get solid advice on how to cross the finish line at a “reach” school. Even family members of the four-legged kind shine in a story about champion canines. On the health front, we look at America’s passion for “drive thru” cuisine, the health dangers it poses and how just a little serious planning at meal time can help keep us all in the “healthy lane.” We also feature winning restaurants in Westfield that are a quick drive from anywhere in Central New Jersey.

Enjoy this issue that brings the wind through your hair and welcome rays through your sunroof! On behalf of all of us at Trinitas Regional Medical Center, I hope you have a healthy and invigorating spring season.

Sincerely,

Gary S. Horan, FACHE
 President & CEO
 Trinitas Regional Medical Center



Trinitas Regional Medical Center is a Catholic teaching institution sponsored by the Sisters of Charity of Saint Elizabeth in partnership with Elizabethtown Healthcare Foundation.



State of the Art Bathrooms

New Construction | Renovations | Radiant Heat

Featuring Moen & Kohler Plumbing Products
Camera Inspections • 24 Hour Service

Dufek & Migliaro
PLUMBING & HEATING INC.

www.dufekandmigliaro.com

Licensed
Bonded
Insured



333 Hurst Street | Linden, NJ 07036 | 908.862.7993

Lead Safe EPA Certified Firm, NAT-87574-1

NJ Home Improvement Constructor #13VH02549200



Our Rapid Arc™ radiation therapy
attacks tumors in 3D.



Imagine radiation therapy that delivers maximum benefit, but up to eight times faster than previously possible. That's the new RapidArc™ radiotherapy technology now available at Trinitas Comprehensive Cancer Center.

Instead of the previous 20 to 30 minutes for radiation treatment, RapidArc™ delivers a 360°, three-dimensional dose of therapy in the time it takes to read this ad (about 90 seconds).

And because it is so precisely targeted, RapidArc actually delivers less radiation and provides superior protection to healthy tissue.

This is a major advance in radiation therapy. And it's available right here, right now. Beautiful.



That's the beauty of Trinitas.

TRINITAS REGIONAL MEDICAL CENTER 225 Williamson St., Elizabeth, NJ 07207 • 908-994-8000 • www.TrinitasRMC.org

CENTERS OF EXCELLENCE: Behavioral Health • Bloodless Medicine & Surgery • Cancer Care • Cardiology • Diabetes Management • Maternal & Child Health
Renal Services • School of Nursing • Senior Services • Sleep Disorders • Women's Services • Wound Healing & Hyperbaric Medicine

2 Great Brands...



LINCOLN

OVER 300 VEHICLES AVAILABLE

- Free Service Loaners
- Free Shuttle Service
- Free Pick-Up and Delivery to your home or office
- Saturday Service Hours



A level of courtesy, service and savings that's second to none since 1963.



MAPLECREST

AUTO GROUP



2800 SPRINGFIELD AVE • **UNION** • 908.964.7700

MAPLECRESTCARS.COM

... 1 Great Location.

PRESENT THIS CERTIFICATE FOR

\$1000.00

TOWARDS THE PURCHASE OR
LEASE OF ANY VEHICLE IN STOCK.

Must present certificate to a consultant, upon entering the dealership. Offers cannot be combined. One per customer per purchase or lease. Exp 7/31/11.



Drive one.



A level of courtesy, service
and savings that's second
to none since 1963.

MAPLECREST

AUTO GROUP



2800 SPRINGFIELD AVE • **UNION** • 908.964.7700

MAPLECRESTCARS.COM

There's
Something Better
In **Madison!**



— *We Make The Difference!* —

Madison Honda

280 Main St., Madison, NJ • 973-822-1600

Make Your Next Service Appointment On The Web... madisonhonda.com



Minutes From Everywhere!



Laser Spine & Pain Specialists

Union Anesthesia Associates, P.A.

Providing the *Best* Solutions for Pain

Neck and Back Injuries
Minimally Invasive Pain Management
Endoscopic and Laser Spine Surgery



Union County

695 Chestnut St
Union, NJ 07083
908.851.7161

Middlesex County

40 Route 34 South
Old Bridge, NJ 08857
732.727.1771

Somerset County

141 Main Street
S. Bound Brook, NJ 08880
732.369.6920

Hudson County

654 Broadway (2nd Fl)
Bayonne, NJ 07002
201.725.7708

www.unionspinepain.com

BUILT BY RACERS, FOR RACERS...



- Real side-by-side racing
- Group events & private parties
- Emission-free karts
- Video games, pool tables, food & more
- Adult and kids karts



99 Caven Point Rd., Jersey City, NJ 07305 201-333-RACE (7223)
www.PolePositionRaceway.com

EDGE

restaurant

Three for the Money

A Trio of Westfield Winners

by Andrea Clurfeld

If at first you succeed, why not keep at it? It's hard to remember a time when **Theresa's** wasn't around to feed families who realize they can't make meal ends meet in between soccer and homework. Or couples who commute and, on occasion, want more than take-out rotisserie chicken and strip-mall Chinese. Or 20-somethings just off the train who are looking for a gathering place with more eats than drinks.

The successful formula at this Italian-leaning, something-for-everyone restaurant on Elm Street encouraged founder and guiding

Theresa's

47 Elm St., Westfield, 908.233.9133

Mojave Grille

35 Elm St., Westfield, 908.233.7772

Isabella's American Bistro

39 Elm St., Westfield, 908.233.8830

These three restaurants are all BYOB. Prices are moderate and credit cards are accepted at each. All three are open daily for lunch and dinner, except for Isabella's, which is closed Mondays. Though there are no reservations taken, there is a call-ahead system in place the day you wish to dine: About an hour before you plan to arrive, call the restaurant and your name and party size will be placed on a list. Most nights, this cuts down on the wait time for a table. All are casual spots; at peak times, noise levels can be high.



Photo credit: BigStockPhoto.com

“You’d think meatloaf is only served in this country when the moon is full on a fourth Tuesday the way some people attack slices of the stuff.”

force Robert Scalera to open a Southwestern-style spot called **Mojave Grill**, a mere blink away in downtown Westfield. Now folks craving a good bowl of black bean soup, quesadillas with punch and pizzazz, and chile-infused main courses had a downtown alternative in the same come-as-you-are vein as Theresa’s.

And when it seemed there was a niche not yet explored, **Isabella’s American Bistro** was born in yet another storefront on Elm. It borrows culinary themes now and again from its siblings, but does have a much-loved jazzed-up meatloaf, wasabi-crusting seafood specials and a fruited bread pudding locals can’t do without. In other words, bistro style with an American-food attitude.

An old friend from Westfield told me her four kids might have gone hungry during their high school days if not for Theresa’s and Mojave. They were at one or the other—

sometimes both—every week. They’d all zero in on their favorite dishes, order and feel sated. Tara King, catering manager for all Scalera’s restaurants, says the faithful indeed do pop in two, three nights a week. And that doesn’t include lunch stops, since they all serve midday meals as well.

Curious? Come dine with us then. We took in dinner at each of the Westfield mainstays to catch the individual flavor of each place. Neighborhood joints though they may be, there’s a sense of pride in the crafting of dishes that’s not always apparent in restaurants with a similar purpose and point of view. Ingredients are fresh. Stocks are made in-house, not purchased in vats from food distributors. Though there are no ahead-of-time reservations to be made, there is a nightly call-ahead system that keeps table waits to a minimum. The restaurants routinely are packed to the gills, but on most occasions, there’s commendable flow from kitchen to table. Scalera’s restaurants are well run.



Organic & Natural Foods



A Full Line of
AMERICAN GRASS-FED GRASS-FINISHED BEEF
Rich in Omega 3 & CLA



• NO Antibiotics
• NO Growth Hormones
• NO Pesticides
• NO Preservatives
NOTHING to Harm Your Family!



Healthy, Whole Foods For Your Family

- Aged Prime Quality
- Gourmet Trim
- Individual Portion Packaging
- Meats, Seafood, Vegetables, Juices, Desserts, Groceries and More

Delivered to Your Family at Prices You Can Afford

Simplicity & Convenience
Spend Less Time Shopping and More Time
Doing the Things You Enjoy!

2 Weeks of FREE Food

with 1st Quantity Food Order

GREATER LIVING FOODS

With this coupon. Not valid with other offers or prior purchases. New customers only.



USDA Inspected to ensure safety & quality.
Serving NJ, PA, VA, MD & NY

Call a home food consultant for your customized order!

888.761.7177



THERESA'S

The always-smart partnership of shellfish and beans makes for a simple, yet engaging starter. Shrimp are marinated, then grilled, and plated with a white bean salad.

The pair is united by a sweet flash of roasted red pepper and the herbal kick of a pesto-laced oil. Flashy and fussy? No. Soulful and satisfying? Yes.

So is a local favorite pasta dish, the now-classic penne with vodka sauce. It's so often tired and trite, laden with massive amounts of sauce that prompt giggles among teens, who think they'll get a buzz from a sauce labeled "vodka." Sorry. There's a vaguely astringent quality to the spirited sauce, but what gives Theresa's version of the dish a lift above the norm is the carbonara-like addition of crumbled pancetta and sweet peas. Potent in a non-alcoholic way.

It's possible that riots would ensue in genteel Westfield if the asiago-crusting chicken ever were taken off Theresa's menu. Our polite server on this night said there was no chance of that. Folks love the cheese-on-cheese aspect of the dish, what with mozzarella layered in the mix. It's all balanced by a dose of tomato and a garlicky cream sauce. If you're looking for a sweet-tart sensation, give the balsamic-and-apricot-glazed pork tenderloin a go. It's got the appeal of something barbecued as well as a couple of hearty standbys on the side in garlic-licked mashed potatoes and a tangle of spinach.

The dessert of choice? A dense, yet light, flourless chocolate cake that demands, and receives, a dollop of vanilla gelato.



Photo credit: iStockphoto/Thinkstock

Photo credit: iStockphoto/Thinkstock



BRINGING YOUR OWN

For Theresa's, consider a vernaccia from Tuscany or a vermentino from Sardinia as your whites. A vernaccia is generally full-bodied, yet crisp, while a good vermentino is nicely perfumed, with a rush of acidity. In a red, look for a spicy primitivo from the south of Italy.

For Mojave, think about starting off with cava, the sparkling wine from Spain, and moving on to a succulent monastrell from Jumilla or Yecla in Spain. Bargains in reds abound from both regions.

For Isabella's, go American, with a zesty riesling from Washington state or a berry-rich zinfandel from California. As alternatives, consider a sauvignon blanc from New Zealand and a shiraz from Australia.



NORTHERN ITALIAN STYLE CUISINE

Star Ledger rated "Excellent"

Jersey Monthly rated "Excellent"

Celebrate Easter and Mother's Day with us...

Communions • Confirmations • Bar/Bat Mitzvahs
 Graduations • Showers • Rehearsal Dinners
 Anniversaries • Birthdays

Prix Fix Three-Course Dinner Menu for only \$30.95

with great choices such as Risotto, Mediterranean Branzini, NY strip steak and more.

Use your customer 'Loyalty Card' and receive 10% off this special

1072 US 22 West | Mountainside, NJ
 908.233.3553 | www.mosaico22.com
facebook.com/MosaicoItalianRestaurant

THE HITS KEEP COMING...

The Theresa's-Mojave-Isabella's folks didn't stop in Westfield. For those who shuffle down to the Shore every summer, there's a Theresa's South on the main drag of Bay Head with a twin of a menu. And there's a new Scalera's creation, 32 Church, over in Montclair. That one, which offers on its menu an eclectic selection of favorites from Theresa's, Mojave and Isabella's, is coming up on its first anniversary this spring. You don't mess with success. You spin off from it.



MOJAVE GRILL

There was a special soup on tap the night of our visit that intrigued: caramelized onion and potato, punctuated by the freshness of scallions and topped with crisped onions that have been shot through with cayenne. Of all the Scalera concepts, I've liked Mojave the best. There's bolder seasoning and more of a distinctive personality on the plates, particularly on the specials' roster. This soup crystallizes why?: The onion-potato soup is thick, rich and calls for counterpoint, which it gets in the rawness of the scallions and the heat of the crunchy cayenne'd onions. The signature black bean soup needs its jalapeno spike, as well as the luxurious lime *crema*, chunks of avocado and chopped, spiced tomato. Extra dimension in a dish is why we eat out, so we can experience what we might not do for ourselves at home.

We tend not to make tuna ceviche at home very often, either, which is why Mojave's faithful snag the chunks of



Galloping Hill Caterers

Come visit our newly renovated facility. We offer a unique atmosphere of elegance and romance at prices that make sense.

Weddings • Buffets • Anniversaries
Showers • Corporate Parties • Banquets

Galloping Hill Road and Chestnut Street
Union, New Jersey 📞 908-686-2383

Family owned since 1925

- Restaurant
- Banquet Facilities
- Bar
- Patio with Free Live Entertainment
(Saturdays in the Summer, please call for details)

*Buy 1 Dinner
get the 2nd
Entree 1/2 Price*

Must be of equal or lesser value (up to \$10). Not valid on lunch, holidays or with early bird specials. Three coupons per visit. Not to be combined with any other offer. Expires 5/31/11.

Hours:
 Mon-Thu 11:30 am - 10:00 pm
 Fri-Sat 11:30 am - 11:00 pm
 Sun 12:00 pm - 10:00 pm

201 Front St. | Perth Amboy, NJ 08861
732-442-3000
www.thebarge.com



Photo credit: iStockphoto/Thinkstock



wasn't taken with the yucca-crusting grouper, a nightly special, for the grouper was overcooked, the taste of the yucca not doing a thing for the fish, and the red pepper puree overwhelming. The one-two punch of seared flank steak topped with a vigorous *chimichurri* hit on all cylinders, though—and it just might make you whip up your own take on the parsley-garlic-hot pepper-vinegar sauce this summer when you're grilling a flank steak in your backyard.

yellowfin made brazen by ginger and *pasilla* chilies and then soothed by cooling cucumbers and avocado. Tune into the pulled chicken enchiladas and, if you're in the mood for comfort food, for the ancho *mole*, red rice and black beans with a swath of *cotija* cheese and sultry *crema*. They're just about as harmonic as a chorus from The Mamas and The Papas.



If you're craving quesadillas, nab the blackened chicken number that comes cosseted with a Monterey Jack-esque cheese and a generous slather of avocado-basil *aioli*. I

As I scooped up the last of the spiced walnuts in the orange-and-arugula salad at **ISABELLA'S**, I sensed an impatience on the part

of my dining companion. It took no special powers of deduction for me to realize my pal wanted our bacon-Cheddar meatloaf now.

It soon arrived and began to disappear. I managed to score two bites and reasonable enough spoonfuls of mashed

If you are looking for a quaint and romantic candlelit dining experience,

look no further than Café Lia, Cranford New Jersey's newest Italian restaurant. Specializing in fine Italian cuisine, Café Lia is sure to impress with their delicious food, elegant atmosphere and superb attention to service and detail. Whether you are seeking an unforgettable lunch, an intimate dinner or just a fun night with friends for appetizers, drinks or dessert, anytime is a perfect time to visit Café Lia. We have a full bar, can accommodate private parties up to 65 people and even offer off-premises catering. Please check our blog for upcoming events, live entertainment and daily/weekly dining specials from our executive chef.

*Full Bar • Live Entertainment on Weekends • Private Parties
Extensive Wine List From Throughout The World*



Café Lia

117 N Union Avenue | Cranford, NJ 07016
(908) 276-4110 | www.CafeLiaNJ.com

New Jersey's Fine Italian Cuisine - Where the food and atmosphere speak for itself.



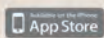


"PROOF THAT A SPECTACULAR VIEW AND EXTRAORDINARY FOOD CAN COEXIST" - ZAGAT SURVEY

"***" - STAR LEDGER**

"EXCELLENT" - NEW YORK TIMES

Highlawn Pavilion is also available for weddings, rehearsal dinners and life's most important celebrations.



EAGLE ROCK RESERVATION • WEST ORANGE, NJ
973-731-3463 • WWW.HIGHLAWN.COM



- ✂ Extensions
- ✂ Hair Replacement
- ✂ Ammonia Free Hair Color
- ✂ Airbrush Makeup / Tanning
- ✂ Bridal Services
- ✂ Brazilian Blow Out / Keratin Treatments

Viva Glam Salon

1117 South Avenue
Westfield, NJ 07090
908.233.0800

www.vivaglam.com



draping
lighting [fabricating] tablecloths [custom] decor
dancefloors [executing] lounge furniture
chairs [unique] bars [colors] floral
illumination ottomans

one call + one vendor = one affordable price

what's your [next] event?

jersey street furniture
[rental]

www.jsfrental.com

441 clifton blvd, clifton, new jersey 07013 :: T: 973.779.7444 :: F: 973.779.6444



Photo credit: iStockphoto/Thinkstock

potatoes and creamed spinach, both of which benefit from gravy chunky with shallots. You'd think meatloaf is only served in this country when the moon is full on a fourth Tuesday the way some people attack slices of the stuff. There's no denying the appeal of Isabella's meatloaf. (Which has a lot to do with an abundance of bacon, I suspect.)

While the attack on the meatloaf was taking place, I took advantage of an uninterrupted spell communing with the night's special ravioli: pasta pockets stuffed with goat cheese and roasted red peppers, then drizzled with a vibrant tomato-pesto sauce. There's an accord reached on the fettuccine tossed with baby shrimp, corn, sweet peas, sundried tomatoes and mushrooms, all of which is bound by a chipotle-charged cream sauce. This is vintage Scalera and what I think his restaurants do best: Take a bunch of familiar ingredients, a concept that's not off-putting, then jazz it all up to the level of food you expect when you go out to eat.

My wish for Isabella's? That it would pair a cut of beef other than filet mignon with a crust of peppercorns. That intense coating would work much better with a chewier, heartier flavor, such as strip steak or rib-eye, than it does with a mild-mannered filet.

But all ends well here with a banana-studded bread pudding streaked with caramel and served with vanilla ice cream. It usually does at Westfield's trio of winners. **EDGE**

Editor's Note: Andy Clurfield is a former editor of *Zagat New Jersey*. The longtime food critic for the *Asbury Park Press* also has been published in *Gourmet*, *Saveur* and *Town & Country*, and on *epicurious.com*.

Extraordinary
COLDWELL BANKER
Professionals
RESIDENTIAL BROKERAGE

Westfield - West Office • 600 North Avenue West • Westfield, NJ 07090

Simply The Best


GOLD
ELIZABETH A. BATAILLE


GOLD
JOYCE TAYLOR


GOLD
CAROL TENER


SILVER
CATHY SPLINTER


SILVER
BETH E. SULLIVAN


BRONZE
ROSALYN "ROZ" ALEXANDER


BRONZE
FRANCESCA AZZARA


BRONZE
PATRICIA CONNOLLY


BRONZE
ELAINE DEMYEN


BRONZE
KATHLEEN GOULDEY


BRONZE
DIANE S. KONTRA


BRONZE
SHARON A. LIES


BRONZE
JODI LUMINELLO


BRONZE
JULIE M. MURPHY


BRONZE
SHERRIE L. NATKO


BRONZE
MARY ELLEN O'BOYLE


BRONZE
ANNE SANK-DAVIS


BRONZE
JILL SKIBINSKY


BRONZE
NANCY JEAN G. WALKER


BRONZE
ANNE WEBER

» 2010 NJAR® Circle of Excellence Sales Award® «

Coldwell Banker Residential Brokerage proudly congratulates our Sales Associates who achieved membership in the NJAR® Circle of Excellence Sales Award® at the Gold, Silver and Bronze levels for their outstanding achievements in 2010. Their commitment to truly remarkable service delivered truly remarkable results for our buyers and sellers. We look forward to serving your residential real estate needs in 2011!


Gold: \$13 Million in Sales & 25 Units Silver: \$7.5 Million in Sales & 20 Units Bronze: \$3 Million in Sales & 13 Units

ColdwellBankerMoves.com/Westfield West

(908) 233-0065



© 2011 Coldwell Banker Real Estate LLC. Coldwell Banker is a registered trademark licensed to Coldwell Banker Real Estate LLC. An Equal Opportunity Company. Equal Housing Opportunity. Owned and Operated by NRT LLC.




CHECKING WITH EVERYTHING BUT HASSLES.

Just a \$100 minimum balance to avoid a monthly fee.

- ✓ Instant Issue Visa® Debit Card
- ✓ FREE Online Banking & Bill Pay
- ✓ FREE Mobile Banking App
- ✓ FREE Direct Deposit
- ✓ Live Customer Service 24/7

Stop in to learn more, call 1-888-751-9000 or connect to www.tdbank.com/checking



TD Bank
America's Most Convenient Bank®

1-888-751-9000 | www.tdbank.com

OPEN 7 DAYS • LEGENDARY SERVICE • HASSLE-FREE BANKING

Member FDIC TD Bank, N.A. | Most Stores open 7 days. TD Convenience Checking minimum daily checking balance required as of 03/09/11. © 2011 Visa U.S.A. Inc.

Summer is Coming...Preseason Prices Available Are You Ready For Summer?



Relax. It's Rheem.™



REEL-STRONG

HEATING & COOLING

"Big enough to serve...
small enough to care."

549 Lexington Avenue • Cranford
908-276-0900
Visit us online at www.reel-strong.com

| | | | |
|---|--|---|--|
| <p>UP TO \$1,900 in Rebates & Incentives On a New Rheem High Efficiency Heating & A/C Systems <small>Some restrictions apply. Expires 11/15/11.</small></p> | <p>PRE-SEASON SPECIAL \$300 OFF Any new Rheem heating system. <small>Cannot be combined with any other offer. Expires 5/30/11.</small></p> | <p>SAVE THIS COUPON \$20 OFF Any Service Call <small>Cannot be combined with any other offer. Not to be used for routine maintenance. No expiration date.</small></p> | <p>TAX REBATE EXTENDED \$500 Energy Tax Credit <small>These credits expire 12/31/11.</small></p> |
|---|--|---|--|



Tee Party

A glamorous golf getaway is closer than you think.

By Mike Kennedy

As a rule, it's wise to steer clear of playing 18 holes with any golf course owner who tells you one of two things: 1) His handicap is higher than the national debt; 2) He rarely gets in a round at the course he owns. Why is it prudent to avoid such a fate? Chances are, when you walk off the 18th green and settle up, your wallet will be noticeably lighter and you'll feel like you just spent four hours in an overgrown cow pasture.

That being said, Ken Wang isn't your normal golf course owner. And Pound Ridge Golf Club in Westchester County is hardly your normal course. "It has a sublime rhythm," says

Wang, a married father of three sons, MIT grad and brother of famed fashion designer Vera Wang. "You remember every hole individually. The course has a certain harmony and serenity."

"May and June are beautiful here," adds Todd Leavenworth, the general manager at Pound Ridge GC, "but you can't beat the fall. That's the best time of year for the course."

When Pound Ridge is green and lush, it's a sight to behold. Designed by the legendary Pete Dye, the course is about 90 minutes away from Central New Jersey. It's distinguished

Where life meets style.

Whether you are relocating, remodeling or simply rethinking, AVE is the perfect short or long term solution for your housing needs. When life changes, let AVE take care of your transition. With generous spaces, relaxed settings, contemporary design, and superb business, entertainment, fitness, and spa services, AVE is more than a rental, it is a way of life.



DISTINCTIVE FURNISHED AND UNFURNISHED RENTAL RESIDENCES BY KORMAN COMMUNITIES

UNION NJ 1070 MORRIS AVENUE
877.AVE.0246
 NEXT TO THE UNION TRAIN STATION
 WITH ACCESS INTO NYC

CLIFTON NJ 743 PASSAIC AVENUE
877.AVE.0245
 MINUTES FROM THE MEADOWLANDS,
 30 MINUTES TO NYC

SOMERSET NJ 199 PIERCE STREET
877.AVE.0247
 OFF EXIT 10 OF ROUTE 287

877.AVE.0244 AVELIVING.COM

by unique rock formations and breathtaking views, including several of the Long Island Sound. In typical Dye fashion, there is an exquisite logic to the course, a quality that appeals to the mathematician in Wang.

“It’s hard to pinpoint my favorite holes,” he says. “I love number 7, number 10 and number 11. They are gorgeous.”

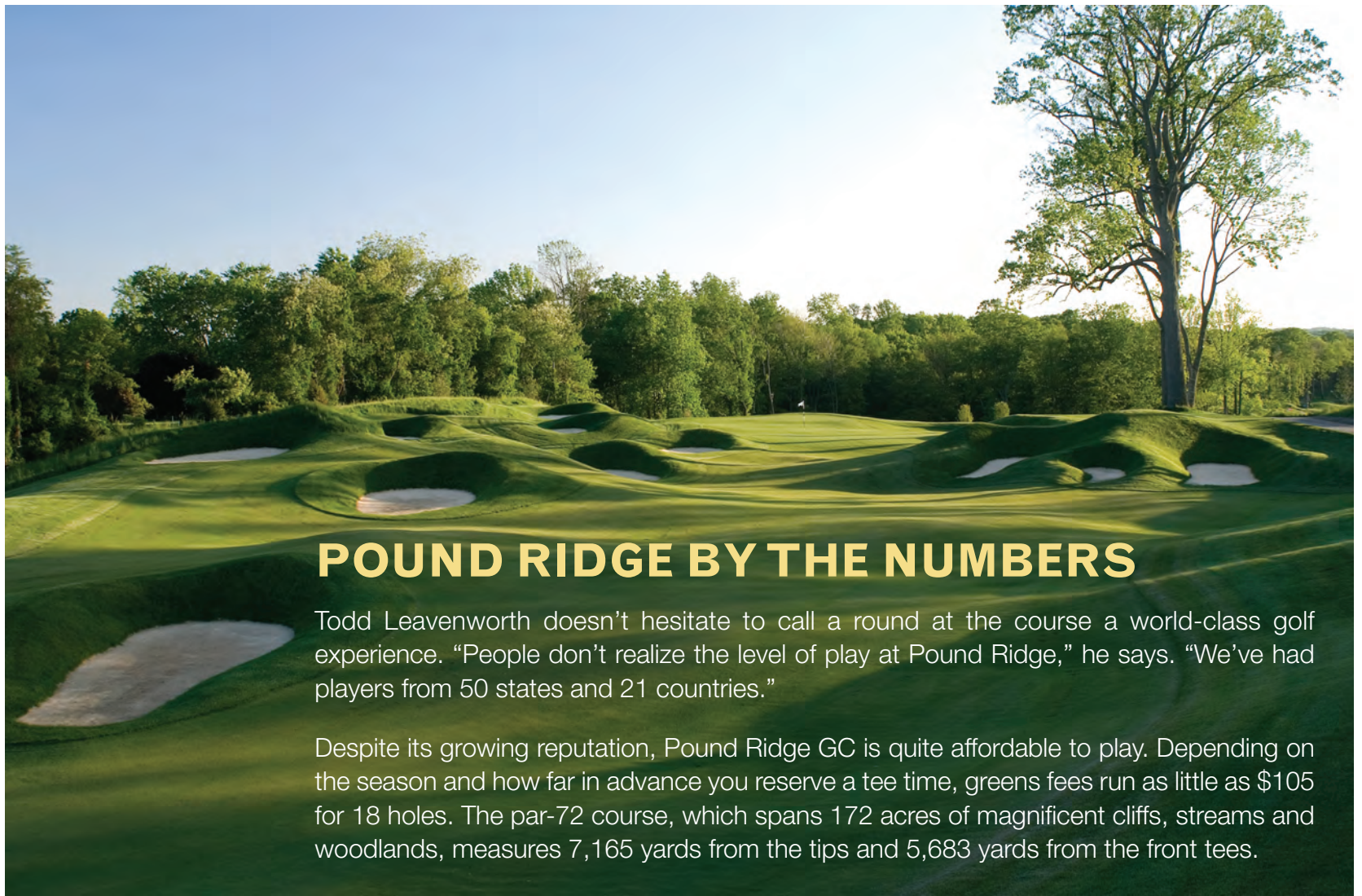
Leavenworth gushes about the par-3 15th hole known as Headstone. “It’s spectacular,” he says. “There is white marble behind the green that slopes at about a 20-degree pitch. You can actually hit to the marble and have the ball roll back toward the hole.”

One feature of Pound Ridge GC that golfers of all levels love is the number of tees per hole—a staple of any course designed by Dye. There are at least five tees on every hole, and some have six. “Pete is sensitive to the fact that all golfers don’t play at the same level,” says Wang. “When you play Pound Ridge from the correct tees, it’s a very enjoyable experience. The course is unusually fair to women.”

There’s a good reason for that—Dye’s wife, Alice. The winner of nine Indiana Women’s Golf Association Amateur Championships, she has her husband’s ear every time he starts work on a new course. “Pound Ridge was a family affair,” says Wang. “Alice gets extremely involved whenever Pete is designing a course. She makes him more in touch with how women play the game.”

“This is a really fun course for women,” he adds. “Probably more so than any other course I know.”





POUND RIDGE BY THE NUMBERS

Todd Leavenworth doesn't hesitate to call a round at the course a world-class golf experience. "People don't realize the level of play at Pound Ridge," he says. "We've had players from 50 states and 21 countries."

Despite its growing reputation, Pound Ridge GC is quite affordable to play. Depending on the season and how far in advance you reserve a tee time, greens fees run as little as \$105 for 18 holes. The par-72 course, which spans 172 acres of magnificent cliffs, streams and woodlands, measures 7,165 yards from the tips and 5,683 yards from the front tees.



Let the kids splash around,
you get to play in the sand.

To say there's something for everyone at Basking Ridge Country Club is an understatement. For golfers, there are eighteen holes of challenging golf that provide a true shot-making test that's fun for golfers of all skill levels, plus an extensive practice facility to prepare you for the challenge. For the family – it's the golf academy camps and clinics, and our swim club and pool with its expanded amenities and list of activities.

Finally, it's our long list of affordable membership options. And because we're a non-equity club, **no bond, initiation fee, monthly assessment or minimum** is required, making Basking Ridge Country Club an exceptional value for you and the entire family.

 **Basking Ridge Country Club**
185 Madisonville Road, Basking Ridge, NJ 07920

For complete information and to schedule a tour,
contact our membership department at 908-766-8200 x2
and visit baskingridgecc.com.



Photo courtesy of the Bedford Post Inn

Dye also puts a premium on exactitude. To score well at Pound Ridge GC, you have to hit the ball straight and the correct yardage. “The first time I played Pound Ridge, I felt like I had stepped into a math problem,” Wang recalls. “There’s an elegance to the course and artistry to the environment.”

That’s a good way to describe the area surrounding Pound Ridge, as well. The closest neighboring towns are Bedford in New York and Greenwich and New Canaan in Connecticut. Close enough for a day trip, the surrounding area also offers enough to build a romantic weekend or ladies overnight around a round or two of golf. There are great restaurants, charming inns, lots of antique stores and all manner of shopping.

Soon, says Wang, golfers at Pound Ridge GC won’t have to leave the course for a good meal. He has been working with architects on building a clubhouse. “It’s a funny project,” he says. “We’re talking about a ‘destination course’ in a residential area. We get local members and people flying in from London and Japan. We have several audiences to please.”

With the current trend in clubhouse construction trending toward downsizing, Wang has shed his notions of what a traditional design looks like. Fortunately, he has a sister who knows a little bit about style. “Vera is pretty hip,” Wang says. “I defer to the higher power. She reminds me that the world isn’t filled with wood-panelled walls.”

There’s always a chance that visitors to Pound Ridge GC will bump into Vera. According to Ken, she plays there several times a year. “Vera is a pretty good player,” he says. “I’m probably better on the first ball, but she likes to throw down a second sometimes. She’s usually better on that one.”

Ken’s sister isn’t the only celebrity who frequents the Pound Ridge area. Richard Gere, Susan Sarandon, Tim Robbins and Mike Myers are among those who claim residency in and around the town. Gere also owns a cozy place there, the Bedford Post Inn (above).

While Wang prefers to stay out of the spotlight, he can’t deny the legacy he has created at Pound Ridge GC. “I didn’t use to think of it in those terms,” he says. “I started playing golf as a kid. The idea to buy the Pound Ridge property came after my father built a house in town in 1980. When we decided to turn the course into 18 holes, it took nine years to get all the approvals. Now we have a glamorous golf course that is very sensitive to the environment. It’s unlike any other course in the area. It’s nice to know that you’ve built something that will be around for a long while.” **EDGE**

Editor’s Note: Mike Kennedy is EDGE’s Business Editor. Born and raised in Ridgewood, he is the best golfer on the magazine staff, which is how he pulled this assignment. Mike writes often about the business of sports, and has also authored several children’s books.



Pelican Spa, Pool & Patio Shops



NJ's Largest Outdoor Furniture Display



NJ's Largest Hot Tub Display

There's No Place Like Home



Complete Game Room Department



Custom Outdoor Kitchens

Pelican has a huge showroom on Rt. 10 in Morris Plains and will help you create the ultimate vacation paradise in your own backyard. Next-day delivery available from our on-site warehouse & custom orders are *NEVER* a problem! All top brands discounted. "It's Worth the Trip from Anywhere"



Huge Selection!

visit our website at www.pelicanpool.com

Huge 70,000 Sq. Ft. Showroom/Warehouse

2980 Route 10 West • Morris Plains • 973-267-0964

It's not how far away you go,
It's how far away you get.

"10 MOST LUXURIOUS SPAS IN THE US"

- Forbes.com

"TOP 15 DESTINATION SPAS"

- Travel + Leisure

"4.5 STARS"

Golf Digest's Best Places to Play

"BEST FOR CUISINE"

- Spa Finder Reader's Choice Awards



**THE LODGE
AT WOODLOCH**
A Destination Spa

866.953.8500

Nestled in the picturesque mountains of northeast Pennsylvania's lake region
90 miles from New York City

www.THELODGEATWOODLOCH.com



Driving Ambition

Two teens climb behind the wheel to take on their ultimate adversary: Mom

By Caleb MacLean

Mike and Suzanne are what some would call the classic suburban power couple. They are generous, good-natured and successful. Both are fit, focused and—when it comes to sports—fearsome competitors. Naturally, their teenage sons have followed in their parental footsteps. Michael (15) is a member of a state championship swim team. George (17) is

nationally ranked at two miles and a member of the winning 4 x 800 prep relay team at the Millrose Games in Madison Square Garden. Along with their growing collection of ribbons and trophies, the boys have also acquired the less-than-charming adolescent swagger that comes with the realization that they can now best Mom and Dad in almost any sport they choose.

TOP OFFICE FOR COLDWELL BANKER NEW JERSEY FOR 20 YEARS



WESTFIELD \$1,350,000
Kimberley Haley • 908-301-2004



WESTFIELD \$1,199,000
Maryalice Ryan • 908-928-9121



WESTFIELD \$1,195,000
Jayne Bernstein • 908-301-2006



WESTFIELD \$1,190,000
Susan Checchio • 908-301-2014



WESTFIELD \$949,000
Kathryn Shea • 908-301-2020



WESTFIELD \$940,000
Hye-Young Choi • 908-301-2015



WESTFIELD \$929,000
Frank D. Isoldi • 908-301-2038



MOUNTAINSIDE \$899,000
Lisette Guzman • 908-301-2059



SCOTCH PLAINS \$739,000
Jill Horowitz Rome • 908-301-2898



WESTFIELD \$739,000
John C. Wiley • 908-301-2025

COLDWELL BANKER HOME LOANS
1-888-317-5416

AHS HOME WARRANTY COLDWELL BANKER CONCIERGE®
PROGRAM • COLDWELL BANKER COMMERCIAL NRT
PREVIEWS® INTERNATIONAL ESTATES DIVISION
GLOBAL RELOCATION SERVICES
NEW HOMES & CONDOMINIUM DIVISION
VIEW THOUSANDS OF HOMES ONLINE
ColdwellBankerMoves.com



Michael Scott
Branch Vice President
908-233-5555

Westfield-East Office
209 Central Avenue
Westfield, NJ 07090
908-233-5555



©2010 Coldwell Banker Real Estate LLC. Coldwell Banker® is a registered trademark licensed to Coldwell Banker Real Estate LLC. An Equal Opportunity Company. Equal Housing Opportunity. Owned and Operated by NRT LLC.

One notable exception? Operating an automobile. Neither yet has the means (nor the license) to prove what, to them, is a foregone conclusion: that they are “better drivers” than their mother. This is the same woman, lest they forget, who has chauffeured them flawlessly to and from more practices and meets than they can, or she cares to, remember. Water under the bridge, Mom. It’s all about what you *can* do, not what you’ve *done*.

And so it was with considerable enthusiasm that Suzanne accepted the opportunity to put her two backseat drivers in the front seat for a Family Race one Thursday evening in March at Pole Position Raceway, the indoor karting venue located near the Liberty Science Center in Jersey City. She admits she was itching to teach Michael and George a lesson as all three pulled on their helmets and strapped themselves into their karts (which—because of Michael’s age—were limited to a still-speedy 30 mph).

Suzanne also admits to underestimating the fact that her sons work together like Velociraptors. With their three vehicles lined up one behind the other to start, the boys insisted she have the honor of taking the lead kart. In almost any race, both teens knew, you want your adversary ahead of you so you can choose the time and place of their ultimate defeat. In other words, she was dead meat before they started their engines.



The flag dropped and the three roared into the first turn. Moments later, Suzanne found herself in third place. A nudge from George and then a stronger bump from Michael sent her into the black-and-yellow padded barrier. By the time she got back up to speed, she was playing catch-up. She never did close the gap on her sons, who showed her no mercy and gave her no daylight. They were too busy fighting for fraternal supremacy. George edged Michael at the finish line, with Suzanne a few heartbeats behind.

“I should have realized they would never let me win,” she says bemusedly. “Even though I’m their mother, they will still win at any cost. The mistake I made was that I never should have started in front of them.”

In the days that followed, as Suzanne returned to chauffer duties, mother and sons had something new to discuss: the fact that they were now officially, indisputably and



Photo credit: iStockphoto/Thinkstock

VIRGINIA GARCIA PRESENTS... CUSTOM NEW CONSTRUCTION BY GIALLUISI HOMES



117 Hardwick Avenue, Westfield \$829,000
5 BR, 3.5 BA home with finished basement.



106 Arlington Road, Cranford \$799,000
4 BR, 3.5 BA home with finished basement.



637 Downer Street, Westfield \$790,000
4 BR, 3.5 BA home with finished basement.



VIRGINIA GARCIA
Sales Associate
Multi-Million Dollar Club • President's Circle
NJAR® Circle Of Excellence, 2007-2010
Cell: (201) 259-8291
Direct: (908) 301-2030
virginia.garcia@cbmoves.com
www.viriniagarcia.net
209 Central Avenue, Westfield, NJ



80 Tamaques Way, Westfield \$1,089,000
5 BR, 3.5 BA home with finished basement.
For recorded information, call 800-279-7893 x195



601 Norwood Drive, Westfield \$949,000
5 BR, 4.5 BA home with finished basement.
For recorded information, call 800-279-7893 x190

COLDWELL BANKER
RESIDENTIAL BROKERAGE

One Of The Top 10 Agents In Coldwell Banker Residential Brokerage's #1 Office In The Metro New York Area!

Owned & operated by NRT LLC.



Shari Holtzman

Choose with Confidence...
Your Realtor® - Your home - Your next move!



18 Stoneleigh Park, Wfd
 5BR, 3.1BA 1928 Tudor
 Wonderful period details.
 Spacious rooms. .49 acres
 \$1,060,000



266 Kimball Ave., Wfd
 1895 Victorian/Colonial
 Completely restored top
 to bottom. .46 acres
 \$1,525,000

SHARI HOLTZMAN, MBA
 Realtor® Associate
 President's Club
 NJAR Circle of Excellence—2009-10
 Office: 908-233-5555 x 210 Cell: 908-868-6299
shari.holtzman@cbmoves.com
 Visit: www.makeNJhome.com




Coldwell Banker Residential Brokerage
 209 Central Ave. Westfield, NJ 07090



Sales & Installations

- wide variety of windows & door products
- free estimates
- informative consultation
- showroom display
- professional installations
(no subcontractors)

Service

- storm & screen panel repairs in our shop
- replacement of insulated glass with seal failure
- service to our installed products to insure longest life possible



24 Franklin Place • Summit
 908-273-3224 • www.hgedwards.com
 email: info@hgedwards.com

*Visit our showroom in downtown Summit
 between Hobart & Summit Avenues*

“Even though I’m their mother, they will still win at any cost. The mistake I made was that I never should have started in front of them.”

undeniably “better drivers” than she—against a wealth of evidence still to the contrary. Suzanne reminded Michael and George that she had nearly caught up to them after they sent her into the wall. They corrected their mother, informing her that she had actually fallen a *full lap* behind! Shifting gears quickly, Suzanne pointed out that handling a kart at 30 mph takes considerably less skill and experience than zig-zagging through Turnpike traffic at 75 (although for the

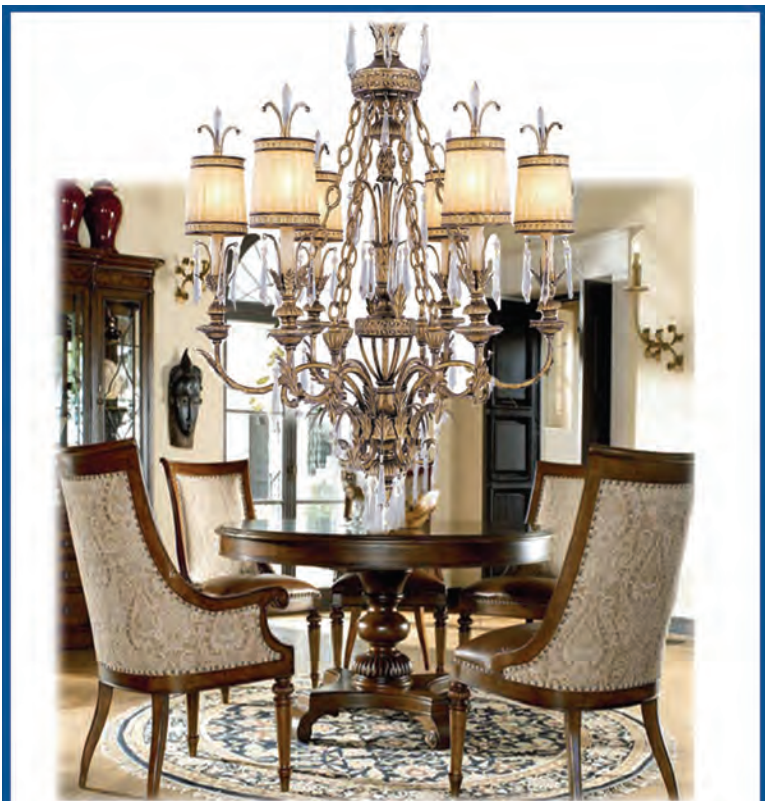
record she has *never* done that). Blank stares. Exasperated, Suzanne said that intentionally running your *materfamilias* off the road doesn’t make you a “better driver”—it makes you a *dangerous* one.

Michael and George refused to dignify their mother’s accusations of collusion and dirty driving. Both maintain that Suzanne was the unfortunate victim of an unlucky accident.

The
KITCHEN CLASSICS
KITCHEN & BATH DESIGN CENTER

2268 SPRINGFIELD AVENUE VAUXHAULL, NEW JERSEY 07088

Telephone (908) 964-7101 • THEKITCHENCLASSICS.COM



CUTTINGEDGE
I N T E R I O R S

Union County's Largest Lighting Showroom

1233 W. St. Georges Ave
Linden, New Jersey 07036

Ph: (908) 925-7500 Ext.28 Fax: (908) 925-9240

Website: www.ceilighting.com



Authorized Dealer of hundreds of manufacturers

Thomasville
Livex
Quoizel
Quorum
Hinkley Lighting
Dolan Designs
ELK
Cyan Design
Emerson
Hubbardton Forge
James R. Moder



Framburg
Stein World
Artcraft
Currey & Company
Tech lighting
Visual Comfort
Uttermost
Frederick Raymond
Forecast
WAC
and many more....

Lamp Repairs Custom Lamp Shades Home Accents Free Design Services

Looking back, Suzanne says the only humiliation she actually suffered that evening was being photographed on the victory stand with her boys (now both six-footers) towering over her. Otherwise, it was a tremendous experience. "It was very entertaining," she says. "We thoroughly enjoyed ourselves. It's a great place. We hung out for an hour after the race. The people there couldn't be nicer."

Okay, down to brass tacks. In a return engagement, does Suzanne think she would avenge her defeat?

"I do," she says with a competitive smirk.

And just how?

"No way I'm divulging my strategy! Let's just say that Mom's still got a few tricks up her sleeve." **EDGE**

Editor's Note: Pole Position (polepositionraceway.com) is located off Exit 14B of the New Jersey Turnpike and is open seven days a week. Family Races are run Monday thru Thursday.

Maryalice Ryan

THE WESTFIELD AREA REAL ESTATE MATCH-MAKER

Are you considering a move to the areas of Westfield, Cranford, Scotch Plains, or Mountainside? No one knows the Westfield area better than Maryalice Ryan!

As a local resident, Maryalice is highly involved with the town and its people, and she knows what makes this area work so well. Her hard work, positive attitude, integrity and unsurpassed local knowledge have helped many clients to find their perfect match of a home.

Make Maryalice your Westfield area match-maker!



**COLDWELL
BANKER**
RESIDENTIAL BROKERAGE

Maryalice Ryan
MBA, ABR, SRES, ASP
Sales Associate

Direct: (908) 928-9121
Office: (908) 233-5555 Cell: (908) 917-5801
Email: maryaliceryan@comcast.net



R 209 Central Ave, Westfield, NJ 07090 • Owned & Operated by NRT LLC 



GOT A TICKET?

What we do: TICKET DISMISSAL*

- ★ NYC Parking Tickets
- ★ NY Traffic Violations Bureau
- ★ Environmental Control Board
- ★ NY State Courts
- ★ NJ Municipalities
- ★ PA Magistrates
- ★ and many other states

www.cjsviolations.com

| | |
|--|---|
| <p>1812 Front Street Scotch Plains, NJ 07076 Tel: 908.322.4674 Fax: 908.663.2129</p> | <p>1421 Hamlin Highway Lake Ariel, PA 18436 Tel: 570.698.8670 Fax: 570.698.8675</p> |
|--|---|

***Over 70% of All Court Cases Reduced or Dismissed**

COLDWELL BANKER

Your new home maybe closer then you think
Download my free Mobile App to your smartphone for on the go access to prices, maps, photos and more! No matter what carrier you have or what phone you use, just text "ISOLDI" to "87778"

| | |
|--|--|
| <p>924 New England Drive, Westfield, NJ</p> <p>\$1,235,000</p> | <p>750 Lawrence Avenue, Westfield, NJ</p> <p>\$1,299,900</p> |
|--|--|

Stately & elegant, brick front 4 BR, 3.1 bath CH Colonial w/grand foyer, FDR, LR w/fplc., 1st flr. Den; MBR w/private bath; situated on 1/2 acre w/ fabulous enclosed rear porch & in-ground pool.

Classic & light-filled 4 BR, 2.2 bath CH Colonial w/Formal DR & LR, Fam. Rm., study, Center isl. Kitchen, MBR w/private bath; finished rec. rm's on LL; nestled on just under 1/2 acre w/paver patio.

Frank D. Isoldi, Broker / Sales Associate
E mail: isre@aol.com
Office: 908-233-5555 x202

COLDWELL BANKER
RESIDENTIAL BROKERAGE

www.frankdisoldi.com

© 2010 Coldwell Banker Real Estate Corporation. Coldwell Banker® is a registered trademark licensed to Coldwell Banker Real Estate Corporation. An Equal Opportunity Company. Equal Housing Opportunity. Owned and Operated by NRT Incorporated.

Come Walk The Red Carpet With

PREMIER

Event Entertainment

www.PremierEventEntertainment.com

**Premier is your one-stop full service
event entertainment company providing...**



DJ SERVICES



VIDEOGRAPHY/PHOTOGRAPHY



CUSTOM APPAREL



PARTY FAVORS & MUCH MORE!

**Contact us to discuss
your upcoming event!**

Phone: 973.951.0680

premierevententertainment@gmail.com

www.premierevententertainment.com



EDGE

interview

Gloria Gaynor



Photo courtesy of Troy Word

Her first Top 10 hit examined how hard it is to leave the man you love. Her signature song a few years later celebrated the act of booting him to the curb. **GLORIA GAYNOR** is all about adapting, evolving and celebrating life's triumphs, big and small. From her teen years in Newark as an aspiring entertainer to her ascent to Disco Diva, she has not only survived, she has thrived. As EDGE Assignments Editor **ZACK BURGESS** discovered, Gaynor has learned a thing or two about herself and others along the way. Still going strong more than four decades after first taking the stage, she is not an easy woman to slow down—even when examining her remarkable achievements and indelible music legacy.

EDGE: You have quite a résumé in Soul, Gospel and R&B. Yet most people associate you with Disco. Is that a good thing or a bad thing?

GG: It's kind of a double-edged sword. People who like disco music and associate me with it, I think that's great. But when people who like other genres don't associate me with those genres, well that's not a good thing.

EDGE: As disco faded in the 1980s, did that affect your career?

GG: Yes, it did. I received fewer calls from the United States to perform.

EDGE: During this time did you find yourself drawing strength from the



lyrics of *I Will Survive*? Did you do what you had to in order to survive?

GG: Oh, absolutely. On a number of occasions. I had to shift my career during this time, mostly to Europe, and also the Middle East, the Far East and South America.

EDGE: You just received the Golden Camera award for Lifetime Achievement in Germany. How much performing do you actually do in Europe during a typical year?

GG: I do a lot of performing in Europe. Probably 30 to 40 shows a year.

EDGE: Does your fan base differ overseas compared to the U.S.?

GG: Not a lot. My audience is 8 to 80 all over the world.

EDGE: Eventually, people came to see the classic disco songs as celebrations of an era of fun and innocence. Did you sense that change?

GG: Yes, I did. Throughout my career I consciously tried to sing about things that gave people hope and encouragement, to uplift them. Not a lot of other artists were doing that. I think people became nostalgic for the old songs.

EDGE: *I Will Survive* has become an anthem for female empowerment. It's really taken on a life of its own. When Freddie Perrin and Dino Fekaris brought that song to you, did you sense that it was something more than just a potential hit?

GG: Oh, yeah. Immediately. Even before I heard the melody of the song, I knew that it was a timeless lyric that people

Complimentary shuttle service to/from Newark Airport & preferred local catering halls

Make it Magical

Wedding inserts for your guests to make reservations

Complimentary bridal suite with ten or more rooms committed

Direct train access into NYC for leisure time

Our In.viting Presidential Suite is perfect for wedding rehearsals to mingle with family and friends

Inquire within

HOTEL **indigo** AT SKYVIEW

ONE CARRIAGE CITY PLAZA
RAHWAY, NEW JERSEY
(732) 340-0076
SKYVIEWHOTEL.COM

UNION COUNTY PERFORMING ARTS CENTER AT RAHWAY

Bring Your Family

The National Touring Production of Meredith Willson's **THE MUSIC MAN** THURSDAY • APRIL 28

NEW JERSEY BALLET'S **Sleeping Beauty** A Kids & Families production. SUNDAY • MAY 1 • 3PM

JIM WEST'S Dinosaurs A Theatreworks USA production. SUNDAY • MAY 22 • 2PM

1601 IRVING STREET • RAHWAY, NJ 07065

732-499-8226
www.ucpac.org

Call the box office for details.

would be able to relate to throughout their lives. They had asked me what kind of lyrics and subjects did I want to sing about. When they heard that I liked to sing things that are powerful and touch people where they live, they said, “We believe you’re the kind of person that we’ve been looking for to sing this song.”

EDGE: Perrin wrote your first big hit, *Never Can Say Goodbye*, for the Jackson 5. You recorded it as part of an extended play dance record in 1974—which was really unusual at that time. Who made that decision?

GG: It was kind of a collaboration between me and the producer and the mixologist. Because I’m a dancer—I love dancing—the three and a half minutes of songs that played on the radio were never long enough for me. So the idea of having songs stretched out and strung together so that you would have a good 16, 17 minutes to dance was great for me. Plus, I thought about those DJ’s sitting in that little cubicle playing records and getting claustrophobic. I figured there were times when they just may need to get out of there...and every time they did, they could pull up my record!

EDGE: Very smart. A couple of years later, of course, everyone was doing EPs for clubs. Are you proud to think of yourself as a music pioneer?

GG: Absolutely. Oh yeah. I spearheaded disco along with Barry White—we’re in *The World Book Encyclopedia* for what we’ve done. I also think that we spearheaded the mixing that DJ’s do today, when it comes to stringing music together.

EDGE: Let’s turn back the clock now. Growing up in Newark, trying to break into the business, an important person in your early career was Johnny [*I Can See Clearly Now*] Nash.

GG: He was. My real name is Gloria Fowles. Johnny was like, “You know what? That is really *not* a stage name. You need to change it.” I agreed. He suggested I change it to a last name starting with G. He thought my fans would call me “GG,” which would endear me to them even more. He said *Gaynor*. I said *Good*. The first name that popped out of his mouth is the one that I chose.

EDGE: I read that you toured with The Cowsills in the 1960s. Seriously? I’m having a hard time picturing that.



Photo courtesy of Troy Word

GG: (*Laughing*) Well it was Johnny Nash’s label and he had a number of acts on there. The Cowsills, Johnnie Nash and I all toured together and it was great. We got multi-racial audiences. I still get multi-racial audiences. I suppose it started back then.

EDGE: Talk about Cleave Nickerson and your time with the Soul Satisfiers in the 1960s. That was your baptism by fire in the music business. How did touring with that group prepare you for what would come later?

GG: That prepared me for my career in a way most young entertainers don’t experience today. I went to the Midwest with Cleave Nickerson, the bandleader, for “two weeks” in January. We got back in December! During that time I honed my craft. I learned how to relate to an audience, how to work the stage. I learned how to handle a microphone. I learned how to dress. I learned how to put on a show even when there was no one on the stage but me. This is something young people don’t get today. One day they have a hit. Next day they’re on stage with no preparation whatsoever—and they are lost.

EDGE: You were finally “discovered” working at one of those

Imagine...

Life Without Breast Cancer.



SUSAN G. KOMEN NORTH JERSEY
RACE FOR THE CURE®

Essex County South Mountain
Recreation Complex
West Orange, New Jersey

Sunday
May 15, 2011

KomenNorthJersey.org/race • 908-277-2904 ext. 14



Presented by 

NATIONAL SERIES SPONSORS



Local Presenting Sponsors 

Go-Go clubs off Times Square. Was that a case of it's darkest before the dawn? Or did you feel that working in the city—*anywhere* in the city—put you in front of the right people to further your career?

GG: It was both. I had a few gigs sprinkled here and there when I took a job at the Wagon Wheel on 45th Street in Manhattan. The club owner saw me and asked if I would work with a band called The Radio, which played there. They did Top 40 music. I told him that I would think about it. My sister was working there as the hat-check girl and she said, "You know, Gloria, if you're going to be stationary anywhere, this is the place to be. Producers from all over New York come into this club. You can be seen and heard here." And sure enough, I took the job and that's what happened. I was discovered by Paul Leka of Columbia Records, and that's how I got my first recording.

EDGE: The theme of this issue is Driven to Win. How much of your breakthrough in the early 1970s do you chalk up to talent...and how much do you feel was due to your drive to succeed as an entertainer?

GG: I think it probably was an even combination of the two. But the drive was not for success. I was driven by my love for singing and performing. And, of course, my talent allowed me to do that. So I think that it was 50–50 between drive and talent.

EDGE: Now a lot of your drive has to do with charity work, particularly in health-related areas. Your association with the word "Survive" makes you appealing to these organizations... but what makes this type of work appealing to *you*?

GG: I'm studying psychology at the moment, and I've learned that I'm at that age when you feel it in your heart that it's time to start giving back. So that's what I do. I really enjoy it. It adds meaning and purpose to my life. Even when I perform, I'm trying to give people something beyond the duration of the concert. So I'm doing that in the community—trying to help, trying to be of service to people to help them have better, longer lives. And teach them to do the same when they come to a place where they can give back, too. **EDGE**

You Can Manage Your Diabetes!

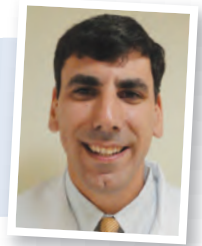


If you've just been diagnosed, or if you've been living with diabetes, quality medical care, encouragement and education can make a difference in your daily life.

As an American Diabetes Association fully-accredited diabetes center, the Diabetes Management Center at Trinitas Regional Medical Center is a center you can trust to help you effectively manage your diabetes.

Ari Eckman, MD

Director, Trinitas Diabetes Management Center
Graduate of Johns-Hopkins University School of Medicine in Baltimore
Specialist in Diabetes, Endocrinology & Metabolism
committed to patient care and education



A respected staff of certified diabetes nurses, educators and nutritionists offer classes and one-on-one counseling

Quality medical care and attentive nursing support designed with you in mind to make diabetes a manageable part of your life

TRINITAS DIABETES MANAGEMENT CENTER

Medical Office Building, Suite 202 | 240 Williamson Street | Elizabeth, NJ | 908.994.5490

THERE'S MORE TO THE JERSEY SHORE!



Discover New Jersey's Most Exciting Antiques Outlet SHORE ANTIQUE CENTER

"Where the Dealers Shop"

Antique Furniture, Lighting,
Fine Art, Collectibles

"Best of the Best" Antique Shopping
Award in 2010 & 2011

— Asbury Park Press Reader's Choice Poll

Beautifully Displayed in our
14,000 Square Foot Showroom

10 minutes from Exit 100/Garden State Parkway

732-531-4466 • open 11-5 daily
413 Allen Ave. • Allenhurst, NJ

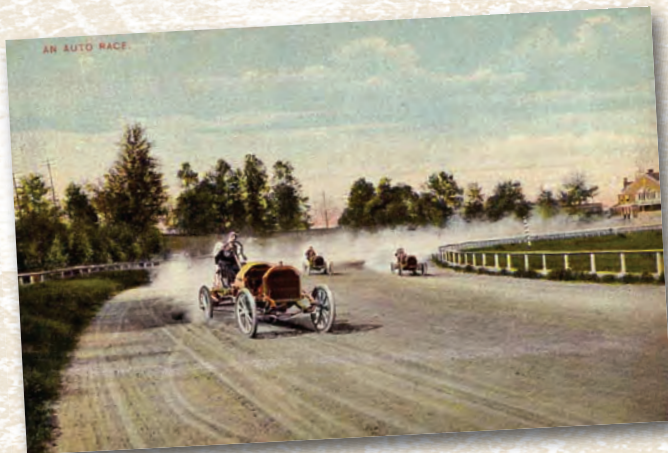
www.shoreantiquecenter.com



Net Results

Thanks to the Internet, New Jersey's automotive history is only a few mouse-clicks away. We were driven to find (and purchase!) these Garden State artifacts on the net.

by Mark Stewart



TRACK STARS

They were hot-rodding around Newark's Weequahic Park more than a century ago. **\$23**

WINDOW DRESSING

This classic decal was a best-seller at Garden State highway rest stops in the 1950s & 60s. **\$7**



SPIN CYCLE

A New Jersey couple prepares for their suburban escape in this 1950s Vespa promo. **\$45**

OUT AND ABOUT

This brochure helped intrepid travelers in the 1920s find their way around the state. **\$10**



SPLINTER GROUP

In 1911, the gateway to the Jersey Shore was the old wooden Highlands Bridge. **\$15**



LEARNERS' PERMIT

Back in the day, that first taste of the open road often began on the boardwalk at the old Castle Club track. **\$8**

EDGE PEOPLE

MORNING TREVOR

Trevor Bayne, the precocious 20-year-old winner of the Daytona 500, stopped by Pole Position Raceway in Jersey City to film a segment for *Good Morning America*. He is pictured here with *GMA* host Robin Roberts and Pole Position co-owners Karen Davis-Farage and Eyal Farage. Photo courtesy of Heidi Gutman/ABC.

THE WRITE STUFF

Two Trinitas doctors have authored books in the *100 Questions* series by Jones & Bartlett Learning. Josiane Cobert, MD, Chief, Child & Adolescent Inpatient Psychiatry Service, and Romulo A. Aromin, Jr., MD, Medical Director, Child and Adolescent Partial Hospital Programs, published volumes aimed at educating parents and adults who deal with adolescents.

PACE SETTERS

The Trinitas School of Nursing earned its first-ever Laerdal Medical Corp. Pinnacle Award for Collaboration in Education (PACE) for the school's leadership contribution to the development of standards and practices in simulation-based learning in nursing education. Dean Mary Lebreck Kelley displays the award during a reception in March.

WHEELING & DEALING

Fans of the reality series *Kourtney and Kim Take New York* are well acquainted with Kourtney's significant other, Scott Disick. While filming the series, Scott stopped by Bentley Parsippany & Paul Miller Rolls Royce of New Jersey to talk turkey with Dan Daly (left). Did Scott go with the Bentley or the Rolls? Tune in to E! Entertainment Television and find out.



Photo courtesy of Heidi Gutman/ABC

Solutions for Chronic Pain from Head to Toe **YOU CAN LIVE PAIN FREE WITHOUT SURGERY!**



**Doctors
Care**

Pain Relief Center:
Physical Therapy,
Aquatic (Pool) Therapy,
Chiropractic Care
& Accupuncture, P.C.



**FREE
Pain Relief
Consultation**



THREE CONVENIENT LOCATIONS:

901 N. Wood Ave., Linden
313 E. Westfield Ave., Roselle Park
636 Easton Ave., Somerset

(908) 474-9444

Our **NEW** State-Of-The-Art Rehabilitation Centers Offer Treatment for:

- Neck Pain
- Arthritis
- Knee Pain
- Headaches
- Fibromyalgia
- Shoulder Pain
- Automobile Accident Injuries
- Herniated Discs
- Sports Injuries
- Low Back Pain

All Therapies are FDA Approved

Transportation To
& From Available,
Subject To Facility
Approval.

Why Live With Pain?

Call for your free consultation today!

DO NOT
ENTER

*The fast food Drive-Thru has transformed our lives.
Well, that's one way of looking at it.*

By Lisa Milbrand

Fast food giant Taco Bell recently became embroiled in a high-profile lawsuit, during which it was compelled to respond to allegations that its “beef filling” contained—what’s the delicate way of putting this?—twice as much “filling” as “beef.” The media seized on this story, as did the late night comics. Unfortunately, everyone missed the point: The crime is what’s *in* fast food, not what *isn't*.

“Fast food poses a huge threat to the American public’s health, along with smoking and substance abuse,” says Ari Eckman, MD, chief of the Division of Endocrinology, Diabetes & Metabolism and director of The Diabetes Management Center at Trinitas Regional Medical Center. “Fast food meals are high in fat, sugar, salt, starch and calories, and very low in fiber and nutrients.”

LASIK

**APPROVED
FOR ASTRONAUTS
& FIGHTER PILOTS**

**Don't settle for less
when it comes to
YOUR eyes.**

**THE EYE CARE &
SURGERY CENTER**
Diplomates, American Board of Ophthalmology

Call for a FREE LASIK Consultation
800-504-1083
Se habla español

**CASTLE CONNOLLY
AMERICA'S
TOP DOCTORS**

Joel Confino, M.D.
Cornea, Cataract & LASIK Surgeon

WESTFIELD • WARREN • ISLELIN
WWW.NEWJERSEYVISION.COM

Indeed, the convenience of grab-and-go meals is far outweighed by the dangers that await us after we make that final hard left to the pickup window. Study after study is showing that reliance on heavily processed foods could be costing us our health.

In a 2005 report published in *The Lancet*, healthy young adults who consumed fast food more than twice each week gained 10 more pounds and had twice as great an increase in insulin resistance—a precursor to type-2 diabetes—as their healthier eating counterparts. Fast foods are rich in trans fats, those manmade fats that have been shown to wreak havoc on the human heart. “Trans fats are terrible for one’s cholesterol,” Dr. Eckman says. “It’s dangerous to eat these foods if you have high blood pressure or high cholesterol.”





healthy **EDGE**

A Special Health & Wellness Section from
Trinitas Regional Medical Center

Fast food isn't just a nutritional nightmare. With the constant push to supersize, fast food portions are warping our sense of when to say when. "People are not at all in touch with the reality of how much they're eating," Dr. Eckman says. "The portion sizes are encouraging people to eat more. Burgers 50 years ago were only one ounce, and now they're six ounces. You buy a 64-ounce soda, which is a half gallon—and contains 48 teaspoons of sugar."

As a result, Dr. Eckman maintains, our *society* is becoming supersized. "Over 60 percent of our population is overweight, and 30 percent is obese," he says. "And the children's statistics are even more mind-boggling—nine million American kids were considered obese, a rate that has nearly doubled in the last 20 years. It's getting out of control at an epidemic rate."

Photo credit: iStockphoto/Thinkstock



Norwegian Pure Total Omega-3 Plus

Each serving (two softgels) contains:

- * Norwegian Odorless Fish Oil
Omega-3 1,200 mg,
Pharmaceutical grade, molecularly
distilled, cold water deep sea fish oil;
- * Natural Vitamin E 20 mg,
Tocomin® SupraBio Vitamin E, a natural
full spectrum tocotrienol/tocopherol
complex;
- * Natural Vitamin K2-7 100 mcg,
MenaquinGold® K2-7,
Menaquinone, (MK-7, Vitamin K2-7);
- * Natural CoQ10 60 mg,
The only Yeast-fermented, all-natural,
bio-identical CoQ10;
- * Vitamin D3 1,000 I.U.

Neat Labs, LLC.
12 World's Fair Dr., Suite L,
Somerset, NJ 08873, USA.
Tel. 732-868-1188
info@NeatLabPackaging.com



DRIVEN TO LOSE

If a fast food craving gets the better of you, tape this list to your dashboard before you roll up to the menu board. Unless you plan on parking the car and running home, avoid these items:

White Castle's chocolate shake seems relatively innocuous, but the Large comes packed with 1020 calories and 28 grams of fat.

Burger King's Triple Whopper has 1140 calories and a whopping 75 grams of fat; **Wendy's Triple Burger** has 1030 calories and 62 grams of fat.

Sonic's SuperSonic Cheeseburger weighs in at a svelter 900 calories—but that still represents most of a grown woman's dietary intake for the day.

Think chicken's a healthier choice? **Burger King's Tendercrisp Chicken Sandwich** isn't—it has 800 calories and 46 grams of fat.

Here's a surprise. **KFC's Doubledown**—a bacon-and-cheese sandwich that swaps the standard sandwich bread for two slabs of fried chicken—may seem like the ultimate gut buster. But at 540 calories, it's a lightweight in the fast food ring, with 260 fewer calories than **McDonald's Fried Chicken Club Sandwich**. Still, it's just wrong. Right?



JCE Foot and Ankle Specialties

Edwin R. Roman, DPM

Our practice is dedicated to providing the most advanced and diligent treatment of all related podiatry ailments, specializing in practically painless techniques administered by a certified, professional, and caring medical staff.

230 W. Jersey Street | Elizabeth, New Jersey 07202
p 908-352-1400 | p 908-352-1401 | f 908-352-7900

Suite 101: Wound Care, Surgical Procedures & Treatment of Common Foot Ailments | Suite LB: Physical Therapies

Mon, Tue, Wed 8-5 | Thursday 10-7 | Friday 9-5 | Last Saturday of the month 9-2

Please call during office hours to schedule appointment. Walk-Ins also welcomed.

Fortunately, there are measures you can take to fight back—even if you have to eat fast:

- **Check the labels.** Most fast food restaurants offer nutritional information on their websites or on pamphlets, which enables you to make a more informed decision about what you order. “Try to stay away from the foods that are highest in cholesterol, saturated fats, sugar and salt,” Dr. Eckman says. “Choose low-fat options, if they’re available.” Keep in mind that that healthy salad may come with a not-so-healthy dressing, so resist the temptation to squeeze the entire packet onto your greens.
- **Cut down on your portions.** Avoid the push to supersize your meal—those value menus may be a better deal financially, but could cost you your health. “To help spread

out the calories, consider eating half of it and giving the other half to your partner or taking it home for another meal,” Dr. Eckman advises.

- **Turn your kids into educated eaters.** The fast food commercials—and those little plastic toys—may entice your kids into clamoring for a drive-thru run, but you can fight back. “Making a healthy dinner at home can be a fun activity you do with your kids, that can help encourage them to eat healthier,” Dr. Eckman suggests. “You can also talk with your kids about the problem of obesity and some of its long-term effects on health, so they can become educated and make healthier choices on their own.”

The Santamaria Eye Center
Over 32 Years of Community Care

SEE NEAR and FAR WITHOUT GLASSES
Breakthrough in Vision Surgery!

Perth Amboy
104 Market Street,
Perth Amboy, NJ 08861

Edison
100 Menlo Park Drive,
Suite 408
Edison, NJ 08837

Jaime Santamaria II, M.D. F.A.C.S.
Assistant Clinical Professor of
Ophthalmology Columbia University, N.Y.
Member: Wills Eye Surgical Network
Recognized: New Jersey Monthly
"TOP DOCTORS in NJ 2001"
Castle Connolly Guide "How to find the
Best Doctors in the NY Metro Area"
Certified, American Board of Ophthalmology

Kenneth N. Darvin, M.D.
Director, Retina Service
Attending, Robert Wood Johnson
Medical Center, New Brunswick NJ
Certified, American Board of Ophthalmology

Laila M. Colicchio, O.D.
Therapeutic Optometrist
TPA # 270M0023500
LIC # 270A00538400

Cataract Surgery-no stitch, no patch, no injection **crystalens**[®] intraocular lenses to
SEE FAR & CLOSE WITHOUT GLASSES
LASIK CustomVue[®] and Bladeless **INTRALASE**[®] Laser Surgery
L.A.S.I.K. TOLL FREE 877-454-4362 or 732-826-5159
www.santamariaeyecenter.com • www.lasiknj.com

SANTAMARIA
EYE CENTER

CENTER OF ADVANCED PELVIC SURGERY



CAPS

***#1 in performing
anti-incontinence
and prolapse surgery***

***Enjoy life with no
embarrassment, or
social unease***



Labib Riachi, M.D., Board Certified Ob/Gyn.
Specialist in Advanced Pelvic Surgery
and Female Incontinence.



**Now using the daVinci Robotic
Surgery System in addition to
performing conventional surgery**

**240 Williamson Street, Suite 304
Elizabeth, NJ 07202
Tel: 908 282 2000
Fax: 908 282 6660**

**128 South Euclid Avenue
Westfield, NJ 07090
Tel: 908 928 1234
Fax: 908 928 0262**

www.riachisurgery.com



Photo credit: iStockphoto/Thinkstock

healthy **EDGE**

A Special Health & Wellness Section from
Trinitas Regional Medical Center

• **Moderation.** Dr. Eckman suggests limiting fast food to only one meal per week, at the most. “Enjoy it once in a while, but this really shouldn’t be a weekly or biweekly event,” he says. “You don’t want to sacrifice your health for convenience.” **EDGE**

Editor’s Note: Lisa Milbrand is a New Jersey-based writer whose articles on health and relationships appear in *Parents*, *Arthritis Today* and *Modern Bride*. Her blog themamahood.com celebrates the life of a working mother.



joseph alkon M.D.

**Plastic &
Reconstructive Surgery**

*Board-Certified,
American Board of
Plastic Surgery*

www.DrAlkon.com

908.289.6888

640 North Broad Street
Elizabeth, NJ 07208



Cosmetic & Reconstructive Plastic Surgery of the Face, Breast & Body
Botox, Fillers (Juvederm, Radiesse), and the all-new Latisse (for thick, long
eyelashes - without surgery)

Saturday & Evening Appointments Available



Have you heard what
women are saying?

www.drkhazaei.com

Women in the know put their trust in
Preferred Women Health Care, LLC and **Nouvelle Confidence.**

Specialists in women's healthcare are many.

But few have the depth of experience and variety of services that **Preferred Women Health Care** and **Nouvelle Confidence** offer.

With in-depth knowledge of the health care issues and needs of women as they progress through adolescence, into their productive years, and beyond menopause, Dr. Khazaei brings an understanding and caring that are unmatched.

Services available at Preferred Women Health Care, LLC include:

- Specialist in female care using **da Vinci®** Robotics Surgery
- Minimally invasive surgery
- Treatment of urinary incontinence
- Annual exams, including cervical cancer screening
- Adolescent gynecology
- HPV vaccination & Sexually Transmitted Disease counseling
- Treatment of fibroids and excessive or irregular bleeding
- Prenatal care and fetal testing
- Menopause treatment
- Treatment of osteoporosis

On staff with Dr. Khazaei: Tabassum Sabzwari, DO and Certified Midwife Mehri Jaraha, who has more than 20 years of experience.



Kamran Khazaei, MD, FACOG

Chairman, Department of OB/GYN at Trinitas Regional Medical Center
Specialist in **da Vinci®** Female Care, Robotics Surgery

Patients who visit **Nouvelle Confidence**, a Center for Cosmetic Laser and Rejuvenation, benefit from Dr. Khazaei's expertise in a variety of specialized beauty and enhancement services.

- Laser treatment of veins and redness
- Treatment of wrinkles and age spots
- Permanent laser hair reduction
- BOTOX cosmetics
- Photo rejuvenation
- Laser skin peel
- Micro laser peel

Dr. Khazaei can help you be the healthy and beautiful woman you want to be.

www.drkhazaei.com

Preferred Women Health Care, LLC

240 Williamson Street, Suite 405
Elizabeth, NJ 07202
908.353.5551

76 Prospect Street • Newark, NJ 07105
973.466.9027
www.drkhazaei.com
Most insurances accepted.

Nouvelle Confidence

The Center for Cosmetic Laser
and Rejuvenation

240 Williamson Street, Suite 405
Elizabeth, NJ 07202
800.551.2310
908.353.2310
www.new-confidence.com



Ramon F. Ledon, MD
Diplomate American Board
of Internal Medicine and
Gastroenterology



Patrick G. Tempera, MD
Diplomate American Board
of Internal Medicine and
Gastroenterology



Robert I. Greenblatt, MD
Diplomate American Board
of Internal Medicine and
Gastroenterology



Rajesh Dhirmalani, DO
Diplomate American Board
of Internal Medicine
and Gastroenterology



Kunal Grover, MD
Diplomate American Board
of Internal Medicine
and Gastroenterology



Nisa M. Kubiliun, MD
Diplomate American Board
of Internal Medicine
and Gastroenterology



Guida St. George MS, PA-C
Certified by the National
Commission of Physician
Assistants

Advanced Gastroenterology Group

Our team of board certified physicians is growing to serve you better. We are pleased to announce that Robert I. Greenblatt, MD has joined the Advanced Gastroenterology Group, a multilingual, patient-centered practice offering state of the art medical services for colon cancer prevention and detection, and the treatment for disorders of the digestive system, including IBS & IBD.

Colonoscopy and Flexible Sigmoidoscopy
Upper Gastrointestinal Endoscopy • EUS and ERCP
Video Capsule Endoscopy • Hemorrhoidal Therapies
Breath Test for H. Pylori • Remicade Infusion

Our new Elizabeth location:



240 Williamson St, Suite 504
Elizabeth, New Jersey 07202

For Appointments
Call: 908.851.2770

Our Union office location:



1308 Morris Ave, Suite 102
Union, New Jersey 07083

Satellite locations in
Linden, Greenbrook,
Basking Ridge and Parsippany.

www.advancedgastroenterologygroup.com

What's Up, Doc?

News, views and insights on maintaining a healthy edge.

HBO... No, Not the Cable Network

Diabetes patients and their families know how discouraging the statistics can be. Right now more than 60 percent of non-traumatic lower-limb amputations occur in people with the disease. Worse, about half of those patients die within five years. **The problem stems from infected wounds that turn gangrenous** due to poor blood flow in the legs and a loss of protective sensation in the feet. **Hyperbaric Oxygen (HBO) Therapy** can significantly reduce that risk. Patients breathe pure oxygen in a pressurized chamber for about two hours, five times a week, for 20 to 40 treatments. HBO Therapy currently is covered by Medicare for 15 approved conditions. Sufferers of chronic, non-healing wounds can be evaluated by a board-certified Hyperbaric Medicine physician to determine the appropriateness of this potentially life-saving course of treatment.

— *Yoshinobu Mifune MD,*
Medical Director of The Center for Wound Healing
& Hyperbaric Medicine at Trinitas Regional Medical Center

The Big Chill Comes to Trinitas...

The first few hours after a heart attack are the most critical. This fact of medical life is what prompted Trinitas to institute a new **Therapeutic Hypothermia protocol** that involves staff in many areas, including the MICU, ED, ICU, Respiratory, Pharmacy, Anesthesiology, and Cardiac Cath Lab. Instituted on New Year's Day and nicknamed "**Code Frosty**," it involves bringing the body temperature down to between 91 and 92 degrees ASAP in order to preserve brain function. Cooling begins in the field, where Trinitas paramedics are equipped with icepacks and cooled IV solution. The process continues in the ER, where the patient is wrapped in specialized vest and leg coverings (purchased recently through a grant from the Gertrude L. Hirsch Charitable Trust). While under sedation, **the patient is kept cool for 24 hours** under the watchful eyes of the ICU staff—and then slowly warmed to normal temperature. Dr. Michael Breschia, ICU Medical Director, explains that Code Frosty is focused on limiting damage to the cerebral cortex—"what makes a person a person—personality, conversational traits, et cetera." The goal, he says, is "survival of the patient as a functional human being." Advance Practice Nurse Debbie Durand, a member of what Dr. Breschia calls "**the Code Frosty Super Team**," adds that if the supply of oxygen to the brain is interrupted, various processes can cause damage to cells that may result in an inability to communicate or interact with others. "By chilling the whole body," she explains, "we can slow brain damage or even prevent it from happening."

Naturally Healthy

We read and hear every day about the critical importance of thousands of **protective micronutrients**—the vitamins, minerals, and phytochemicals in the natural plant kingdom. Yet much of the modern world still consumes a diet rich in processed grains, oils, sweets and animal products. In the United States alone, **less than five percent of total calories consumed come from fresh fruits, vegetables, bean, seeds, and nuts**—the foods that are richest in micronutrients. This chronic malnourished condition contributes to the current medical care crisis in this country, and also amplifies the potential damaging effects of influenza and other infectious diseases. It has been demonstrated, for instance, that when diets are low in consumption of green and yellow vegetables, **viral illnesses take a more serious form**. Conversely, a healthy immune system—adequately armed with a symphonic assortment of plant-derived phytochemicals—inhibits genetic changes in the virus that could allow it to better evade host defenses. The bottom line is that what you eat (and what you don't) can have a huge impact on your health. Think about it the next time you're tempted to grab a fast-food meal.

—Dr. Joel Fuhrman, board certified family physician,
nutritional researcher and best-selling author (www.DrFuhrman.com)

NEW JERSEY
BARIATRIC CENTER
GENERAL & BARIATRIC SURGERY



Center of
Excellence
BARIATRIC SURGERY



Ajay Goyal, MD, FACS
Bariatric & General Surgeon



Angela Jack, MD
Bariatric & General Surgeon



Glenn Forrester, MD, FACS
Director, Bariatric Surgery
Trinitas Regional Medical Center

Achieving Dramatic, Sustainable Weight Loss Is Within Your Reach

The New Jersey Bariatric Center's approach to patient care has resulted in:

- Zero Mortality • Low Complication Rate • Increased Quality of Life
- Improvement of Diabetes, Hypertension and Sleep Apnea

Join us for a free educational seminar.

To register, call (908) 481-1270 or visit NJBariatricCenter.com

Laparoscopic General Surgery

Cholecystectomy
Colon Resection
Nissen Fundoplication

Laparoscopic Bariatric Surgery

Lap Band™ & Realize Band™
Sleeve Gastrectomy
Gastric Bypass

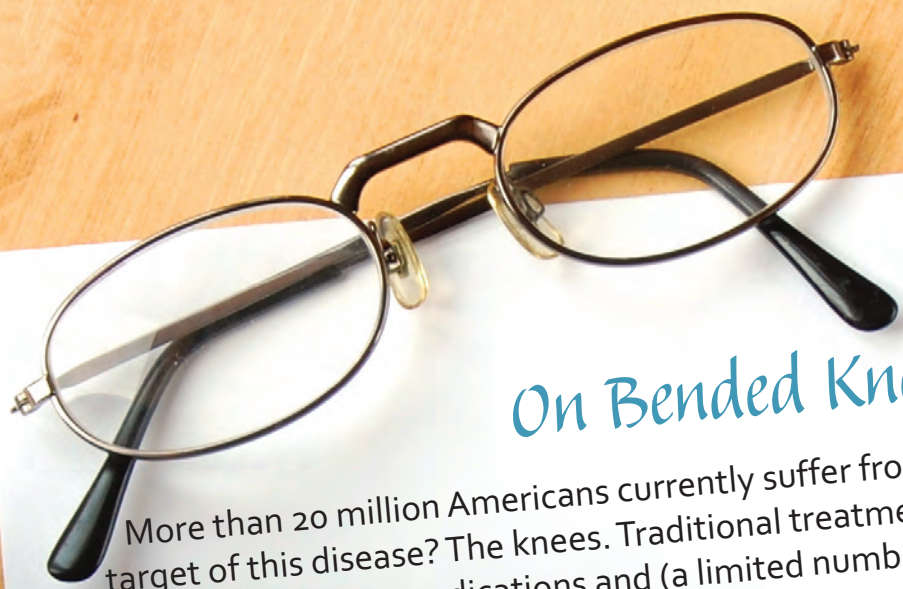
700 Rahway Avenue, Union, NJ 07083

79 Hudson Street, Suite 301, Hoboken, NJ 07030

(877) NJBC-INFO

healthy **EDGE**

A Special Health & Wellness Section from
Trinitas Regional Medical Center



On Bended Knees

More than 20 million Americans currently suffer from osteoarthritis. A prime target of this disease? The knees. Traditional treatment short of surgery includes anti-inflammatory medications and (a limited number of) cortisone injections. Many patients are enjoying relief thanks to **a recent alternative, injectable hyaluronan**, which is marketed under several different names. Treatment typically consists of a series of three weekly injections. Hyaluronan cushions and lubricates the knee joint, allowing the cartilage surfaces to glide more smoothly upon each other. As a result, this treatment has been aptly nicknamed **"motor oil" for the knee**. A high percentage of patients are able to forestall knee replacement surgery and the treatment is covered by most insurers. Hyaluronan is made from natural ingredients—a "good news—bad news" fact. It is considered to be safer than cortisone, however it wears away quickly.



240 Williamson Street
Elizabeth, NJ 07207

908-994-5300 | Fax 908-994-5308

ARTHUR E. MILLMAN, MD FACC/FSCAI

ASSOCIATE PROFESSOR OF MEDICINE
SETON HALL UNIVERSITY
GRADUATE SCHOOL OF MEDICAL EDUCATION

Urology Group of New Jersey

UGNJ

Alan P Krieger, MD
Franklin A Morrow, MD
M Brett Opell, MD

Diplomates, American Board of Urology



Urinary Incontinence • Kidney Stones
Diseases of Kidney, Bladder and Prostate
Laparoscopy • Laser • Robotic Surgery

**Advanced Urology
Associates PA**

www.UGNJ.com

700 North Broad Street
Elizabeth
908 289-3666

se habla español

1600 St Georges Ave
Rahway
732 499-0111

A COLONOSCOPY CAN SAVE YOUR LIFE

Colon Cancer – an “Equal Opportunity” disease.

According to the American Cancer Society, 150,000 Americans will be diagnosed with colorectal cancer each year, and over one-third of them will die from it. Colon cancer is the second leading cause of cancer death in both men and women, killing more people than breast and prostate cancer combined.

In addition to our routine Endoscopy and Colonoscopy, our practice focuses on the cutting edge of digestive care including the following:

- Narrow Band Imaging of the lesions for Barrett’s and Colon Polyps
- High Resolution Esophageal Manometry (swallowing disorder evaluation)
- State of the Art Endoscopic Ultrasound including Fine Needle Aspiration (evaluation of pancreatic cancer lesions)
- Bravo Wireless Esophageal pH Monitor for 48 hours (evaluation of acid reflux disorder)
- Given Wireless Capsule (“Pill Camera”) Endoscopy (evaluation of small bowel)
- Breath Tests for H. Pylori, Bacterial Overgrowth, etc. (to evaluate gas and bloated feeling)
- Smart Pill Wireless Motility Capsule Procedure for Gastric Emptying and Constipation (to evaluate bloating)
- ERCP for Bile Duct and Pancreatic Pathology including “Spy Glass” system to evaluate the inside of the ducts for stones, tumors, etc.
- eClinical Works - a state of the art Electronic Medical Records (EMR) are used throughout our practice.

Having a screening colonoscopy decreases your risk of developing colon cancer and increases your chance of survival if colon cancer is detected.

Board Certified Gastroenterologists are available for a private consultation and can be reached at

877-Colon-50



If you are 50 or older, are you aware?

COLON CANCER

is the third leading cause of cancer related deaths for both male and females after age 50

“PREVENTABLE” with early detection through a screening... **COLONOSCOPY**

“CURABLE” with early detection by having a... **COLONOSCOPY**

Being an important part of prevention, under the new health care laws Screening Colonoscopy is covered by Medicare and other Private Insurers

ARE YOU AT RISK?

More information call

1-877-Colon50 (265 6650) or (908) 688 6565



Center for Digestive Diseases

695 Chestnut Street, Union, NJ 07083

(908) 688-6565

www.cddnj.com

Prevention is our priority

Samiappan Muthusamy, MD, FACG, FACP, AGAF
Clinical Assistant Professor at Seton Hall University

Dan Ramasamy, MD, CNSP
Diplomates American Board of Gastroenterology

Aaron Javier, PA-C

Our practice is certified by JCAHO & ASGE

healthy **EDGE**

A Special Health & Wellness Section from
Trinitas Regional Medical Center

Heartburn Complications Easier to Swallow

At some point in life, almost everyone suffers from heartburn. For most of us, an over-the-counter medication keeps it under control. However, heartburn can also be **a symptom of something more serious**, including Gastro Esophageal Reflux Disease (aka GERD). Among the more intriguing methods used to diagnose GERD is a Bravo Ph Monitor of the esophagus—a small capsule that is attached to the esophagus and monitored wirelessly for two to three days. About 10 to 15 percent of GERD patients develop Barrett's Esophagus, which **can lead to Esophageal Cancer**. The risk is highest among white males over 50 years old with a symptom history of more than five years. A diagnosis of Barrett's Esophagus is accomplished with an Upper Endoscopy (EGD), a procedure done under light sedation and without discomfort. Barrett's Esophagus itself can be eradicated with a **laser therapy procedure** called Barrex.

— Samiappan Muthusamy, MD, Center for Digestive Diseases

Get
Better
Here

**UNION COUNTY
ORTHOPAEDIC
GROUP**

210 W. St. Georges Avenue
Linden, NJ 07036
(908) 486-1111

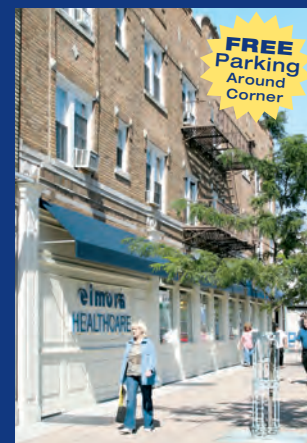
Our doctors know all 206 bones in your body—tendons and ligaments, too. Our specialty: hand, arm, shoulder, foot, ankle, knee, hip, back and any pain in the neck. Rebuild your life. Get leading edge care close to home.

John Kline MD
Walter Pedowitz MD
Richard Mackessy MD
David Rojer MD
Morton Farber MD
Nathaniel Sutain MD
Naomi Betesh DO
Ellen Novick MD

elmora HEALTH CARE

Family owned for three generations

- Prescriptions
- Compounds
- Medical Supplies
- Hospital Beds
- Wheelchairs
- Nebulizers
- Diabetic Supplies
- Support Stockings



Most insurances accepted
Automated Refill System • Free Delivery 6 days
OPEN EVERY DAY

162 Elmora Ave, Elizabeth, 07202
TOLL FREE 1-800-873-9342 or 908-352-8808



www.elmorahealthcare.com





Every Center for Medical Weight Loss physician has received extensive training and is highly qualified in the field of medical weight loss. Whatever your reason for wanting to lose weight, The Center for Medical Weight Loss will match you with a dedicated doctor who will help you pinpoint and ultimately reach your weight loss goals.



Estela Wajcberg, MD

66 Somme Street
Newark, NJ 07105
973.718.6335

240 Williamson Street, Suite 405
Elizabeth, NJ 07202
973.718.6335



Art work by: Nasrin Khazaei, PHD | www.nasrinkhazaei.com



Strut your stuff.

We know that it all comes down to how *you* feel about how *you* look.

When correcting vein problems, a woman wants the absolute best! The best doctors...the best treatments...the best surroundings... That is what The Vein Center is all about.

The Vein Center is the only facility of its kind staffed exclusively by Vascular Surgeons...the doctors most qualified to treat vein problems. All of our physicians are Board Certified Vascular Surgeons and nationally recognized as experts in the field of venous disease.

Our physicians have been included in New York and New Jersey magazines' BEST DOCTORS list since 1999!

Our facility is fully equipped to provide a personalized treatment plan for you:

- Sclerotherapy (injections for spider veins)
- Laser treatment
- Surgical removal (depending on your needs)

And, the environment created is a comfortable, caring one that our patients appreciate.

Rest assured...no matter what your vein problem is...there is no better place for treatment than The Vein Center.



THE VEIN CENTER

Clifford Sales, MD | Jonathan Levison, MD | Salvador Cuadra, MD

Westfield • Clifton • Springfield

908-349-1285 • theveincenternj.com



THE CARDIOVASCULAR CARE GROUP

EVERY GARMENT DESERVES A SECOND LIFE

re-store [ri-stawr, -stohr]

- to bring back to a former, original, or normal condition...

To say that we just restore is an understatement. We give garments a new life by restoring them back to their original splendor. For over 50 years, Madame Paulette has worked miracles on the world's finest garments. We've earned our reputation as the world's leader in the cleaning and restoration industry through our painstaking attention to detail and constant innovations within our industry. Whether a client's blouse found itself on the losing end with a battle of merlot or a christening gown needs a touch-up for the next generation, our unparalleled dedication and pioneered techniques give our clients the relief of knowing that whatever condition they send us their garments, they will return as if it were the day they got them. Free pick-up and delivery services are available. Contact Evan for more details and ask about our special introductory offer!

Experience the Madame Paulette Difference!

Madame Paulette[®]

CLEANING & RESTORATION SPECIALISTS SINCE 1959

CLUTCH

Performers

Count on these revved-up looks for Spring

Photography by Nadine Raphael

BLONDE AMBITION

Dress: **Milly of NY** • Shoes: **Anne Klein** • Bag: **Cole Haan**
Jewelry: A 23k yellow gold ring set with a 11.51cts Boulder Opal and 12 round brilliant cut diamonds totaling 0.78ct; **A & Furst** Jicky collection 18k yellow gold bracelet with 5 round bezel set citrines totaling 40.50cts and 0.10ct in diamonds; a 19k yellow gold 48-inch necklace set with bezel set rock crystal and rutil quartz stones; a rutil quartz beaded necklace with an oblong 19k yellow gold station and 19k yellow gold clasp.
Suit: **Calvin Klein** • Shirt: **Calvin Klein** • Tie: **Michael Kors**
Child's Wardrobe: **Gap Kids**



WALK THE WALK

Dress: **ESCADA** • Shoes: **ANNE KLEIN**
Bag: **KATE SPADE** • Jewelry: Large red Coral necklace with a large rock crystal and a 19k yellow gold round station; a triple strand rutil quartz beaded necklace with a large oval shaped Ivory resin drop; a 19k yellow gold ring set with a large pear shape rutil quartz bezel setstone; a galuchat black leather cuff bracelet set with 23k yellow gold bezel set citrine stones.
Pants: **CALVIN KLEIN**
Shirt: **BLACK BROWN 1826**
Tie: **MICHAEL KORS**



WHEEL DEAL

Pants: **ALICE AND OLIVIA**

Top: **ETRO** • Scarf: **ECHO**

Shoes: **KATE SPADE** • Jewelry: 18k white gold drop earrings pave set with 4.82cts in graduated color purple sapphires and 0.06ct in diamonds; **DAVIDYURMAN**

Cable link medium silver bracelet; **JOHN HARDY** Palun Macan silver collection, bold kick-cuff bracelet set with black sapphires; **JOHN**

HARDY Naga collection gold and silver medium chain bracelet set with black sapphires; **JOHN HARDY** Naga collection gold and silver large chain bracelet; **JOHN HARDY** Naga collection gold and silver small chain bracelet set with amethysts.

Shirt: **CALVIN KLEIN**

SEAT OF POWER

Skirt: **DIANE VON FURSTENBERG**

Top: **DIANE VON FURSTENBERG**

Shoes: **BCBGENERATION**

Jewelry: **CHIMENTO** Avantgarde collection necklace in 18k yellow and rose gold in-set with square black and white mother of pearl; **CHIMENTO** Griffé collection necklace in 18k rose gold with a rose quartz pendant set with 0.03cts in diamonds; **A & FURST** Fluer de Lys 18k blackened white gold earrings set with 2 oval shape Amethysts totaling 26.50cts and 0.52ct in pavé set green Tsavorites and 0.03ct in diamonds; **RODNEY RAYNER** Square cage ring in 18k white gold set with 2.29cts in Amethysts and 0.71ct in diamonds; **CHIMENTO** Avantgarde collection bracelet in 18k yellow and rose gold in-set with square black and white mother of pearl; a wide 18k brushed white gold cuff bracelet set with 3 faceted blue Sapphires totaling 13.45cts, accented with yellow gold surrounding sapphires and set with 0.97ct in diamonds.
Shirt: **CALVIN KLEIN**



RATCHET UP

Skirt: **ROBERT RODRIGUEZ**

Top: **MARC BY MARC JACOBS**

Scarf: **MARC BY MARC JACOBS**

Shoes: **BCBGENERATION**

Jewelry: **FOPE GIOIELLI** Maori collection 18k yellow gold cuff bracelet set with 0.18ct in diamonds; **CHIMENTO** Boule collection 18k yellow gold bracelet with rose gold accents set with pavé set diamonds; an 18k high polish yellow gold, oval link bracelet; an 18k yellow gold and white ceramic oval link bracelet.





GRILL GONE WILD

Pants: **ETRO** • Jacket: **ETRO**

Tops: **PATTERSON J. KINCAID**

Shoes: **BCBGENERATION**

Jewelry: A long 18k yellow gold necklace, bezel set with 29 two-sided rose cut blue Topaz stones; an 18k rose gold open link necklace set with white and black enamel stations;

RODNEY RAYNER Lily ring in 18k

white gold set with a 10.23cts

cabochon cut Prehnite stone and

pavé set with 2.11cts of green

Tsavorite; a wide multi-colored

semi-precious stone bracelet in 18k

yellow gold with bezel set multi

shaped amethysts, London blue

Topaz, lemon Citrines, yellow

Citrines and Prasolites

Shirt: **CALVIN KLEIN**

SHOP WORN

Pants: **ALICE AND OLIVIA**

Jacket: **ROYAL UNDERGROUND**

Top: **DIANE VON FURSTENBERG**

Jewelry: **RODNEY RAYNER** Flamenco collection, 18k white gold earrings set with 0.56ct in diamonds;

CHIMENTO Luna collection 18k rose gold ring set with 2.49cts of black pave set diamonds; **A & FURST** Fluor de Lys 18k blackened white gold ring set with a 13.50cts oval shape Amethyst and pavé set with 1.26cts in green

Tsavorites; **JOHN HARDY** Naga collection gold and silver Crossover ring pavé set with amethysts;

DAVID YURMAN Single row Ball necklace in silver and 18k yellow gold.



TOP DOWN

Dress: **DIANE VON FURSTENBERG**

Shoes: **BCBGENERATION**

Jewelry: **RODNEY RAYNER** Roulette ring collection, in 18k rose gold set with a 13.91cts Amethyst and 0.60ct in pavé set green T savorites;

A & FURST Jicky collection long necklace in 18k yellow gold with 7 bezel set citrine stones totaling 100.50cts and 0.30ct in diamonds (worn as a bracelet in picture);

MARCO BICEGO Confetti Gemme collection bracelet in 18k yellow gold with mixed stones;

MARCO BICEGO Jaipur collection bracelet in 18k yellow gold with mixed stones; **FOPE GIOIELLI**

Solo collection bracelet in 18k yellow gold with 0.30ct in diamonds; **JOHN HARDY** Naga

collection silver and gold oval ring set with black sapphires.

Models:

Caiten Anderson of New York Model Management
Scott Miller and James Douglas of MSA Models

Wardrobe:

Courtesy of Neiman Marcus of Short Hills;
Lord and Taylor of Westfield

Make-up:

Lauren Nitti

Hair:

Nadine Raphael

Jewelry:

Courtesy of Leonardo Jewelers

Cars:

Bentley GT Supersports and Porsche
of Paul Miller Dealership, Parsippany

Location:

Paul Miller Dealership, Parsippany

Digital Retouching:

Dan Jackson of DJ Studios

Production:

Whitehall Media Productions

Special Thanks to

Paul Miller, George Pillajo, Jess Firestone and Mike Richmond of Paul Miller Dealership in Parsippany; Lydia Gauzer and Nancy Fonesca of Short Hills Neiman Marcus; Vicky Winverg of Lord and Taylor; Ivette Fericola of Leonardo Jewelers; Dana Cullen of New York Model Management; Susan Levine and Anthony Higgins of MSA Models; Gap Kids in Westfield; Jim and Tina Carrelli.

EDGE at Your Service

Paul Miller Dealership • 888-577-0345 • www.paulmiller.com

Leonardo Jewelers • 908-351-0880 • www.leonardojewelers.com

Neiman Marcus, Short Hills • 973-912-0080 • www.neimanmarcus.com

Lord and Taylor, Westfield • 908-233-6600 • www.lordandtaylor.com

New York Model Management • 212-937-0436 • www.newyorkmodels.com

MSA Models • 212-944-8896 • www.msamodels.com

Michael Kors • www.michaelkors.com

Calvin Klein • www.calvinklein.com

Black Brown 1826 • www.lordandtaylor.com

Cole Haan • www.colehaan.com

Kate Spade • www.katespade.com

Jeffrey Campbell • www.jeffreycambells.com

BCBGeneration • www.bcbgeneration.com

Alice and Olivia • www.aliceandolivia.com

Royal Underground • www.royalunderground.net

Gap • www.gap.com

Diane Von Furstenberg • www.dvf.com

Escada • www.escada.com

Etro • www.etro.com

Anne Klein • www.anneklein.com

Marc by Marc Jacobs • www.marcjacobs.com

Robert Rodriguez • www.robertrodriguezcollection.com

Patterson J. Kincaid • www.pattersonkincaid.com

Milly of NY • www.millyny.com

Echo • www.echodesign.com

Whitehall Media Productions, Westfield • 908-232-2182

Retouching and Graphic Arts/DJ Studios • 908-757-1094



Mom Knows Best...

Mother's Day Gift Cards instantly at www.vitomazza.com

*V*itomazza salon & spa
Be Inspired. Be Beautiful.

www.vitomazza.com
114 Main Street | Woodbridge, NJ | (732) 636-0119



Nadine Raphael
Fashion Photographer
212.613.5947 • 908.232.2182
www.nadineraphael.com

| PROBLEM | SOLUTION |
|--|---|
| | |
| <p>The EPA has linked fine particle exposure to adverse health effects¹. Discover how Miele vacuums help protect the air your family breathes.</p> | <p>Only Miele vacuums capture and retain over 99.9% of lung-damaging particles.</p> |
| | |
| <div style="display: flex; justify-content: space-between;"> <div data-bbox="185 1809 548 2144"> <p>THE EARLY T. PETERSEN COMPANY</p> <p>SALES • SERVICE • PARTS Residential or Commercial since 1956</p> <p><small>¹For further details, visit www.epa.gov/ttn/oaqpg/naaqm/prmhealth.html</small></p> </div> <div data-bbox="552 1809 915 2144"> <p>Your Environmental Headquarters</p> <ul style="list-style-type: none"> • Vacuums • Outdoor Power Equipment • Janitorial Supplies • Air & Water Purification Equipment <p>224 ELMER STREET • WESTFIELD 908•232•5723 Closed Wednesday and Sunday www.etpetersen.com</p> </div> </div> | |

The Gift of HEALTH Gala

*It will be a
Glittering Night!*

Thursday, May 5, 2011
The Venetian in Garfield, New Jersey

Honoring...

Dennis Bone, President of Verizon,
2011 Philanthropy Award

and

Leigh S. Porges and Anne DeLaney,
Founders of OneGift, Inc.
2011 Humanitarian Award

Master of Ceremonies
N.J. Burkett

WABC-TV News New York

Dining, Dancing, Silent Auction, 50/50 Raffle

Entertainment by **The Nerds!**

For tickets, contact:

Laura Ciraco, Director of Fund Raising Events,
Trinitas Health Foundation

908.994.8101 or lciraco@trinitas.org



Dennis
Bone



Leigh S.
Porges



Anne
DeLaney


TRINITAS
HEALTH FOUNDATION

A Sniff of **VICTORY**



*At the Union County Kennel Club Show,
there's competition at both ends of the leash.*

By Mark Stewart

The problem with a bright idea is that sometimes it becomes a do-it-yourself project. During a fit of insomnia last January I found myself watching a silly late-night cable show called *Animal Champions*. It got me thinking about what makes an “official” champion in the animal world. A few days later I assigned a writer to attend the 101st Union County Kennel Club Show—held near the southern tip of New Jersey, at the Wildwood Convention Center—and try to capture the spirit of competition in a fun and lively story.

Alas, the original writer, having been stuck in one too many snowdrifts during the winter that wouldn't quit, bowed out after hearing rumors that the top two-thirds of the Garden State Parkway might be a sheet of ice on the morning in

question. With one child in college and another getting close, a gruesome highway death didn't seem to have the same downside for me, so I agreed to go in her place.

In the spirit of full disclosure, I should point out here that I am not a dog person. And they seem to know it. Even “my own” dog—the one my wife and daughters outvoted me on 3-to-1—is careful not to irritate me. I'll spare you my troubled history with canine-Americans. Not that it isn't interesting. It's just that I can't stand it when other people yammer on about their childhood this and childhood that.

Upon arriving at the convention center, I was greeted with open arms by show officials, who cheerfully tolerated me as I got my facts straight and asked a lot of stupid questions

Breeder Meter

Is there competition between breeders? You bet there is. For example, here in New Jersey, there are two superstar breeders of Rhodesian Ridgebacks. One show veteran describes their relationship as being “like the Jets and Patriots.” Fortunately, your breeder need not remind you of Rex Ryan to be good. According to show chairperson Carlotta Dennie—who breeds champion Papillons—there are more important things to understand and consider when evaluating the source of a potential show pup:



- Find your local kennel club on the American Kennel Club web site (akc.org) and ask for a list of trusted breeders
- Evaluate the breeder before you look for a dog
- A show dog must be nurtured and made to think it's special, and that starts with the breeder
- The best breeders don't make much money, they are devoted to perfecting the breed
- If you're a first-timer, attend a show with a prospective breeder to understand what you're getting into
- Approach the process as a two-way interview and let the breeder pick the puppy that best suits you
- A dog may have “show potential,” but no breeder can guarantee a future “show dog”

After purchasing a dog, Dennie advises all owners to attend a puppy training class—you *must* establish yourself as the alpha dog, she says. On entering your dog in competition she is more philosophical: “Whether I win or lose, if I feel my dog is the one I want to take home at the end of the day, then it's a winner.”



Bailey, Maltese at PAWS

Bailey knows he's ‘Top Dog.’
At PAWS, your dog is too.

Bailey loves the pampering he gets at PAWS. And he loves the way he looks. Your dog will too!

So join the many happy pets who get groomed at PAWS. Because when it comes to grooming, we're ‘Top Dog.’ Celebrating 15 years of service making your pets look their best!



Special offer: www.pawspetgrooming.com/bailey (908) 810-8585
1263 Stuyvesant Ave • Union (one block from Stop & Shop)

ATTENTION DOG OWNERS!

**KEEP
YOUR YARD
CLEAN OF
DOG WASTE**

- Starting at only \$10
- Satisfaction guaranteed
- Fully insured
- Never any contracts to sign
- Providing over 7 years of excellent service

**Big Business
SCOOPERS™**

973-379-7995

**CALL FOR A
FREE ESTIMATE**

www.BigBusinessScoopers.com

We accept:

We do our business after your pet does theirs!

over a quick lunch. Then it was out onto the floor. My goal? Quietly observe, form an opinion, and then dig-dig-dig until I understood what it means to compete at a real dog show.

What surprised me after watching several breeds go through judging was that the dogs were not eyeing one another or trying to intimidate each other, at least not that I could tell. They were completely absorbed by their work. And make no mistake, they *treated* it like work. It's a job they love, of course—a champion show dog has to enjoy the experience. However, there was no interplay between the animals even when they were standing inches apart in the ring. It was a little weird, but I got it. These were the “pros” of canine competition. Whatever makes my dog run in crazed circles around vehicles exiting—but not entering—our driveway had been bred out of these animals. Still, this was a competition, with money and prestige at stake. Someone in the building was driven to win. I just had to find out whom.

I decided to cruise the aisles between the different handlers. Each had a space staked out, with dogs in crates, dogs on grooming stands, and dogs on their way to and from the judging rings. An unattended Cocker Spaniel eyed me with

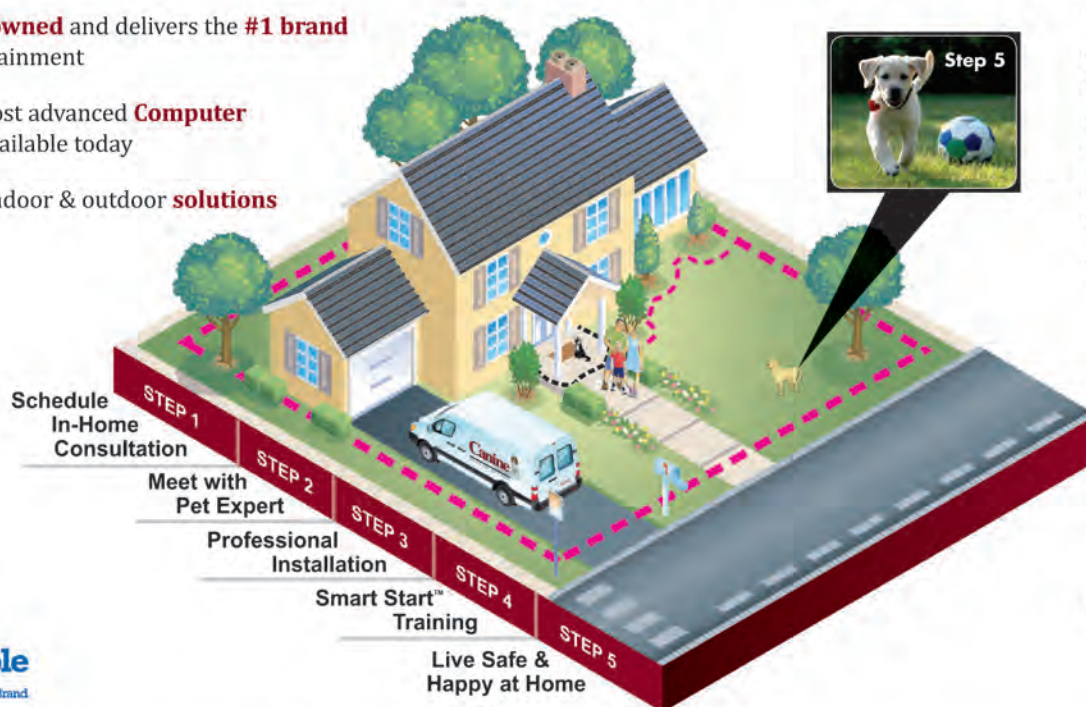
suspicion and I returned its glance with a raised eyebrow. I hadn't lost my touch. The animal leaped off the table and ran down the aisle in front of me, causing a brief panic. I felt bad, like I'd broken something in an antique shop. Since the dogs clearly were not going to help me, I turned my attention to the people preparing them for competition. I'm better with people anyway.

Among the many top handlers and trainers present at this event was one who towered over the rest, at least figuratively. His name is Kaz Hosaka, and he is to the poodle world what Michael Jordan is to basketball. Smooth, clever, elegant and nearly unbeatable. (And he's been on *Charlie Rose*, so take *that* other poodle handlers!) Based out of Greenwood, Delaware, Hosaka attends as many as 150 shows a year and has been honing poodles like samurai swords for three decades. You do the math. The important number is #1, and he has racked up a bunch of 'em during his career, including the #1 toy poodle in 2010.

Hosaka is a “finisher” of dogs. In other words, if you think you've lucked into a great poodle, Kaz is the man who knows how to transform it into a champion. He won't take a dog unless he truly believes it can be a winner. Often he

Did You Know **CanineFence**...

- 🐾 Is **family-owned** and delivers the **#1 brand** in pet containment
- 🐾 Has the most advanced **Computer Collar™** available today
- 🐾 Provides indoor & outdoor **solutions**



"I am 110% satisfied. Your staff was professional, knowledgeable about their product and dogs, courteous, prompt and efficient. This was the best money spent and I'm glad I chose your company. Thanks."

Matt - Flemington, NJ - customer since 2009

Save 10%

Professionally Installed
Outdoor System*

CanineFence

866-818-4761
caninefence.com



featuring
Invisible Fence Brand

EM10: *Offer expires 6/15/2011. Certain restrictions apply. ©2011 Canine Fence. ©2011 Invisible Fence, Inc.



must break the bad news: This is a wonderful pet, but not a show dog. That being said, Hosaka *will* consider animals that other handlers have turned down because they may be too difficult.

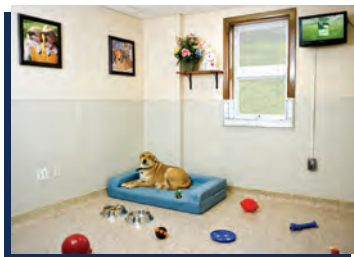
“I am the last stop,” he smiles. “If I can’t do it, nobody can.”

Like many in his profession, Hosaka (left) is a handler of owners, too. Most ship their dogs off like boarding-school kids, dropping in occasionally to monitor their progress at important shows. The bulk of handler-owner contact is accomplished over the phone. When one does appear at an event, Hosaka’s rule number-one is don’t come near his set-up and throw your poodle off its game. Helicopter parenting may be tolerated in the human world, but during shows it is definitely frowned upon.

One owner who left her dog alone was Charlize Sutton, and the strategy paid off. Her confident little Norwich Terrier went out and blew the fleas off the competition, grabbing Best in Breed. Charlize had more pressing matters to attend to, barely acknowledging the victory. She had her nose buried in an iPad, watching *Dora the Explorer*. Charlize is two—by far the youngest owner I could locate, though probably not, a neighboring groomer whispered to me, the least mature.

Charlize (right) was stationed in a portable playpen in the midst of a dizzying ballet involving three humans, 17 dogs and a seemingly endless array of clippers, snippers, brushes and blowers, each of which was wielded with maximum expertise and minimum effort. Her parents, Jessy and Roxanne, along with assistant Tom Durst, have a first-class operation back in Narvon, Pennsylvania, and they get paid well for the work they do.

The Suttons were on a winning streak when I barged into their little corner of doggie heaven. Miles, a regal, self-possessed Rhodesian Ridgeback, was returning from the judging ring with, yawn, another Best in Breed nod. Miles looked like he could stare down a lion (which, apparently,



CAGE-FREE LUXURY BOARDING



DOGGIE DAYCARE

COME. STAY. INDULGE.

K9 RESORTS
DAYCARE & LUXURY HOTEL

WWW.K9RESORTS.COM
43 SOUTH AVE
FANWOOD NJ 07023
908-490-0808



Franchises Now Available! Call to inquire.

Need Some **TLC?**
This Is
The Place To Be!



TLC Pet Doctor
Dr. Karen Negrin
and Associates

■ Complete medical, surgical, dental, and radiological services for your dogs and cats

Hours by appointment

■ Avian and some small exotic patients seen

Office hours:

M-F 8:30 am to 6:30 pm
Sat. 9 am to 12 pm.

■ Laser surgery available

■ Se habla español

1326 Stuyvesant Ave.
Union, NJ 07083
(908) 686-7080



he was bred for), and so did Jessy. He handles the working breeds at shows, while Roxanne works her magic with terriers.

“We are sticklers for conditioning,” Jessy responded when I asked what gave his dogs an edge. “When an owner hires us, it may not seem cost-effective right away, but the constant work we do pays off in the long run, because we finish dogs quickly.”

Is the flip side of this equation, I wondered, that owners apply a huge amount of pressure? The Suttons confirmed this after getting off the phone with Miles’s owner, reporting the Rhodie’s win within seconds of the judge’s decision. “The owners who hire us believe they should win every time,” says Jessy, adding quickly that “it’s okay, because that’s the attitude we have. We want to win every time, too. Of course, not even the number-one dog in the country wins breed in every show—if they did no one would show. It would be boring.”

After talking to a half-dozen handlers I began to wonder how often owners actually show their own dogs. The people I asked offered wildly varying percentages, but I could tell the number isn’t high. Basically, owners who can afford show dogs tend to work for a living and therefore rarely have the time to show them. Those that do are more likely to participate in a weekend show as opposed to mid-week ones like this one. It is accepted wisdom, however, that owners don’t “shine” the way top handlers do, meaning they are not as adept at pushing a dog’s best attributes to influence judges.

What *is* the price tag for a top handler? Hang on to your teeth. To take a dog from obscurity to the Westminster Kennel Club Show can easily cost \$250,000. One breeder described the animals that reach Westminster as “Yale pHd’s.” My first thought was that a quarter-million is a bargain for any kind of advanced degree from Yale, even for a dog. (And believe me, I know a few.) Then I wondered how much of that goes to the handler?

The answer is a lot, but also not as much as you’d think. A huge chunk covers the endless travel and other costs that mount up at this level of the game. That being said, dog handlers with a winning track record do generate handsome six-figure incomes, especially when they work with several championship dogs at once. This was something of a



revelation to me. I was frankly astounded. Although, when you sit down with a pad and paper (as I did) and actually work out the huge amounts of time and travel involved, it makes a lot of sense. They may make a nice living, but they definitely earn it.

Suddenly it dawned on me where the true competition was at these shows. For my first four hours I had been looking at the wrong end of the leash. Follow the money, right? Every win is a notch in a handler’s belt, and every notch has a dollar value attached to it. More wins demand higher finishing and showing fees, and at the big shows there is serious bonus money, too. Come away from a few shows empty-handed and the phone might stop ringing. Simply put, the real competitors at these shows are not the dogs. They are the handlers.

The competition is 24 hours a day, seven days a week. It’s deadly serious, yet only in the rarest circumstances could it be considered cutthroat. You get that after you’ve talked to a few handlers. They are focused and tense and totally on their games. But they honestly adore what they do and adhere to a strict code of conduct and ethics. Apparently, there are enough owners, enough shows and enough money to keep everyone happy. Including my friends, the dogs. **EDGE**

EDGE

interview

Martin Truex Jr.



Photo courtesy of Michael Waltrip Racing

You've probably heard that NASCAR has become a really big deal. You may even know a couple of closet racing fanatics yourself. But let's be honest—New Jersey is hardly a breeding ground for stock-car racing talent. Well, just don't tell that to the folks in Ocean County. Every weekend they root for one of their own, **MARTIN TRUEX JR.**, to take the checkered flag against the likes of living legends Jimmie Johnson, Jeff Gordon and another "junior"—Dale Earnhardt. How does a world-class racer go from the dirt tracks of South Jersey to the legendary ovals and superspeedways of NASCAR? Turns out, it's all in the family.

EDGE: Your father was a short-track racing legend in the northeast, and also the local "Clam King"—the owner of a large seafood business here in New Jersey. What do you learn from a family culture like that?

MT: Well, it's a little bit different from what most people grow up around. My dad was a businessman who raced as a hobby, but he was very serious about it. He had aspirations of moving up and running in the big time—which he did, but he never had the equipment to drive for a living. Obviously he put a lot into it. His passion for racing is one of the things that made him successful in business, because he knew he had to make money to go racing.

EDGE: So you understood the connection between passion and work ethic?

MT: Yes, I did. My dad worked really hard so he could go racing. That's what I learned from him, that you have



to work hard for something. And that to be a racer you really have to want to do it, because there are thousands of people who want to do it, too. You won't get that chance without working hard and taking it seriously.

EDGE: When you and Martin Sr. talked about racing, did you focus much on the danger of the sport?

MT: No. As a racer you worry about how you can go faster, how you can do better than the guy in front of you. I don't think anyone who has raced for a long time worries about the danger of it. You're passionate about winning, and all that other stuff is just secondary.

EDGE: How was the competition in South Jersey when you were growing up?

MT: When I was racing in Jersey it was never what I'd call a "hotbed." There were only a few places we could go. But there was good competition. So I was able to learn the ropes and refine my techniques at a young age. That had a lot to do with why I became successful.

EDGE: Did you feel at home behind the wheel when you first began competing as a teenager?

MT: Racing was something I was interested in long before I got to do it. The will to get into racing was there for a long time. I was able to learn a lot from my dad—I didn't just go and watch him race. I really paid attention to what was going on. I hung out in the shop, worked on the cars and tried to learn as much as I could. When I first got into a race car it was second nature. I felt I'd been doing it all my life. It felt natural to me.

EDGE: Your younger brother, Ryan, has gotten off to a fast start in his career. Do you think you two had a similar feel for racing?

MT: Yeah, I think we did. One day he came to my father and me and said, "I want to race." We'd never really appreciated his interest in it, but once Ryan started, we could tell that he really knew what he was doing. He had been paying attention, he had been learning—almost with no one even noticing it. Right off the bat he was fast, and right off the bat he's been winning. When Ryan got into a car, he clearly understood racing. He's going to be running some Nationwide races this year and he's only 18! That tells you how quickly he's learned and how well he's been able to adapt to different cars in different situations.

PREPARE FOR EACH DAY

MENTION EDGE AND RECEIVE YOUR 1ST MONTH FREE*

With the best facilities, equipment, trainers and classes, nothing can improve your body and your health like a workout at CANDO.

Call or stop by to learn about our special promotions and the free months we give to members of other clubs. Build yourself a better body. You can do it.

C A N D O[®]
FITNESS CLUBS

A N.J. Life Magazine “A” List Winner Best Fitness, Pilates & Yoga.

SHORT HILLS
750 MORRIS & ESSEX TURNPIKE
973-218-9100
WWW.CANDOFITNESS.COM

*Offer expires 3/31/11. Cannot be combined with other offers. Valid on annual fitness memberships only.

- STRENGTH/CARDIO
- GROUP FITNESS
- MARTIAL ARTS
- PERSONAL TRAINING
- CLASSICAL PILATES
- YOGA
- MARTIAL ARTS
- CHIROPRACTIC
- PHYSICAL THERAPY
- COMPLIMENTARY CHILD CARE
- ACTIVEWEAR SHOP

EDGE: You won back-to-back Busch championships in 2004 and 2005. Obviously, at that point you knew you could be successful at the top levels of auto racing. Looking back, what was your Eureka Moment—the time when you first thought to yourself, “Oh, man. I can do this!”

MT: As soon as I got in [Dale Earnhardt Jr.’s] Chance 2 car in 2003, I knew right away. The first time we ran, no one was expecting much and I had a shot at winning that race. I knew at that moment that this was my opportunity, and that I had to take advantage of it. I knew we could do it. With the crew we had and the equipment we had, I knew it was possible to win. From that moment on I was able to focus on what I needed to do as a driver and as a member of a team. And I had a great team. So we went into 2004 with a ton of confidence. We knew we could win races...and we ended up winning the championship.

EDGE: At the Daytona 500 in 2010, you were right there at the end, leading the race.

MT: Yeah. We had as good a shot as anyone. We were leading right up until the end. It’s hard to be the leader at the end of the restrictor plate races because you’re kind of a sitting duck.

EDGE: That’s an example of how razor-thin the difference is between winning a race and coming in, say sixth, which you did—just a couple of seconds behind the winner.

MT: It all comes down to circumstances. It takes not only your decisions but the decisions of the other drivers to determine the outcome. If two or three other guys had made different moves, and then I had made a different move, the outcome would have been completely different.

EDGE: Do you look back and say I should have done such-and-such differently?

MT: It’s really hard to second-guess, hard to look back. Obviously I wanted to win the race—that’s what I was there for—but there were 10 or 15 guys who could have won that race! So it’s a little bit of a crapshoot. That’s just the way it goes. You don’t think too much about the past, you just learn from it—and hope you do better the next time and win.

EDGE: One of the great challenges in any sport is filling the shoes of a legend. In 2010, you were hired to replace one

of the all-time greats, Michael Waltrip, a two-time winner of the Daytona 500. And you were hired *by* Michael Waltrip—talk about pressure!

MT: No, working with Michael has just been a blast. When he got out of the car, he wasn't looking for a guy who was "as good as me"—he was looking for someone he thought was *better*, because he wants his car to run up front. To have him pick me, that was a cool feeling. To be honest, it reminded me of when I was 18 and my dad was still racing in the Busch North series. We were planning on running a few races together and seeing what happened. We ran one race and he retired. He said, "I realize you've got a great opportunity to do what I always wanted to do. I'm going to quit right here and put all I can behind you to get you ready to go."

EDGE: It's the NASCAR version of the Circle of Life.

MT: I guess. But I can't imagine stepping out of the car and handing over the keys, per se, to someone I thought would

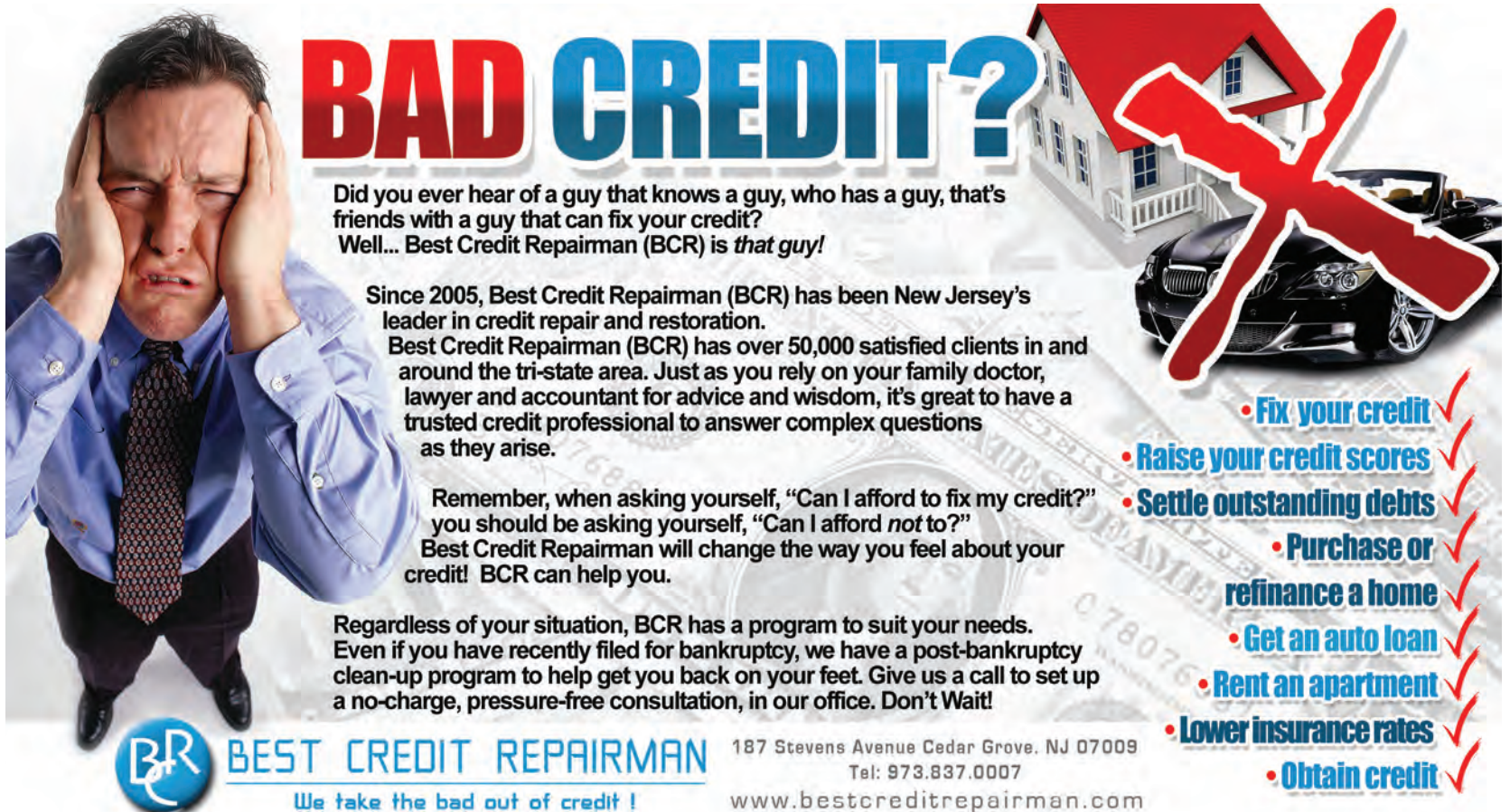


Photo from Getty Images/Courtesy of NAPA Auto Parts

NEW JERSEY'S PREMIER VESPA DEALERSHIP

VESPA METUCHEN
 875 Middlesex Ave, Metuchen, NJ 08840
 vespametuchen.com 732.462.4881

© Piaggio Group Americas 2011. Vespa® is U.S. and worldwide registered trademark of the Piaggio Group of companies. Obey local traffic safety laws and always wear a helmet, appropriate eyewear and proper apparel.



BAD CREDIT?

Did you ever hear of a guy that knows a guy, who has a guy, that's friends with a guy that can fix your credit?
Well... Best Credit Repairman (BCR) is *that guy!*

Since 2005, Best Credit Repairman (BCR) has been New Jersey's leader in credit repair and restoration. Best Credit Repairman (BCR) has over 50,000 satisfied clients in and around the tri-state area. Just as you rely on your family doctor, lawyer and accountant for advice and wisdom, it's great to have a trusted credit professional to answer complex questions as they arise.

Remember, when asking yourself, "Can I afford to fix my credit?" you should be asking yourself, "Can I afford *not* to?" Best Credit Repairman will change the way you feel about your credit! BCR can help you.

Regardless of your situation, BCR has a program to suit your needs. Even if you have recently filed for bankruptcy, we have a post-bankruptcy clean-up program to help get you back on your feet. Give us a call to set up a no-charge, pressure-free consultation, in our office. Don't Wait!

BR BEST CREDIT REPAIRMAN
We take the bad out of credit!

187 Stevens Avenue Cedar Grove, NJ 07009
Tel: 973.837.0007
www.bestcreditrepairman.com

- Fix your credit ✓
- Raise your credit scores ✓
- Settle outstanding debts ✓
- Purchase or refinance a home ✓
- Get an auto loan ✓
- Rent an apartment ✓
- Lower insurance rates ✓
- Obtain credit ✓



World Wide Satisfaction

LEASING SALES FINANCING

WORLD WIDE AUTOMOBILE

WWAUTOSEARCH.COM

Competitive Pricing. Personalized Service. Home or Office Delivery. Hassle-free Leasing, Buying and Financing. Any Make, Any Model.

A full-service leasing company, World Wide Automobile delivers a tailored experience to its customers. From vehicle selection and negotiation to price comparison and **same-day delivery**, our custom approach to leasing and buying guarantees satisfaction and customer loyalty.

Lower your monthly payments and avoid unnecessary deposits. World Wide Automobile has established relationships with all major manufacturers and banks nationwide to secure the most competitive lease program for your vehicle.

We buy our vehicles at substantial volume discounts, eliminating markups, commissions and surcharges. Lease or buy the car of your dreams at a price you can afford without setting foot into the dealership.

www.wwautosearch.com • E-mail: wwauto@gmail.com

9818 4th AVE, BROOKLYN, NY 11209 • 718-748-AUTO (2886)



Photo from Getty Images/Courtesy of NAPA Auto Parts

do a better job. It just blows my mind. I love racing so much, I can't imagine being in a position where I'd do that. And for my brother Michael, racing's all he's known and done. He is so passionate about it. So that really showed his true character—and made me very proud. It makes me want to do a good job for him.

EDGE: The main sponsor of your car is NAPA. Do you have much interaction with them?

MT: NAPA Auto Parts has been a huge part of this sport for a long time, so it's an honor to drive the race car for them and be the face of NAPA. Being a part of the company, of the storeowners and employees, that part's actually been a lot of fun.

EDGE: Does winning a race ever get old? Do you still get the same thrill you did when you were a teenager?

MT: To be honest, these days, at this level, wins are so much more difficult to come by that it's *better*. The harder they are to get the sweeter they are!

EDGE: When you return to New Jersey for the holidays to visit friends and family, is there any one place that is special to you?

MT: The Jersey Mike's in Manahawkin. My friends and I spent a lot of time in there. You know how on TV you have those restaurants the high school kids use as their hangout place? That was ours. That place will always be special.

EDGE: A lot of people who grow up in Jersey don't truly appreciate it until they've left. What is it about the Garden State that you remember most fondly?

MT: The thing I appreciate, having grown up at the Jersey Shore, is the natural diversity of the state. Where I lived in Ocean County I could go five minutes and be out on the bay fishing, or go five minutes in the other direction and be out in the woods hunting. But with my family being in the seafood business and me loving to fish, the salt water is what I miss the most. Jersey sometimes has a bad reputation, but if you ask me, it's a pretty great place to live. **EDGE**

Community Events

*Unless otherwise noted, all programs are held in the Physicians Conference Room, Lower Level, Administrative Services Building, Trinitas Regional Medical Center, 210 Williamson Street, Elizabeth, New Jersey.
To register for any of these programs, call (908) 994-8939.
Programs are subject to change.*

SEMINARS AND HEALTH FAIRS

WEDNESDAY, APRIL 27

5:30 pm, Dinner Program

Achieving Optimum Colorectal Health

NISA KUBILIUN, MD

Gastroenterologist

The Westwood • 438 North Ave. • Garwood, NJ

Reservations required.

TUESDAY, MAY 10

Healthy Leap Into Summer

Health Fair with emphasis on young adult health issues and health education.

Elizabeth High School

TUESDAY, MAY 17

5:30 pm, Light dinner of pizza will be served

Latest Treatments of Varicose Veins

SALVADOR CUADRA, MD

Vascular Surgeon

Ferraro's • 14 Elm St. • Westfield, NJ

Reservations required.

THURSDAY, MAY 19

11:00 am – 1:00 pm

Learn how to “ACT FAST” for Stroke

DEBBIE MILKOSKY, RN

Stroke Program Coordinator

Presentation and Q and A Period

Includes light lunch

Limited to 30 participants

WEDNESDAY, JUNE 1

4:00 pm – 8:00 pm

Community Wide Health Expo

Union County College Cranford Campus
1033 Springfield Ave. • Cranford, NJ

Informative event to increase health awareness through education and prevention. Services and programs of Trinitas Regional Medical Center will be featured.

SPECIAL EVENTS OF TRINITAS HEALTH FOUNDATION

THURSDAY, MAY 5

Gala Dinner Dance

The Venetian • Garfield, NJ

THURSDAY, JUNE 23

3rd Annual Andrew H. Campbell Memorial Sporting Clays Tournament

Hudson Farm • Andover, NJ

MONDAY, SEPTEMBER 12

Annual Golf Classic & Spa Day

Proceeds from these events benefit the patients of Trinitas Regional Medical Center.

For more information or reservations for these events, call Laura Ciraco, (908) 994-8249 or lciraco@trinitas.org



SUPPORT GROUPS

APRIL 28, JULY 28, OCTOBER 27

7:00 pm – 9:00 pm

Sleep Disorders CPAP Support Group

Quarterly meetings, last Thursday of the month

Trinitas Regional Medical Center
Physicians Conference Room
210 Williamson Street, Elizabeth, NJ
(908) 994-8694 to register.



TCCC SPRING SUPPORT GROUPS

Conference Room, First Floor
Trinitas Comprehensive Cancer Center
225 Williamson Street, Elizabeth New Jersey 07207

APRIL 12, MAY 10

2:00 pm – 4:00 pm

Living with Cancer Support Group

(held the 2nd Tuesday of each month)

MAYO 3

2:00 pm – 4:00 pm

Viviendo con Cancer Grupo De Apoyo

(dado el primer Martes de cada mes)

APRIL 25

6:00 pm – 7:30 pm

Prostate Cancer Support Group

DR. BRETT OPELL, UROLOGIST AND
GRISELA HIDALGO, LCSW

MAY 17

3:30 pm - 5:00 pm

Sexuality and Emotional Health: Surviving Cancer One Step at a Time

CAROL BLECHER, RN, MS, APN,C AND
GRISELA HIDALGO, LCSW

For more information on any of our support programs and to RSVP please contact Grisela Hidalgo, LCSW at (908) 994-8535.



SPECIAL PROGRAMS

Look Good, Feel Better

Trinitas Comprehensive Cancer Center patients receive personal beauty tips and techniques that they can use everyday, thanks to a partnership of the American Cancer Society (ACS), the National Cosmetology Association, and the Cosmetic, Toiletry & Fragrance Association (CTFA) Foundation.

Administrative Services Building, Room 202

BILINGUAL

Amparo Aguirre, (908) 994-8244, for dates/information/registration.

APRIL 4, MAY 2, JUNE 6

10:00 am

Made For Me Boutique

Wigs and accessories for cancer survivors.

Administrative Services Building, Room 202
(First Thursday of the month)

BILINGUAL. APPOINTMENTS ONLY.

Call (908) 994-8244 to register.

“Ask the Pharmacist”: Medication Management

**FREE OF CHARGE,
BY APPOINTMENT ONLY.**

Monthly (except December), 4th Tuesday, 11:30 am - 1:00 pm
Call (908) 994-5984

SUNDAY, MAY 15

1:00 pm – 5:00 pm

Cranford Spring Street Fair

More than 250 vendors participate in this popular local community event.

MINISTRY OF THE SISTERS OF CHARITY OF SAINT ELIZABETH

The following programs will be held at the



Xavier Center

A Retreat and Conference Center

Located on the campus of College of Saint Elizabeth
Convent Station, NJ 07961 • 290-5100 • www.xaviercenter.org

FRIDAY, MAY 6

9:30 am – 11:30 pm

Surviving Loss with Hope and Compassion

PRESENTERS: SR. EDNA HERSINGER, SC AND
SR. SUSAN KEATLEY, SCC

Cost: \$15; Deposit: \$5

SATURDAY, MAY 14

10:00 am – 12 noon

Nature's Invitation to Prayer

PRESENTER: SR. MAUREEN MYLOTT, SC

Cost: \$15; Deposit: \$5

WEDNESDAY, MAY 18

9:30 am – 1:30 pm

Wednesdays for Women

Rose Hawthorne: The Woman Behind
the Hawthorne Dominicans

PRESENTER: SR. HELEN BEAIRSTO, RC

Cost: \$35; Deposit: \$15

TUESDAY, JUNE 7

10:00 am – 12 noon

Labyrinth Presentation: Sacred Pattern, Sacred Path

The Labyrinth as a pilgrimage experience.

PRESENTER: SR. ANITA M. CONSTANCE

Cost for presentation: \$20; Deposit: \$10

SATURDAY, JUNE 18

9:30 am – 2:30 pm

Meditation in Motion

PRESENTER: LINDA TELESKO

Wear comfortable clothes and shoes

Cost: \$45; Deposit: \$20



NO FEES!
ON ALL FIXED
RATE HOME EQUITY
LOANS
-limited time only-



*Annual Percentage Rate. APR's based on a \$25,000 loan amount for 180 months. Fixed-Rate Home Equity Loans and Lines of Credit are limited to NJ owner-occupied 1-2 family dwellings. The Rate will be reduced with auto-deduction from a UCNB checking account. **Annual Percentage Rate. The APR calculation is based on a loan amount of \$100,000 for Conforming and for a primary residence, with a Maximum Loan-to-Value (LTV) of 80%. High Balance Calculated at \$417,001. Monthly payment examples per \$1,000 borrowed are \$5.14 for Conforming ARM. The APR may change. Other terms and conditions may apply. Subject to credit approval. FICO Score of 700 or higher. Limited time only. Rates subject to change without notice.

FIXED RATE HOME EQUITY LOANS

5YR FIXED

4.880%
APR*

Rate will be reduced with auto-deduction from UCNB checking account

OUR LOWEST MORTGAGE RATES IN YEARS!

*on loans up to
\$417,000*

30YR FIXED

4.767%
APR**

*on loans from
\$417,001 - \$729,750*

30YR FIXED

5.127%
APR

- ▶ **Max 80% LTV**
- ▶ **700 FICO Score**
- ▶ **Purchase & Rate & Term Refinance Only**



Call John Stack, our Vice President of Lending at 908.206.2878 Today!

www.ucnb.com



Union Center

UNION CENTER NATIONAL BANK

Heart Smart BankingSM



A Great Partnership

Union County College
 &
 Trinitas School of Nursing

For information about educational opportunities in Nursing, contact Union County College at 908-709-7518 or 908-965-6050.

Information is also available at www.ucc.edu/go/trinitas.



SAINT JOSEPH HIGH SCHOOL

A BROTHERS OF THE SACRED HEART SCHOOL

Where excellence is a habit...not a goal



Campus



Athletics

Catholic -- Independent -- All Boys-- College Preparatory



Community



CLASS OF 2015

SEATS STILL AVAILABLE!



Academics

NOW ENROLLING FOR SUMMER LEARNING SESSION



145 PLAINFIELD AVENUE, METUCHEN, NEW JERSEY 08840
 732-549-7600 EXT. 221 (ADMISSIONS)/EXT. 735 (SUMMER LEARNING SESSION)
www.stjoes.org



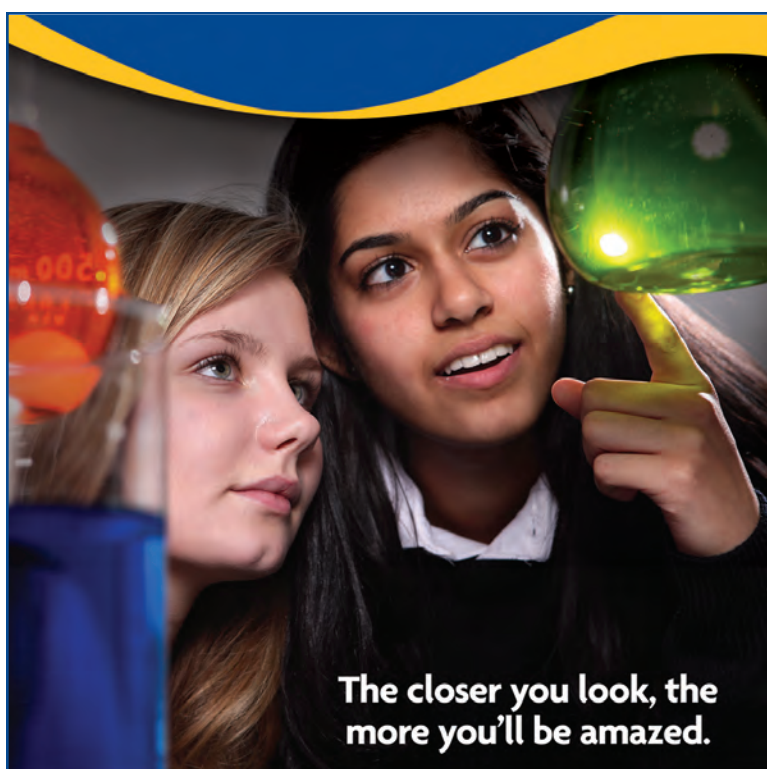
The Art of the Reach

Knowing how to get into the ‘best possible college’ starts with understanding what that actually means.

By Erin Avery

We have all consumed the Kool-Aid. We all crave and covet the translucent rear-windshield sticker announcing to the community what a great job we did getting our child into a name-brand college. In doing so, however, we are committing a heresy of emphasis; we have become so obsessed with the outcome that we have overlooked the whole point of the process.

As a Certified Educational Planner with many years in the trenches of the “admissions game” (as one colleague playfully refers to it), I have accumulated an abundance of two things: anecdotes and raw data. The data speaks for itself; in the end, numbers are numbers. But the anecdotes—the “data” lived out through the hearts, hands, and hormones of respiring teenaged beings—is why I cannot imagine doing anything else with my life. It is this passion that is incendiary with my students; it is the invisible



The closer you look, the more you'll be amazed.

Become Inspired...

SUMMER @ THE ACADEMY!

June 20 – 24 June 27 – July 1

- Girls entering grades 6, 7 & 8
- Exciting co-ed high school program also available
- 8:30AM – 4:00PM
- Academic, athletic and arts enrichment classes

See our website for full details & brochure

Mount Saint Mary Academy... your formula for success

For more information, call 908.757.0108 x4506,
or visit us online at www.mountsaintmary.org.
1645 Route 22 at Terrill Road • Watchung, NJ 07069



A Catholic, independent, college preparatory school



permission slip for each of them to permit themselves to dream of a life and future that is so meaningful, so gratifying, so spectacularly promising, that they cannot help but begin to vision what it might be. Which is why nothing makes me cringe like hearing a parent say, “WE want to apply to...”

My philosophy is this: Focus on the student’s process of growth and self-discovery in the college application process, and the ideal college match will be the beautiful consequence. Your child’s “reach” school may not even be on your radar when you begin. Thus your first and most important effort should be to identify the best possible destination—not just for those four wonderful years, but for the rest of his or her life.

I may be uttering heresy to those Type A’s among us (myself included) who cleave to the Machiavellian means-to-an-end mentality of *Why do anything if it doesn’t get you to the next level in life?* But the experts back me up. Steve Antonoff, of Antonoff and Associates in Denver, Colorado, says this about people in my profession: “The treasure the consultant has is not the list, the treasure lies in figuring out who a young person is and helping them discover what colleges will be the best fit for them.”

What Antonoff is gesturing at is that a great consultant—or a great guidance counselor, or a wise mentor—will do whatever it takes to: 1) cut through the teen peer-pressure culture that oppressively enforces conformity, 2) focus on students for who they are, and 3) mirror back to them the unique gifts with which they have been blessed. In my own practice, I encourage each young person not to put his or her light under a basket, but to hold it aloft so as to illuminate the room, the school, the community and, I daresay, the globe. Only then does a true picture begin to emerge of the “best possible college.” Only then can a young person start building an application strategy to get into that school. In that spirit, consider the experiences and outcomes of the following four students...

JANET: Almost Famous

Janet attended a “magnet” public high school. She excelled academically and acquired along the way a specialization, due to the unique coursework and curriculum of her specialized high school. With a friend (and following the promptings not of her single parent, but of her passion), she began a music and entertainment web site. This enabled

her to obtain press passes, which she and her friend used to gain backstage access at various performances and concerts.

What would have been fun and games for her peers was work for Janet. She spent countless hours preparing questions for interviews and then sitting with musicians pre-performance. But Janet's love of this subject made this work feel like play. She would then blog about her interviews on the website, which developed a devoted readership (à la *Almost Famous*).

When Janet came to me to select colleges, her mother was concerned about pursuing too narrow of a focus in music industry management. Herein lay the folly. While I understood her mother's apprehension, Janet was perfectly poised, based on her industry exposure and connections to be an ideal candidate to such coveted programs as the Clive Davis Department at the NYU Tisch School of the Arts and Drexel University's Music Industry program. These are specialized and, as such, require specialized students who



Photo credit: iStockphoto/Thinkstock

Mother Seton Regional High School
Advanced Placement and College Preparatory Curriculum



100% College Acceptances
Advanced Placement Scholars
 National Merit Commended Students
 National Hispanic Recognition Finalists
 National Achievement
 Outstanding Participant

A unique school for girls with a strong tradition of Academic Excellence and Seton Spirit!



How many miles are you from EXIT 135 on the Garden State Parkway?

That's how close you are to Mother Seton Regional!

"Freshman For A Day" Program



732-382-1952 • Valley Road, Clark, New Jersey • www.motherseton.org



A Small School Accomplishing Great Things

Primary 3-4 and 4-5 Classes
 Full and Half Day Options
 Kindergarten Full Day
 Extended Hours Available until 6:00

GILL ST. BERNARD'S SCHOOL
 Gladstone, New Jersey
 Primary - Grade 12

For information:
 908-234-1611 ext. 245
www.gbschool.org

Gill St. Bernard's is an independent, nonsectarian, coeducational, college preparatory day school.





Photo credit: iStockphoto/Thinkstock

“make sense” to the admissions reader. Not only was Janet accepted to every college to which she applied, she received copious amounts of merit aid to incentivize her to come hither.

JULIA: Model Applicant

Julia, a print-model blonde go-getter with a husky voice, possessed perhaps the healthiest self-esteem I have ever encountered in a young adult from a public high school. My preconceived notion of the modeling industry’s impact on a teen was that the vulnerability, competition and rejection based on the mercurial whims of anonymous PR marketers would crush a young person’s confidence and spirit. However, Julia not only developed real empathy for the outcast and socially ostracized, but a “centeredness” wherein her confidence emanated from an aquifer within. The resilience she learned from the endless industry “go-sees” amplified her determination and attenuated her fear of failure—a debilitating attribute of today’s Millennials.

She got passionately involved with a buddying program that pairs special-needs adolescents with their peers. Julia shot

IT'S TIME TO DISCOVER
THE PINGRY SCHOOL

Celebrating 150 years of Excellence and Honor
Lower School: Short Hills Campus, K-5
Middle & Upper School: Martinsville Campus, 6-12
Admission Inquiries: 908-647-6419
www.pingry.org

high, landing among the stars, at a small liberal arts college that is providing her the raised academic bar that she did not always receive during her high-school experience. She is “opening it up” as they say on the Autobahn and seeing just how fast those horses under the hood can take her.

Yet it wasn’t without a fight. Julia aimed very high and was waitlisted. She did not have a final answer until the summer months. However, when she received that all-important call back, she immediately seized the opportunity! Fortuitously, the waitlist situation provided an opportunity for all the eager adults in Julia’s life to clamor on her behalf to the admissions representative reading her application—evidence that the squeaky wheel does get the grease. Julia’s tenacity, her “nothing ventured, nothing gained” attitude—combined with persistence and patience—earned her acceptance to her “reach” school.

ADDIE: Academic Goddess

Addie is a gifted scholar with the intellectual Midas touch. Her challenge lay in discerning a focus, as she truly excelled in every subject area—in addition to being a concert pianist and visual artist. I often wondered if she descended directly from Mount Olympus or, at the very least, possessed a divine bloodline. I encouraged Addie over the course of our two-year consulting relationship to begin to explore “insights,” those tenuous moments of epiphany in which an overlap or connection between two or more seemingly disparate disciplines collide and novel and nascent ideas are born. She researched a summer program in London that amalgamated her love of art history with her burgeoning interest in the fashion industry. Leave it to Addie to design, for her culminating assignment, contemporary streetwear employing medieval monastic and Tutor-inspired hoodies for the common hip-hop man on the street! Upon her return, we explored the conundrum of the typical fashion studies program: Fashion minus intellectual rigor. The notable exception was Cornell’s Fiber Science and Apparel Design Program in the College of Human Ecology. Addie scheduled a visit, and with her stellar grades and the ideal programmatic fit, she was ushered in Early Decision and could not be more elated to this day.

ROGER: Mr. Clutch

Roger is another story entirely. A lovable guy, Roger stood 5’ 5” in cleats. Conspicuously smaller than his teammates, Roger chose the topic of being the runt underdog and had lots of fun with himself throughout his personal statement.



Photo credit: iStockphoto/Thinkstock



FAR HILLS
COUNTRY DAY SCHOOL



Come discover the difference a
FAR HILLS COUNTRY DAY SCHOOL
education can make in your child’s life.

Full Day Kindergarten & Aftercare Available!

For more information, call our
Director of Admission, Cassandra Hayes at x455

FAR HILLS, NJ • 908.766.0622 • www.fhcds.org
A tradition of Prekindergarten-Grade Eight excellence since 1929.



Photo credit: iStockphoto/Thinkstock

He came across as affable, humble and perseverant—three characteristics that we brainstormed during his second foot-swinging session in my office’s pair of worn leather chairs.

Roger also conveyed depth. His father’s work revolves around cars and Roger had developed an abiding passion for all things automotive, including a deference for Lee Iacocca. He wrote a moving essay tying the current event of the American car-maker crisis to the future of business in America, which earned him an acceptance off the waitlist at a notable undergraduate institution with an accomplished undergraduate school of business. Roger channeled his passion and, through his voice, translated his ardor for cars and the automotive industry into a profoundly passionate plea to be admitted. He succeeded. It was a testament to colleges wanting doers as well as believers.

Pop Quiz: What’s the common denominator that enabled these kids to first identify and then successfully apply to the best possible college? If you answered passion, you have cracked the proverbial code. Bravo. Now, for the extra credit. What have you done to model that level of passion for your own student?

Have you drawn out of yourself or your child a love so profound, an interest so strong that as much of your free time as possible is spent gathering information about that passion without counting the hours? Or have you encouraged résumé-padding or highlighted the “because it looks good for college” rationale?

If you are raising a recalcitrant leader, soul-search as to why. Do you have the tendency to swoop in and take over school projects or science fair experiments? Do you occasionally or frequently send the message *You are not actually capable of doing this yourself, therefore, I must help you?* We Type A’s do so unwittingly—from the moment we tie their shoes—because we don’t have the patience to wait for them to do it themselves. And besides, it has to be a certain way, doesn’t it?

If passion is the birth, then ownership is the conception. You hear your child needs a “hook” to get into college, so you steer him toward Habitat for Humanity. But can he swing a hammer? Does he have a heart for the homeless or disenfranchised? Listen intently to him. What does your child find outrageous? Enervating? Inconceivably unjust? What website (besides Facebook) does your child most frequent?

Remember when he was into dinosaurs and you took him to the museum, and reread him that book *ad nauseum*? Remember when she loved those Pokemon characters and you listened as she recited the hundreds of different permeations she had memorized? What about that train kick, or that vampire phase? Perhaps, over time, you have fanned the flame of their curiosity.

Do so now. Do so always. But avoid seizing the stick and flint and attempting to ignite it for them, because unless they can own the process, they can never fully or truly own the outcomes. **EDGE**

Editor’s Note: When Erin is not authoring articles, she runs Avery Educational Resources (averyeducation.com). She also does pro bono work with children who lost parents on 9/11. A Division I varsity athlete and a competitive Irish step dancer, she holds two Masters degrees from Oxford and Yale Universities, respectively.



A RED BULLS TRAINING PROGRAM IS COMING TO YOUR COMMUNITY!

SIGN UP NOW!

- Programs offered for player's ages 5 to 14 years.
- Training provided by professional Red Bull youth coaches.
- Complimentary companion ticket to watch the Red Bulls play at Red Bull Arena.

REGISTRATION INFORMATION

REGISTER ONLINE AT REDBULLSACADEMY.COM, FOR MORE INFORMATION
E-MAIL TRAINING@NEWYORKREDBULLS.COM OR CALL **1.888.370.7287**



STARS & Their CARS

*What's sitting
in celebrity
driveways?*



Your car says a lot about you. That's why the rich and famous put so much thought (and money) into the vehicles they drive. What do our most cherished cultural icons pick when they hit the open road? The EDGE staff has been stalking the paparazzi and vetting the valets for several months to answer that very question.

Now it's time to take our list for a little spin...can you match the celebrity with his or her ride? (Hints in parentheses)

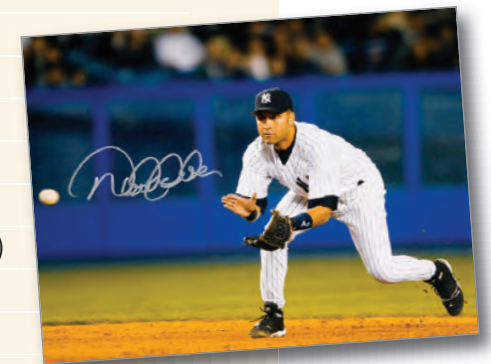
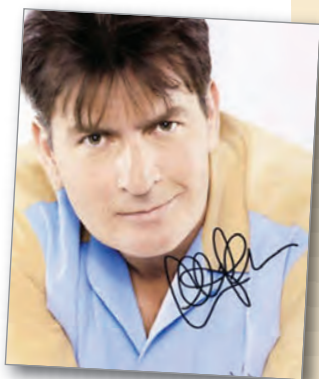


Signed photos courtesy of Upper Case Editorial Services

CAR

(CLUE)

| | |
|------------------------------------|-----------------------------|
| Ford Escape Hybrid | (Never Say Never) |
| Infiniti G35s Coupe | (Hannah Montana) |
| Cadillac Escalade | (Former Funky Buncher) |
| Maybach 62S | (Beyonce's Main Squeeze) |
| Bentley Continental GTC | (Desperate Housewife) |
| BMW 760li | (Burlesque) |
| Mercedes-Benz S550 | (40% of Two and a Half Men) |
| Ford Mustang | (Yo Adrian!) |
| Porsche Cayenne | (Ashley's Twin) |
| Rolls Royce Phantom Drophead Coupe | (Gumby) |
| Audi Q5 | (27 Dresses) |
| Bentley Continental GT Speed | (Rachel) |
| Ford Bronco | (Irish Idol) |
| Audi R8 | (The Hoff) |
| Toyota Prius | (Spider-Man's Crush) |
| Aston Martin DB9 Volante | (Phone Home!) |
| Ferrari F430 | (King James) |
| Volvo XC90 | (Bridget Jones) |
| Tesla Roadster | (Tennis Siren) |
| Ford Edge | (Yankee Doodle Dandy) |



CELEBRITY DRIVER

| | |
|--------------------|--------------------|
| Eddie Murphy | Katherine Heigl |
| Justin Bieber | Colin Farrell |
| Mark Wahlberg | Christina Aguilera |
| Charlie Sheen | Derek Jeter |
| Jay-Z | Eva Longoria |
| Sylvester Stallone | Mary-Kate Olsen |
| Jennifer Aniston | Steven Spielberg |
| LeBron James | Renée Zellweger |
| Maria Sharapova | Miley Cyrus |
| David Hasselhoff | Kirsten Dunst |



Answers on page 100



Give Your Child an Unforgettable Birthday Party at Mt. Hyatt!

- 18-Hole Miniature Golf Course
- Great Food and Beverage Choices
- Packages and Upgrades Available
- Children and Adult Parties

Mt. Hyatt, our beautifully landscaped miniature golf course boasting picturesque waterfalls and wandering streams is a great place to party with family and friends.

Our party packages offer everything you'll need to ensure a fun time is enjoyed by all of your guests. Upgrades include clowns, driving range tokens, supervised golf instructions and much more.

For information on party arrangements, as well as all the activities Hyatt Hills has to offer, please call **732-669-9100**.

Hyatt Hills Golf Complex
1300 Raritan Road, Clark, NJ
www.hyatthills.com



Stars & their Cars

ANSWERS:

- | | |
|--------------------|------------------------------------|
| Justin Bieber | Ford Escape Hybrid |
| Miley Cyrus | Infiniti G35s Coupe |
| Mark Wahlberg | Cadillac Escalade |
| Jay-Z | Maybach 62S |
| Eva Longoria | Bentley Continental GTC |
| Christina Aguilera | BMW 760li |
| Charlie Sheen | Mercedes-Benz S550 |
| Sylvester Stallone | Ford Mustang |
| Mary-Kate Olsen | Porsche Cayenne |
| Eddie Murphy | Rolls Royce Phantom Drophead Coupé |
| Katherine Heigl | Audi Q5 |
| Jennifer Aniston | Bentley Continental GT Speed |
| Colin Farrell | Ford Bronco |
| David Hasselhoff | Audi R8 |
| Kirsten Dunst | Toyota Prius |
| Steven Spielberg | Aston Martin DB9 Volante |
| LeBron James | Ferrari F430 |
| Renée Zellweger | Volvo XC90 |
| Maria Sharapova | Tesla Roadster |
| Derek Jeter | Ford Edge |



Car 1: Cadillac Escalade; Photo courtesy of Crown Cadillac of Watchung, crowncadillacolds.com
 Car 2: Mercedes S550; Photo courtesy of Ray Catena Mercedes-Benz of Edison, raycatenaedison.com
 Car 3: Porsche Cayenne; Photo courtesy of Ray Catena Porsche of Edison, ray-catena.porschedealer.com
 Car 4: Ford Edge; Photo courtesy of Maplecrest Ford of Mendham, maplecrestauto.com
 Car 5: Ford Escape LTD; Photo courtesy of Maplecrest Ford of Mendham, maplecrestauto.com

EMERGENCY ONE HOUR SERVICE AVAILABLE

PLUMBING
HEATING
COOLING

- Basements Pumped
- Drains
- Sinks
- Sewers
- Showers
- Tubs
- Main Lines

Low Rates & Quality Service

Residential • Commercial • Industrial
Fully Insured • Bonded • LIC #11217

A Absolute
1 800 435-6249

FREE ESTIMATES
7 Days A Week
No Extra Charge
Night - Weekends

732-572-2157 Middlesex Co. **908-688-1430** Union Co.
www.aabsoluteplumbing.com



A3GFX
WEB • PRINT • MULTIMEDIA A3 GRAPHICS

DON'T LEAVE YOUR ADVERTISING TO CHANCE!

914-500-8GFX(8439)

A3GFX.COM facebook twitter YouTube

CITY OF ELIZABETH

Great Businesses. Vibrant Communities. A New Energy.



A Place of Destination.

Mayor Chris Bollwage

www.elizabethnj.org

EDGE PEOPLE



GREEN GUYS

David Lee, Daniel Bernstein and Brian Parente of Madison Honda accept a certificate from the New Jersey Automotive Repair Program designating the dealership as Green. Madison Honda has implemented eco-friendly business practices that will help keep New Jersey clean and conserve precious resources.

MAN WITH A PLAN

Union County Manager George Devanney (seated, right) and two staff members recently presented a "State of the County" overview to Trinitas President & CEO Gary S. Horan (seated, left) and Chief Development Officer Nadine Brechner (far left). Devanney and his team shared key details of a blueprint being developed for the county's future.



MOTHER'S PRIDE

Sherly Benony, RN, (center) an 18-year veteran at Trinitas Regional Medical

Center, can proudly say that her daughters are chips off the old block. Betsy, Blessy, Betty and Bensy each are former or current volunteers at Trinitas, have been part of the Medical Mentoring Program, and are pursuing careers in medicine or dentistry.



SIMULATED PATIENTS, REAL GENEROSITY

A number of high-fidelity patient simulators were purchased for the Trinitas School of Nursing by Elizabethtown Healthcare Foundation which provided over \$160,000 in grants. Photographed with one of the simulators are, left to right, Simulation Lab instructor Sonia Braco, nursing student Jennifer Lebow, Victor Richel, Union County College Chairman, Vice Chairman of Trinitas Regional Medical Center, and Trustee of Elizabethtown Healthcare Foundation, Alice Holzapfel, Trustee of Elizabethtown Healthcare Foundation and David Fletcher, President of Elizabethtown Healthcare Foundation. The parent organization of the former Elizabeth General Medical Center, Elizabethtown Healthcare Foundation furthers the heritage of Elizabeth General by providing financial assistance to Trinitas and other non-profit organizations in the community.



What's Moving at Retail **IT'S A GIFT!**

Products with an **EDGE**

By Christine Gibbs



SAND & SKY

For the surf bum who has everything, the Sunny Sports **DUNE BUGGY** seats two adults (must be 12+ to drive) and features a foam-padded safety cage. Available at sunnymotor.com \$1,529



STAR POWER

The insoles of designer Nicolas Hunziker's **STEVE MCQUEEN DRIVING SHOES** feature original artwork of the iconic star, while the outsoles are fashioned from tire treads. Available at a2zracergear.com \$150



HANDS FREE

All we can say about these Fratelli Orsini silk-lined leather **DRIVING GLOVES** is "Thank you New Jersey for no self-serve gas!" Available at leatherglovesonline.com \$115



BRAKE LITES

Donald J. Pliner's **VINCO CROC MOC** is built for speed and comfort. The top-of-the-line driving shoe is handmade in the mountains of Italy, where safe motoring is of utmost importance to—aw, who're we kidding? Available at donaldjpliner.com \$225

WHERE'S THE FIRE?

It'll hardly matter to the little one who scores the **MODEL-T FIRETRUCK** from Classic Pedal Cars.

The bell rings, the ladders come off and there's storage space in the tailgate for those long trips down the driveway. Available at classic-pedal-cars.com \$365



The EDGE of Style



EDGE made a major splash in the fashion world back in February when it sponsored designer Irina Shabayeva's Fire and Ice collection on opening night at Fashion Week in New York. Friends of Trinitas mixed and mingled with the arbiters of style at Irina's Lincoln Center show and later at the after-party atop SoHo's James Hotel. For more photos from this unforgettable evening log onto edgemagonline.com.



POLICE

BRUNO CABRERIZO
SEX APPEAL WORLD CHAMPION
BRASÍLIA

be younique

www.police.it watch model TOPGEAR

866.425.9882



Trust Matters



LEONARDO
JEWELERS

Red Bank, NJ
35 East Front St.
732.747.7880



Elizabeth, NJ
829 Elizabeth Ave.
908.351.0880

www.leonardojewelers.com